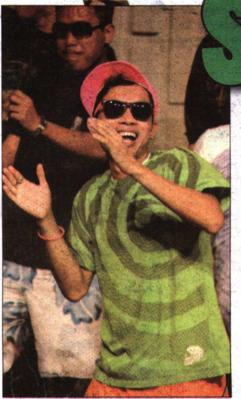
BRIGHAM YOUNG UNIVERSITY HAWAII HTTP://KEALAKAI.BYUH.EDU NOVEMBER 20, 2008 THE LEADER OL. 82, No. 6 PAGE



PHOTOS BY RYAN BAGLEY Above: Ron Casaba of the Filipino Club enjoys the spotlight while decked out in retro sunglasses. Below: The Japanese Club uses guitars during their performance.



PHOTOS BY RYAN BAGIFY

Above: Hawaiian Club dancers entertain the crowd. Right: A member of the Japanese Club sings his heart

'One heart, one mind'

Alyssa Herzinger

he Cannon Activities Center was alive with the sound of music on Friday, Nov. 14 as 16 BYU-Hawaii clubs and hundreds of spectators gathered for Songfest 2008.

The night began with the Korean Club's rhythmic performance on pots and pans, and a song, "I'll Always be Here for You," as an introduction to the theme of the evening, "One World, One Heart."

They were followed by the Indonesian Club, which performed "Indonesia Pusaka," a song of love for their beautiful homeland, with a solo by Bianca Tandiman, sophomore in English from Indonesia. The song was accompanied by a



Protestors across the states target Mormon worship sites

the Associated Press

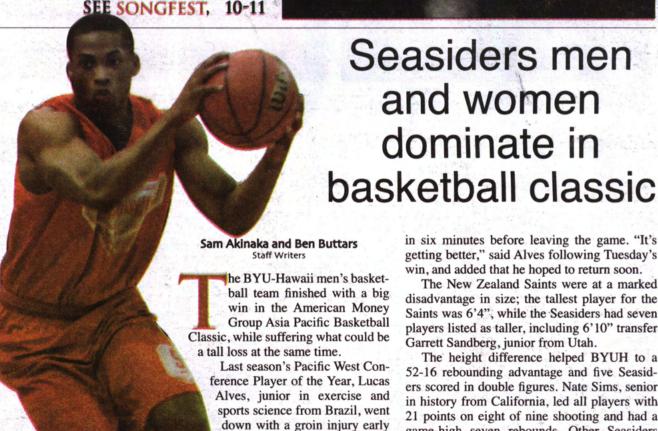
rotests and violence continue to rage against Church members and supporters of Proposition 8. Some protests have escalated to violence and many energetic verbal battles.

Fox news has reported two incidents, one where Tongan church members, who were removing signs at the gates of the temple, briefly fought with protestors. Another where "one protestor ripped a yes on eight sign off a truck. The driver got out, circled around and threw a punch knocking the protestor to

What those boys did was against what the church believes," said Sateki Latu, sophomore in EXS from Tonga, "but it goes both ways, and I doubt they will pick a fight again."

Kris Mineau of the Massachusetts Family Institute, which opposes gay marriage, said planned and past protests, some of which have been angry in tone and targeted churches, are meant to intimidate the California high court into invalidating Proposition

SEE PROP 8, 15



in six minutes before leaving the game. "It's getting better," said Alves following Tuesday's win, and added that he hoped to return soon.

The New Zealand Saints were at a marked disadvantage in size; the tallest player for the Saints was 6'4", while the Seasiders had seven players listed as taller, including 6'10" transfer Garrett Sandberg, junior from Utah.

The height difference helped BYUH to a 52-16 rebounding advantage and five Seasiders scored in double figures. Nate Sims, senior in history from California, led all players with 21 points on eight of nine shooting and had a game-high seven rebounds. Other Seasiders with double-digit scores were: Jet Chang with 18 points, Jermaine Odjegba with 16 and Nkosi Stewart with 11 off the bench.

Newcomers to this year's team played a large role as Sandberg led the Seasiders in both scoring and rebounding with 16 points and eight boards while Virgil Buensuceso finished with nine points, three assists and three steals.

SEE SPORTS, 12

Opinion 2,3 Campus 4-7,9

Basketball

Рното

BY RYAN

BAGLEY

Whitney

McCloud,

BYUH

men's

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bles at the

Asia Pacific

Community 15

Business 14

FOM 8

in the Seasiders 121-58 disman-

tling of the New Zealand Saints

on Friday night at the Cannon

Activities Center and did not

play in Tuesday's 81-65 win

Alves, an All-Conference

First Team selection from

last year, showed his old

form early in Friday's

game, scoring 11 points

over Hawaii Select.

Classic.





GOT A GREAT IDEA FOR A STORY?
TELL US! EMAIL KEALAKAT@BYUH.EDU . SUBJECT: STORY IDEA

KE ALAKA'I

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20 Thursday

CAMPUS

- 10 am aud els
- 7-10 pm acb 3rd stk enrichment
- 7:30 pm cac MBBall vs. Winona State U
- 7 pm mck 177 Film Classic

TOWN

 Hawaii's Woodshow 2008, for more info call (808) 221-5171

21 ERIDAY

CAMPUS

- 7:30 pm aud University choral
- 7 pm cac WBBall vs Whitworth (CA)
- Ward Nigh

TOWN

22 Saturday

CAMPUS

- 5 pm cac WBBall Winona vs Oakland
- 7 & 9:30 pm lth movie "P.S. I Love
- 7:30 pm cac MBBall Winona vs
- 7:30 pm aud string ensemble
- 8-11 pm acb exs 180 Practicum

TOWN

- 2008 University of Hawaii Football 6:05pm, for more info call (808) 486-9300
- Makahiki Maoli Festival 10 am to 5pm, for more info call (808) 728-5663
- Native American Flute Workshop, for more info call (808)734-8018

23 Sunday

CAMPUS

- 13th &20th wd conference
- Gospel Forums

TOWN

• EBB & Flow Ensemble Performs 7:30pm, for more info call (808) 532-8700

25 Tuesday

CAMPUS

10 am CAC Devotional w/ Dan

TOWN

26 Wednesday

Campus

- 7:30 pm cac MBBall vs Western New Mexico University
- Payday

TOWN

"Ho'omaika" – A Celebration
7:30pm, for more info call (808)
521-2982

27 Thursday

Campus

Thanksgivingturkey bowl

Campus

- 7 & 9:30 pm aud movie
- 9-5 pm Library/Bookstore, 9-Noon Post Office hrs
- acb dance
- byuhsa shopping shuttle
- No School

TOWN

- Hula with Nawahine at PCC, for more info call (808) 265-6451
- Islandwide Christmas Crafts & Food Expo 10am-10pm, for more info call (808) 623-4050
- Waikiki Holiday Parade 7pm, for more info call (800) 331-8579

29 Saturday

· LCC Guitar Concert, for more infor

23-25, for more info call (808) 876-1854

mation call (808) 455-0385

New Music Celebration, from Nov

Campus

- 7 pm "Kung Fu Panda" & 9:30 pm "Ironman" aud movie
- acb 4th wd wedding

TOWN

- 2008 University of Hawaii Football, time TBA, for more info call (808) 486-9300
- Annual Keiki Kalikimaka Parade 10am-2pm (808) 395-4737

30 SUNDAY

CAMPUS

7:30 pm cac UHHilo MBBall vs Oak

Campus

• Secur M-Th Fri's 9 (none

TOWN

 Kumu Kahua Theatre Presents – Rolling the R's, at 8pm, for more info call (808) 532-8700

MONDAY

Campus

- •11:30-4:30 pm acb Blood Drive
- Dead Week
- Security Shuttle M-Th 9 pm - 12:30 am Fri's 9 pm - 1:30 am (none ono sata/sun)

TOWN

 Vans Triple Crown of Surfing from Nov 12- Dec 20, for more info call (808) 258-8533

In politics, you can achieve any two results – but not three



Troy Smith

resident-elect Obama now faces the daunting challenge of delivering "change." Change is easy but successful change is difficult not just because of the challenges facing a nation at war with a faltering economy, but because of the physical limits of what policy and authority can accomplish.

Universal laws prevent us from having everything. The laws of physics prevent us from building a car that can corner like a Ferrari and haul a heavy shipment (sorry Batman wannabes). God's laws tell us wickedness and happiness cannot be combined. Similarly, complex reality constrains man's ability to completely order and organize society. Effective leaders must understand these limits if they wish to create successful policies without creating harmful unintended consequences.

Take health care policy for example, which Presidentelect Obama has promised to reform. Analysts identify three possible objectives for a health care policy: high quality, low costs, and broad access for many people. The problem is you can only pick two, any two, but only two, and never all three.

In other words, if you want high quality and broad access then the costs will be large. If you want low cost and broad access then the quality will be low. Or if you choose high quality and low costs you sacrifice broad access.

President George Bush promised to provide all three, but failed to deliver any. In contrast, two states, California and New York, accepted this limitation and created decent but different health care policies.

California's health care policy provides broad access and low/medium quality to keep costs manageable. New York chose broad access and high quality, paying for the policy's high costs by, in part, scamming the national government.

Beware politicians who promise the world and ignore the limits of reality. The rule that you can pick two and only two (quality, access, or cost) applies to many policies and services including, but not limited to, transportation and education

Another frequent cause of policy failure is creating perverse policies. A perverse policy creates the very obstacles that obstruct achieving the policy's objective. Perverse policies are not intentionally created; they do result, however, from good intentions.

For example, welfare policies intending to help people get out of poverty actually provided incentives to stay on government welfare and disincentives to leave welfare. The Endangered Species Act sped up the extinction of some species because landowners would rather destroy the habitat than have endangered species discovered on their land. The act intended to help disabled Americans get jobs decreased disabled job opportunities because it increased the cost of hiring disabled people.

Perverse policy is rife in the field of education – President-elect Obama's fifth priority. Even before Obama was elected president, Congress was considering increasing oversight and regulations on America's colleges and university. Interestingly, America's kindergarten through 12th grade is highly regulated but achieves poor results. America's college education system has relatively few regulations, yet is the best in the world.

Congress's proposed regulations have included requiring more teaching, restricting teachers' control over the content of their courses, and standardizing teaching models and methods across the curriculum. These solutions are perverse – that is they create conditions that obstruct achieving the desired solution – because assuming teachers are lazy and creating bureaucratic controls to force more work from them creates a hostile environment to which teachers respond with survival techniques that crowd out excellent teaching.

In the face of intrusive regulations, teachers adjust in perverse ways that impairs the quality of education. Teachers spend less time knowing and understanding their nalysts identify three possible objectives for a health care policy: high quality, low costs and broad access for many people. The problem is you can only pick two, any two, but only two, and never all three....

"Beware politicians who promise the world and ignore the limits of reality. The rule that you can pick two and only two (quality, access or cost) applies to many policies and services including, but not limited to, transportation and education."

TROY SMITH on making policy decisions

students as individuals and treat them instead as objects. They have less time and inclination to meet with students outside of class or provide valuable feedback.

Not knowing their students, they will not try to adapt the courses to make the material real and relevant to the interests and needs of current students. Teachers will favor objective tests that can be graded by a machine rather than subjective tests and assignments that require time and quality comments. Finally, teachers are unlikely to expend the energy to "know what they do not know" about a subject and make the "not knowing" a subject of student learning.

Teaching will decline and be replaced by instructing, because survival in such an environment demands apathy, not lave

Above are two of the limits of top down policy making and implementation. Having inspired the nation in his campaign, Obama's challenge will be to craft good policies and, more importantly, to inspire and empower Americans to accept their kuleana for their lives and communities rather than look to the government for all their problems' solutions.

To succeed, Obama needs to end 'across aisle games'



Jenna Chidester

es, Nov. 4, 2008 was a historic moment in our nation's history, but it's time to put the champagne glasses away, stop posing for photo ops and get down to business – and President-elect Barrack Obama realizes that.

After eight grueling years of military and monetary mistakes, we've all felt the economic strain and frustration over the war in the Middle East. Now, at this changing of the guard, Obama has the chance to solve not only these issues, but also to turn around the anti-American sentiments that seem to be growing in countries throughout the world.

Leven with the democratic majority in both the Senate and the House, as long as almost half of [Obama's] constituency remains staunchly conservative, there will always be a rift that will inhibit progress. More needs to happen to overcome this than a diplomatic gesture of 'reaching across the aisle.' Obama needs to deliver on his acceptance speech promises to work with both parties and be the leader of a united America."

JENNA CHIDESTER on what President-elect Barrack Obama can do make real change in Washington

But this liberal democrat will not accomplish what so needs to happen for America by only playing to his left-leaning comfort zone. Even with the democratic majority in both the Senate and the House, as long as almost half of his constituency remains staunchly conservative, there will always be a rift that will inhibit progress. More needs to happen to overcome this than a diplomatic gesture of "reaching across the aisle." Obama needs to deliver on his ac-

ceptance speech promises to work with both parties and be the leader of a united America.

The first and most pressing issue to address is the recent economic downturn. Unfortunately, the Bailout bill passed and hundreds of billions of dollars are already down the drain. Both parties agree that now the key is stimulating the market by creating jobs.

But democrats and republicans disagree

on the best way to create more jobs in

Republicans generally favor tax cuts for business owners – the idea being that they will invest the money saved into business expansion and hiring new employees, according to Fox.com. Democrats would rather focus on creating jobs by using private contractors in government building projects, it says, which at this time will be especially effective, since the push for independence from oil promises to create a lot of new energy projects. If Obama wants to make a real dent in this recession, he must utilize both strategies, which has the added benefit of pleasing all his constituents.

Obama is already on his way as he follows in the footsteps of Abraham Lincoln in choosing his cabinet, by placing former political foes in important positions. Hilary Clinton is reportedly being considered for the position of Secretary of State, and while it's unlikely that McCain will sit on the cabinet, Obama has met with the former republican presidential candidate to see how they can work together during Obama's presidency.

By beginning his presidency with this united approach and an end to all the across-the-aisle games, Obama will be delivering on his No. 1 campaign promise, and America is finally getting what she needs in Washington: a real change.

Boston Career Forum results in 167 interviews

Michael Waite

fter months of preparation, 17
Japanese-speaking students flew to Boston, Mass. and completed 167 job interviews with major United States and Japanese companies in less than three days—Oct. 31- Nov. 2.

Kim Austin, director of Student Work, Career, and Alumni Services, said, "The Boston Career Forum isn't anything like a tradition career forum. It is for Japanese speaking students who are looking for a job in Japan or the U.S."

Austin said students already have interviews set up with companies before they

get to Boston. When they arrive, students are drilled in interviews to prove they can compete against students from Ivy League schools.

Austin said the students prepared for the BCF since summer term, and they attended required weekly preparation classes throughout fall semester. "These classes helped students do everything from polish their resume, to learning how to look great in an interview, and even how to properly shake hands," she said.

Austin said there were 15 students and two recent graduates in attendance at the forum. The 17 people completed a total of 167 job interviews in two and a half days.

An additional 13 interviews were can-

celled due to time conflictions with other appointments. Of those 167 interviews, 16 were "call back" interviews for 2nd, 3rd, 4th, or 5th round interview appointments.

In addition, 13 formal offers were extended and 16 potential offers are still pending. Of the 17 students, 13 received an offer or have offers pending, Austin said.

Feida Zhao

Feida Zhao, one of the BYUH students that attended the Boston Career Forum, said,

"Although the stress and pressures were enormous, the two days that I spent at the BCF were extremely exciting and meaningful."

Through the event, she said she was able to meet her future co-workers, charismatic management key persons, and very

It was a little bit intimidating. There were thousands of candidates from all over the place. Many of them are from well known university as well. However, it was very fun."

-JUNJIRO MAKISE

competent rivals. She said she also learned more about the organizations she was interested in, from their cultures, organizational structures and people. "The experience was definitely an unforgettable one," she said.

Zhao described her rigorous preparation for the forum "The most important preparation ...was self-analysis. Although interview practices and company research are very important, I decided that it was more important to understand myself better before making these attempts"

She said she took her time to sit down and carefully analyze her own strengths, weaknesses, past experiences, as well as long-term goals and visions. "This helped me get through all of my interviews smoothly," she said.

Zhao's preparation paid off. She was offered jobs with six companies, including JPMorgan, Goldman Sachs, PricewaterhouseCoopers Advisory, Morgan Stanley, and Deloitte Tohmatsu Consulting.

Itsuhei Nakamoto

Nakamoto Itsuhei, junior in HTM from Japan who attended the BCF, described his experience, "I learned the importance of preparation. Seriously, interviews need practice. The more interviews I got, the more comfortable I got."

Junjiro Makise

Junjiro Makise, junior in IBM from Japan attended the BCF and described his preparation, "I started to prepare for Boston Career Forum at the beginning of the year. I worked with the Career Center as I started to create my resume and build up my career. I changed my job and did my internship this summer. I also started a mentoring program. The closer the day became, I started to practice for interviews and so on. I tried to be the person who the employer wants to hire."

Makise described the forum, "It was a little bit intimidating. There were thousands of candidates from all over the place. Many of them are from well known university as well

"However, it was very fun. The more you do interviews, the more comfortable you get. You can tell what they are going to ask you and you can start controlling the interview. Once you are used to being interviewed, you can enjoy it."

Makise described what he learned when he said, "I learned that we are just as good as students from other well known universities. If we prepare enough, we can compete with them. The interviewers look at our personality and characteristics and not which university we are from."

Makise offered some advice to students who are preparing to look for jobs. He said, "Gain as much experience as you can and be ready to talk about it. Companies are looking for the doers and not people who just sit and do nothing. If you have different experiences and can relate them to the position that you are applying for, they will like you."

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University of Hawaii - Hilo

Wednesday, December 3, 2008

Lewis & Clark Law School Loyola Law School Las Angeles

> Santa Clara School of Law Seattle University School of Law

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St. Thomas University School of Law Texas Wesleyan University School of Law Thomas Jefferson School of Law

Thurgood Marshall University School of Law

University of California Hastings College of the Law

University of Hawaii - Manoa

Campus Center Plaza

10:30 am to 2:00 pm

Thursday, December 4, 2008 10:00am to 1:30 pm Campus Center Courtyard

Hawaii Pacific University

Friday, December 5, 2008 10:00 am to 2:00 pm Fort Street Mall

University of Denver - Sturm College of Law
University of San Francisco School of Law
University of Texas - Austin School of Law
University of the Pacific - McGeorge School of Law
Whittier Law School
ON
Willamette University College of Law



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Hawaiian Week: More than just a canoe





Activities help BYUH ohana learn about Hawaiian culture

Trijsten Leach Staff Writer

he purpose and intent of Hawaiian Week is to have the student body experience a little bit about what Hawaiian Studies is, as well as learn about the Iosepa [sailing canoe]," said Kamoa'e Walk, professor of Hawaiian Studies and captain of the Iosepa.

Nov. 3-8 BYUH students and faculty gathered together to celebrate the anniversary of the launching of the Iosepa and participate in other Hawaiian cultural events as a part of Hawaiian studies week.

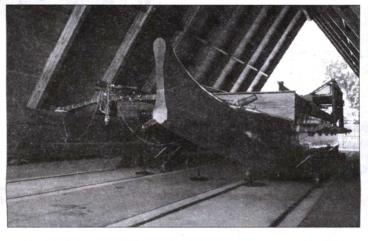
"Anyone that's here [at BYUH] learns about Hawaii ... they're here and should understand why [the Iosepa] is important to both the campus and people of Hawaii," said Walk. "We want everyone to feel a part of the canoe and the culture."

Day 1 of Hawaiian Week, students attended the showing of two documentaries about the building and launching of the Iosepa. Both films, "The launching of Iosepa" by Sonny Ah Puck and "The Birthing of Iosepa" by Daniel Skaf, talked about the significance of the Hawaiian canoe and what it has done for the community.

"No other canoe buildings have had the assistance that we've had in the community," said Kawika Eskaran, Iosepa master carver and Hawaiian Studies professor. Five thousand people attended the launching of the Iosepa, many of which were from the community.

"While building the canoe people would see everyone working on it right in front of the PCC and would give food to us or try to help in some way. We always had food for anyone that helped," said Kawika.

Most voyaging canoes in Hawaii take two to three years to build, Kawika said. "It





PHOTOS BY SARA GALVEZ AND IAN NITTA

Top Right: Hawaiian Studies Professor Kamoa'e Walk stand in front of the Iosepa adorned in a lei. Top Left: Right: Members of the Hawaiian Club gather for a photo outside of the Aloha Center. Above Left: BYUH's voyaging canoe, the Iosepa, as it sits in its new home at the PCC. Above Right: Hawaiian Club members perform during Hawaiian Week.

took us eight months to build" the Iosepa, he said.

According to one of the films, the building of a canoe in most Pacific Island cultures is sacred and in past times was performed by artisans. Pacific Islanders had little technology yet canoes could travel thousands of miles from island to island guided only by the sun, moon and stars. Now after hundreds of years, canoes are being built according to ancient tradition once again, to honor ancestors and history.

The Iosepa was originally launched Nov. 3, 2001 at Hukilau Beach. According to the film "The Birthing of the Iosepa," it was constructed with out modern instruments or plans. The only plan was a miniature model of the canoe. Trees from Fiji were cut and shipped over to use for the double-hulled canoe. Where most other canoes of the same type are 8 tons fully loaded, the Iosepa weighs in at 9 and a half tons with nothing on it.

The name Iosepa came to Bill Wallace, director of Hawaiian Studies, in a dream. Iosepa is the connection, love and respect that Hawaiians and all Pacific Islanders have for the land, children and others.

The second of three events during Hawaiian Week took place at the PCC. Students were able to go on board the Iosepa and ask questions to both the builders and crew members.

During Spring of 2008, students in the Hawaiian Studies program had the opportunity to sail on the Iosepa. Master carver and Co-captain Kawika said of the experience, "No book will teach you what we teach. The only way to learn it is to sail on it [Iosepa]. Not for just a day but for a jour-

ney." He continued, "On the canoe we fast as a crew, we depend heavily on our Father in Heaven, and on each other. Not many courses can teach what we teach."

"The whole process of creating the canoe and continuing with the culture reverences it; and is a means not only to spark interest in our Hawaiian students but also the non-Hawaiian, letting them know what was in the minds of our ancestors.

Students learn how to sail doing practice day trips around Oahu. By the end of the semester, students are able to sail to the Big Island.

Jared Medeiros, junior in history (Hawaiian Studies minor) from Oahu, said, "I never dreamed that I would sail on it [Iosepa]. When the opportunity came, I had a really strong feeling to go and do it. I always thought the opportunity wasn't for me but for other people."

Students said they learned that the voyage wasn't easy. They were faced with storms, cold, delays and sailing on a canoe without the luxuries of modern living. Students would spend six hours working, raising sails and following captain's orders and six hours "off" either sleeping or eating.

"The hardest part," said Medeiros, "is pushing yourself where you don't think you can go anymore and somehow you find the inner-strength to continue. It changes the way you look at things when you're out on the ocean. You realize the sacrifices our ancestors made. They knew how to rely on their Heavenly Father. That's what I learned. It was a real spiritual journey."

The last event was held Saturday, Nov. 8 in the Aloha Center where there the new documentary, "Mau Voyager" by Alan

Rosen, was shown. The film was about Master Navigator Pius Mau Piailug of the Micronesian island of Satawal. People from the community were in attendance and said they enjoyed the film as well as the pu pa 'aiki (pot luck).

According to the documentary Mau, with his exceptional skills in celestial navigation, helped bridge people together and bridge the islands with the sacred vehicle of the canoe. Lead by stars and sun, Mau has been known as the "last great navigator" to sail from island to island throughout Micronesia. He has since passed on the skills of celestial navigation to students all over Hawaii to preserve the ancient knowledge and traditions. According to the film, Mau taught his own sons and others to navigate without the aid of modern technology.

Kawika Kaui, sophomore in international business management from Kauai, said, "You can never sail by yourself. A canoe brings people together." Kaui was able to go on the voyage to the Big Island during Spring of '08. He added, "Since I didn't go on a mission, the voyage [on board the Iosepa] was the best thing to prepare me to go. When you step on board, you have to be 'pono,' which means righteous. On the canoe, you have to be righteous and everything will work out."

The canoe is housed at the PCC.

"We want everybody on our BYUH campus and Laie to come and experience the Iosepa. We want them to know that they can always access the canoe it they want to learn more about it, and they can even do so without purchasing a ticket to the PCC," said Walk.



PHOTO COURTESY OF TRACYSCREATIONS.COM

Concert to bring in holiday cheer

Alyssa Herzinger Staff Writer

ou came last year and loved it, so come this year and love it again!" said Sarah Davis, Performance Series coordinator and senior in international cultural studies from Connecticut, of the 2008 Christmas performance.

The event, "For Unto Us a Child is Born," will be completely Christcentered, and will include all kinds of spiritual and Christmas music. There will be performances by community members, students Chris Gardner, Tim Vidmar and Sarah Davis, the

Ko'olauloa Children's Choir, a string quartet and a Hawaiian band.

The performance is the first concert of December, and it kicks off the Christmas season at BYU-Hawaii. "It is a great thing for everyone; stu-

dents, faculty and the community," said Davis. "Last year's performance was sold out, and we want and expect that this year also."

"For Unto Us a Child is Born" will be held on Wednesday, Dec. 3 at 8 p.m. in the McKay Auditorium, after the annual Christmas Tree Lighting program. Tickets are \$2 for BYUH students, \$3 for faculty and missionaries and \$4 for general admission.

> Photo Courtesy of onefinechristmas.com

Christmas lighting: Community program to usher in the yule tide

Trijsten Leach Staff Writer

ive, four, three, two, one! Get ready for the annual Christmas tree lighting, held to usher in the holiday season for the community.

The hour-long event will be held at the CAC on Dec. 3 at 6 p.m. Families and friends from the Ko'olauloa region (Waialua through Ka'a'awa) are invited to attend, as well as students and families from the Laie community.

Special event coordinator, Lila Matagi' Magalei, who works under University Relations, is in charge of the event. She said that the event will start off with a Christmas program where

there will be songs dance from students of Laie Elementary.

"Every year we do entertainment that leads up to the lighting of the big Christmas tree at the little circle," said Lila.

Following the Christ-

mas program, the community will receive a small 'goody bag' as they proceed to the Aloha center to view the Christmas decorations, displays and final countdown of the lighting.

During the course of the event, everyone is invited to take pictures with Santa Clause. Lila said that the BYUH Bookstore will have a kickoff Christmas sale.

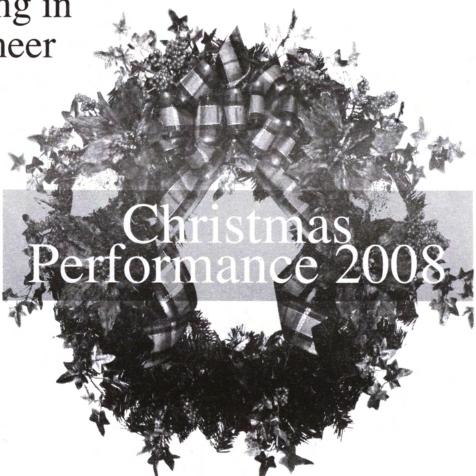
"It would be a good Christmas experience to have before you go home. Everyone loves to celebrate Christmas, so any excuse to do so is a good one," said Tenealle Tenwolde, freshman from Michigan.

Not only will the large tree in front of the BYUH campus Aloha Center be lit up for the season, but also other strings of lights will festoon the foliage in front of the McKay Foyer.

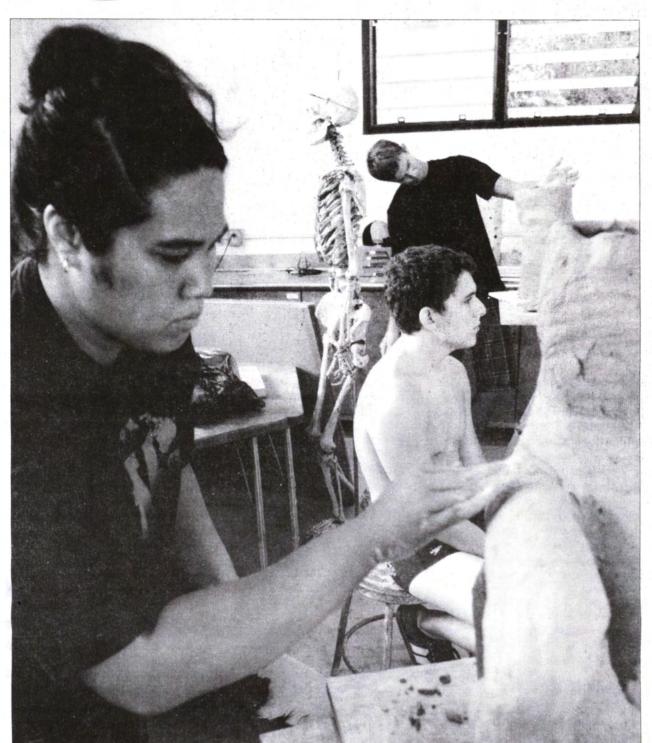
Jessica Judy, junior in art from

Arizona, said, "One of the most important things for me is being with family and friends to celebrate Christ's birth because it's all about coming together."

PHOTO COURTESY OF SUSTAINABLEDESIGNUPDATE.COM

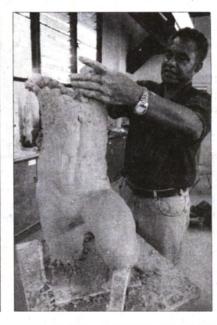












Sculpture class: a body of art

Alyssa Herzinger

F

culptors in the making, two students in the Intermediate Sculpture class shape their skills as they create works of art.

In class, Viliami Tolutau carefully watches the progress of his students' sculptures of the young male model, but also creates his own sculpture. His years of practice are evident as he adds shoulders to the model with a massage-like motion.

Tolutau took his first sculpting class at BYU- Hawaii, and completed his training at BYU-Provo. "I like working with space," he said.

Intermediate Sculpture is a figurative sculpture class and is focused on the study of human anatomy. "It's very much like biology, but we only study the skeleton and muscles," said Tolutau. The students have already completed a full body study showing the muscle action of a body in motion, and they are currently working on sculptures of a man that display the distribution of body weight in different poses. By the end of the semester they will have also completed a relief—a sculpture where the design is raised from flat surface.

The atmosphere in the ceramic studio is peaceful; the artists calmly mold the clay in a room full of sculpted bodies and faces, large and small. Everyone speaks in quiet tones, but the vibe is easy-going, and jokes are traded back and forth.

Karen Nihipali, junior in 3-D art from Laie, said of the class: "It's interesting! The things we learn from Brother Tolutau—you might think they don't matter, but when you do them it makes a big difference in your artwork."

Aaron Nelson, sophomore in business from Utah, is taking the class simply because, he said, "I enjoy art. I've enjoyed learning the anatomy and how it affects our bodies on the outside."

Of course, every sculpture class needs a model. Tolutau spoke at length about the importance of having a model, no matter how much a person knows about anatomy. He said, "Just like you can tell emotion from the face, you can tell emotion from any part of the body in sculpture. The model gives us a lot of help to visualize the nuances."

Filling the role of model this semester is Michael Cray, freshman in music from California, who got the job by responding to a post online. When asked if it inspired him to sculpt, he said, "I like watching the artists, but I don't think I'd be very good at rendering things."

This class and other interesting courses can be found in the BYUH course catalog.

PHOTOS BY RYAN BAGLEY

Above: Karen Nihipali and Aaron Nelson work on their sculpture while using Michael Cray as a model to reference key muscle groups.

Far Left: Previously made sculptures like these fill Viliami Tolutau's classroom studio.

Middle: The hands of Aaron Nelson work precisely to shape his sculpture.

Right: Viliami Tolutau, sculpture-class teacher, is constantly perfecting his art skills.



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Vanessa Wong

Mary Jantalert Staff Writer

tudying in an LDS church college can be very pleasing for many, especially for members of the church. However, for non-member students, it can be a challenge because the pressure to join the church can be very great. Vanessa Wong, senior in hospitality and tourism management from Hong Kong, has encountered this type of experience. But today, as a member of the church, she understands the importance of sharing the gospel and is now preparing to share her testimony in the mission field.

Wong comes from a family of four, and for a long time, neither her nor her parents were part of any religion. Her sister is a Christian, and Wong heard about the church and BYU-Hawaii through her aunt who was an active member.

"I met many sets of missionaries when I was in Hong Kong, but I needed to go to college, and my aunt recommended me to go to BYU-Hawaii," Wong said. "I didn't really know any one when I first got here, so I was homesick for a couple days."

When asked about how she felt about being surrounded by many members of the church as a non-member she said, "I didn't like to be with pushy people. I felt that some people were over-enthusiastic to share the gospel, so I backed off a little bit. But, as I stayed here longer and got to know more people, I gained a positive feeling about the church and I now feel like they are normal people."

Although she did gain a positive feeling about the church, it did not quickly lead to her becoming interested in learning the restored gospel.

Wong said, "Sometimes, I skipped the missionaries' appointments and sometimes I was there, but I didn't do what they asked me to do. I don't think I ever said, 'Don't come back again."

ate programs. The average score is a 570.

Students who score less than a 650 have

very little chance to be accepted to a

good school. Excellent schools, require

scores near or above 700. 800 is a per-

He continued, "Given the average

GRAPHIC BY SHEM GREENWOOD

fect score."

Wong later gained a testimony of the gospel of Jesus Christ and was baptized March 25, 2006. Her baptism happened through the help and encouragement from her friends.

"I met some good friends that like to talk about the leadership principle and involve the gospel in it. They asked me to read the Book of Mormon and find a special leader in it. So, I started to read." She continued, "One of them said, 'If you don't try to find out if it's true now, you would not do it after you graduate.' So, I began to pray and study the scriptures," Wong said.

Wong is now working on her mission papers and is preparing herself to serve a mission right after her graduation in December.

"I told my mom that I would regret not going. I want to serve people and make them smile. I think it will be a good experience for a lifetime," Wong said.

Last, she shared her opinion about an effective way in doing missionary work on this campus. She said that being good example to people is the key

"As long as you are good, they see it. You don't have to say anything. They will change. They have agency," Wong said.



Student business helps GMAT testers

to be well

prepared

this

Van

Tas-

sell ex-

for

exam."

Michael Waite his year has proven to be interesting with IBC student busistartnesses varying widely. One of the ary is a little most creative student businesses this year is a GMAT preparation course. above 40,000 Adam Van Tassell, president of the dollars for an GMAT preparation course explained his MBA from an business when he said, "We came up with average university and over an economical alternative for students to 100,000 dollars receive formal training in preparing for the for a top ten GMAT exam." school, you Van Tassell said, "The GMAT exam is the mandatory entrance exam to all Mascan see how ters Programs in business. The GMAT is important it is for considered to be the single most important aspect of an application to business gradustudents plained the preparation course when he said, "The course is six weeks long and has 12 two-hour classes. Students are able to learn test taking strategies and take a number of practice exams to assist them in attempt-

ing to score higher on their exams."

Tara Rigg, senior in Accounting from New Mexico, is taking the GMAT preparation course and said, "I decided to take this preparation course because it was half the price of other courses. I also liked that it wasn't online, so I could actually interact face to face with the professors. Similar courses were only available in Honolulu and I didn't want to... drive all the way down there."

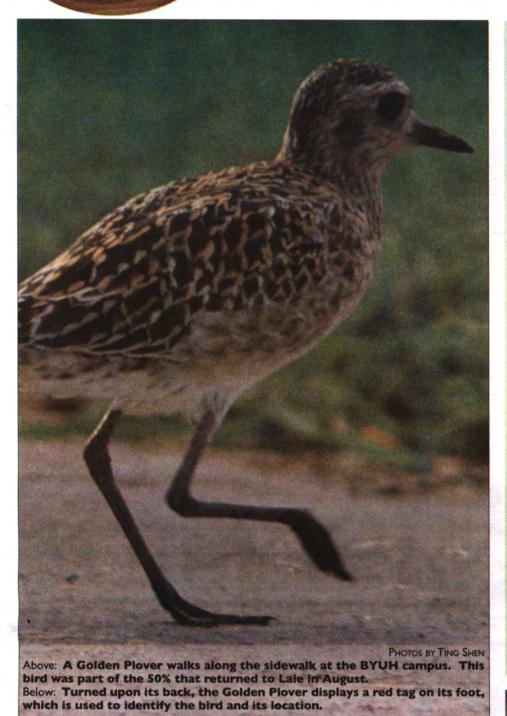
Rigg said, "I take preparing for the GMAT very seriously because it plays a major role in getting into graduate school. I feel like this course was a success, and I am very satisfied. It was a good review of mathematic computations and English principals, and now I feel better equipped to do well on the GMAT."

Gloria Kajo, senior from Nigeria, is taking the preparation course and said, "I have been preparing for the GMAT by coming to this class and by reading through a Kaplan book my friend gave me." She explained, "I decided to take this course because my friend knew the instructors who would be teaching it, and they recommended it."

Kajo said, "I wasn't really too apprehensive [about taking] this course, I have heard good things about the professors, I have learned a lot and I have been enlightened. Through thorough study I feel like I will get a better score. I am very satisfied. I feel like I will do better than I would have had I not taken this course."

The GMAT

- •GMAT stands for: Graduate Management Admissions Test.
- The GMAT exam is the mandatory entrance exam to all Masters Programs in business.
- The average score is a 570.
- Students who score less than a 650 have very little chance to be accepted to a good school.
- Excellent schools require scores near or above 700. 800 is a perfect score.





Bird tracks

Laie Golden Plovers sightéd in Japan and Bering Sea

wo Golden Plovers, birds tagged here in Laie, have been sighted in places as far away as Japan and the Bering Sea. These two birds, banded in the little circle at the beginning of this year, as part of Plover research that has been conducted on campus since 2004, were found tired and far from their

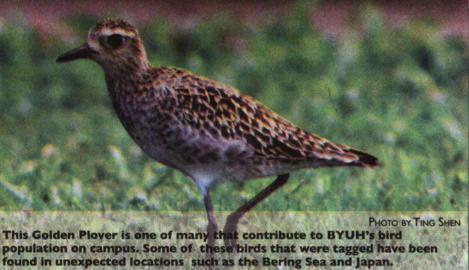
'That bird looked pretty tired," said Dr. Shane Gold, assistant professor of Biology, of the plover found in the Bering Sea, "he has to be in order to be holding so still for the picture."

Of the twelve birds tagged this January, 80% were expected to return to Laie. "They are very territorial," said Dr. Roger Goodwill, biology professor, "you can usually look for the same bird in the same spot every year."

This is why the project was surprised to find that only 50% of the birds had returned this August. Goodwill expressed that though they cannot be sure whether these birds are making purposeful stops in these far off places or if they have simply been blown off course, they were excited to know where the unaccounted plovers

"I think it is really amazing that the birds that I helped catch have been located in such distant places. To think that something that weighs less than a Peanut butter and jelly sandwich can fly across the Pacific Ocean boggles my mind," said Brett Carrington, senior in biology from Oregon, who has been involved in the research during previous years.

Jennette Paddock, senior in biology from Massachusetts, helped band the birds on campus. She said, "the ongoing research about the Plovers has really fascinated me, and has brought me to think more deeply about natural occurrences which happen all around us, including the vast distances these birds travel on their migration, and the incredibly well-coordinated process of migration in general. It really is a wonder of the natural world."



Marty Trockel's photos decorate auditorium

April Courtright

right colors, exciting places and vivid detail. These are the photographs of Marty Trockel, senior in biochemistry and art from Washington. Last year Trockel took the fall semester off and began an adventure alone that took him through Central America, South America, New Zealand, Australia and

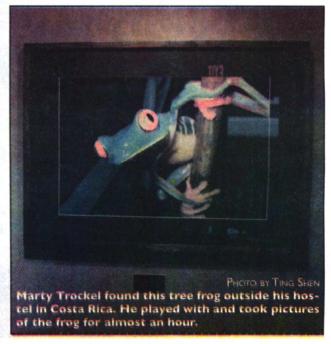
Inspired by the surf documentary "Endless Summer II", Trockel departed with just the basics in his backpack: three changes of clothing and four cameras. Trockel brought a couple of point and shoot digital cameras, a video camera and a Pentax slide film camera.

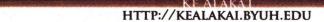
His photographs, currently on display in the McKay Auditorium foyer, give only a glimpse of his thrilling ex-

pedition. Sleeping on park benches, in airports, hostels and his traveling tent, Trockel hitchhiked his way around these counties. Taking time for bungi jumping and scuba diving and other sports, he said, "I met tons of cool people." One woman even opened up her home to him after driving him several hundred miles across Australia, and he hitchhiked with others for weeks at a time.

Despite being robbed twice, in Buenos Aires and Argentina, Trockel didn't seem fazed. Perhaps this is because in Buenos Aires he was able to chase down the thief who tried to make off with his bag containing his airplane ticket, passport and cameras. Inspite of his experience with theft, he said, "Argentina and New Zealand were my favorite places, they are just so beautiful and the people are so nice."

Trockel funded his trip partially through a summer selling cable door to door. He said he hoped the sale of his photographs, and other freelance work will help him pay the rest of the travel bills. He added that he hoped to do travel again sometime. "I'm getting married in January, so maybe we'll go to South America or Europe."





Continued from, page 1

slideshow of the landscape and culture of In-

Up next was the Kiwi Club; the small group sang an acappella medley of three Maori as a group this semester. songs-"Pokarekare Ana", "Pa Mai" and "Toia

The Taiwan Club gave a show full of smiles, dance and three quick costume changes.

the Hawaiian Club, was dedicated to beloved friend Michal Maneha, who passed away only a few days before the event. Close to 60 members of the Hawaiian Club held hands and sang as six dancers performed a hula.

Continuing in the theme of "One World,

One Heart," the Singapore/Malaysian Club to so far." performed "Rasa Sayang", an upbeat song After a short break, the program resumed in Club's song was accompanied by a video of Club sharing an inspirational message about characters com "Kiki's Depractices, and fun they've had building unity caring for each other and the world based on livery Servce" and "Lupin

pleaser, especially when they performed the response yet. A spiritual performance of "The Prayer," by traditional Aspara dance.

SongFest went much more quickly this year, and praised the efforts of the leader and choreog- a peaceful selection, and good comments abounded. Abigail Clark, ju- rapher of the Hong Kong club, Jamie Ton, a then loosen'd up on the secnior in international cultural studies from Utah, junior in international cultural studies, saying, ond song wth some dancing said, "It's been great! It's been the best Song- "She worked so hard; she even spent her birth- and a small band including a fest I've been

about having love for one another. Chinese full force with over 50 members of the Samoan took the age dressed as Psalms 133:1, "How good and how pleasant the Third." With clips of the The last group to perform before intermis- it is for brethren to dwell together in unity." animated shows playing, sion was the Cambodian Club, whose rendition Their second song displayed the classic Samo- they gave well-rehearsed of "Proud to be Khmer" was a definite crowd an sense of humor, and got the biggest crowd performance of the theme

Before the event began, Ludmilla Ng, ju- Fijian Cub members then With the absence of an emcee this year, nior in international business from Hong Kong, held hands they performed

> paid off- the audience choreography.

pino Club, whose mem- wearing all white and holding signs for peace, and mas songs. turned right into an exciting medley of songs like ness.'

sia, were next up with a cheers and ipplause. happy song about being

Next, the Japanese Club

day with us!" Their time log drum aid guitars.

The Swidish club then loved their puppet-like gave their first Songfest performance of Sankta Lu-The entertainment cia, a Swidish Christmas. continued with the Fili- They made a beautiful scene

bers ran on stage hold- ing candles as they sang two traditional Christ-

Last to rerform was the Tongan Club; with close to 100 people performing, the crowd "Song of the Universe," loved them right from the beginning. A dance and "Light in the Dark- competition between the groups of red, yellow, blue and green shirted performers was fun and Survivor Club, with exciting; one group even danced so hard that members from small part of the stage broke, but the show went on islands in Micronesia, just the sane! The night ended with "Happy, Melanesia and Polyne- Happy Torga," and the audience burst into



CAMPUS

PHOTOS BBY RYAN BAGLEY Above: Showing strength in numbers, the Hawaiian Club performed along with hula dancing. Left Center: In a quiet display of tradition, the Swedish Club performed a song by candlelight.



PHOTOS BBY RYAN BAGLEY Above: Members of the Taiwan Club sing in Mandarin. Below Right: Members of the Tongan Club easily displayed their main theme of "Happy, Happy Tonga."

Below: Chinese Club members each take turns taking the center stage during their performance.









PHOTOS BBY RYAN BAGLEY

Above Left: Hikari Suita and other women members of the Japanese Club point accusingly at the men. Above Right: Samoan Club's song director vigorously lead their performance. Below: Members of the Fijian Club join in hands showing their strength in unity.





Above: Narom Phon sings and dana's for Cambodian Club.

Women's soccer loses to San Diego

Ben Buttars

he BYU-Hawaii Lady Seasiders lost in the double overtime 1-0 to the UC San Diego Tritons on Nov 13. This loss eliminated BYUH from the NCAA II West Regional Tournament. Although considered the under-dog in the match, the Lady Seasiders battled furiously throughout the 104 minutes of play at which point, the Tritons' golden goal was scored. The Lady Seasiders close the season with a 14-5 record and as PacWest Conference champions.

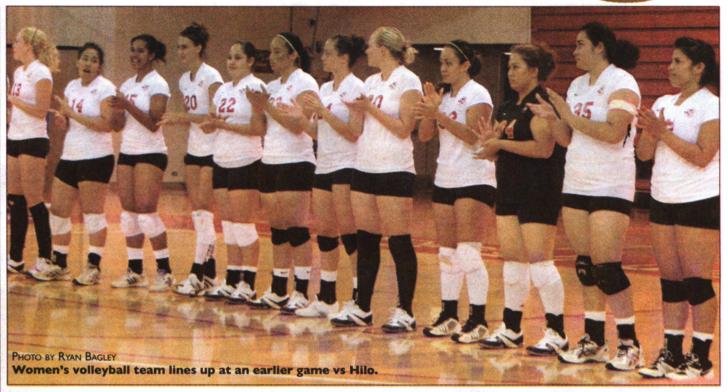
"We really stuck it to them the entire game," midfielder Natalie Cude, freshman majoring in international business from Utah said. "It was just a small moment of luck."

The Triton's own Shelby Wong scored the game winner after a ball was played from midfield Sarah McTigue. San Diego started the match hard, taking the first seven shots of the game. However, as time progressed, the Lady Seasiders racked up 14 shots for the game to the Tritons 18.

"We came out a little timid and nervous," said forward Emily Mearns, sophomore majoring in international culture studies from California. "But we got momentum and brought our intensity level above San Diego and pressured them the rest of the game."

BYUH Keeper Becky Ploeger, sophomore majoring in art education from Colorado, managed to save six shots on goal and showed aggression as she came out of the goal several times to prevent one-onone situations. Triton keeper Jessica Mc-Govern totaled four saves for the match.

The Lady Seasiders returned home on Friday, Nov. 14 from Washington to close out the season.



Season ends in defeat

Women's volleyball foiled by UVU

Sam Akinaka

ith a close loss to Division I NCAA Utah Valley University, BYU-Hawaii women's volleyball team wrapped up their season Wednesday night. The Pacific West Conference Champion Seasiders fell in four hard-fought sets, 13-25, 25-22, 23-25, 23-25, in the final game before the NCAA Division II West Regional Tourna-

The final home game for this season's Seasiders was also the final home game for seniors Leeann Mapu and Faylynn Merrick, who were honored at the end of the

"It has been my most favorite season since I've been here," said Merrick, "I'm so glad that this was my senior year... it's such a good note to end on."

Merrick and Mapu aren't finished just yet. The Seasiders conference title guarantees them a spot in the Regional Tournament next week where BYUH hopes to turn their recent play around.

The Seasiders have lost their last three matches following a twelve-game win streak dating back to the first week of September. Several players have been affected late in the season by injury or fatigue.

"All I can say for me is I'm burnt out," said Tanza Buroker, sophomore in international cultural studies from Utah. "I feel like I've passed my peak. My legs won't move anymore."

The Seasiders will have a week to recover before the tournament's start Nov. 22.

"I guess from now on whether we have energy or not it really depends on how much heart we are willing to give," added Buroker. "I've seen the teams we have to play... they are all beatable, it just depends on us."

This season, the Seasiders have faced five teams ranked in the top 25 of the American Volleyball Coaches Association poll, including currently fifth-ranked University of Nebraska-Kearney, whom BYUH beat in the Seasider's season opener.

"I already feel successful," said Merrick, "but that doesn't mean I don't want to win. The post season is what we work hard for throughout the season."



Marques Whippy, sophomore in international business management from Fiji, praised newcomers on this year's team. "The new guys were able to learn the plays and step up and help out," said Whippy, who finished with seven points, three assists and three

Despite the big wins, Whippy stated that the team still has a lot of work to do. "These games helped us to look where we're at and see where we need to improve. It's good to make mistakes now rather than when the season starts," Whippy said.

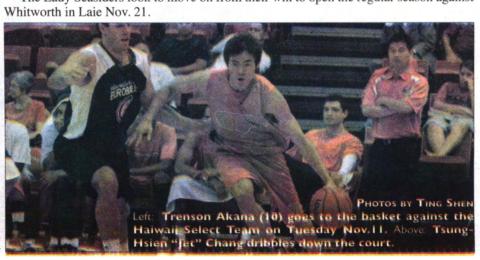
The Lady Seasiders also took to the court to beat Tianjin University of China, seventime national champion of China, 85-66 on Nov. 10, the first game in the AMG Asia-Pacific Basketball Classic. The Lady Seasiders took an advantage from the beginning and held it throughout the game.

Guard Richelle Fenenbock, sophomore from Coeur d'Alene, Idaho, dropped seven points, while forward Latoya Wily, senior from Laie, Hawaii, also added 16 points to the mix. The Lady Seasiders ended the first period with a 50-32 point advantage.

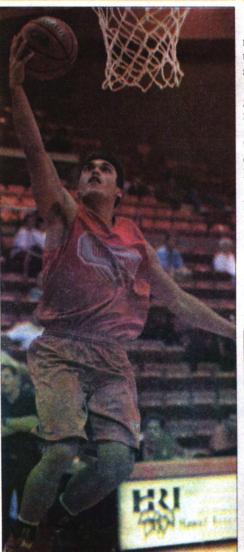
The second half started with the Lady Seasiders controlling the pace. TU continued to try to keep up with players like Xu Hui Chao pushing 16 points for the team.

Wily continued to lead the Lady Seasiders forward as she totaled 17 rebounds, totaling a 40-17 team advantage to Tianjin. Players Dara Tompkinson, Felisita Ika, and Madison Kite also managed to put digits on the Seasider scoreboard.

The Lady Seasiders look to move on from their win to open the regular season against







Ben Buttars

he grass of BYU-Hawaii's soccer field has become familiar with the cleats of a sophomore athlete who has been a crucial asset to the Lady Seasiders soccer team. Known for the intensity of her play, Stephanie

Wright has been one of the athletes to set the defense for this year's soccer team. To start the season off, she showed her wellrounded nature as she switched from playing midfield to defense to replace a leaving All-Region player.

Wright has made a lot of contributions to the team—ultimately resulting in two awards for the 2008 season. The first honor was given to her through ESPN. She was chosen as the only PacWest player on the Magazine Academic All-District College Division Team for Region VIII, which covers the Western United States. Currently, holding a 3.95 grade point av-

Above: Stephanie Wright plays defense during a game against Dixie State.

erage, Wright manages determination on the field as well as in the classroom.

As a defender, Wright helped limit opposing teams to an average of 1.1 goals per game and eight shots per game. Then, closing out the regular season, she received a slot on the Daktronics NCAA II West All-Region Women's Soccer Team. She is the first Seasider to achieve the award in the three years that BYUH has had a women's soccer team.

"Well I guess I made [my] mom and dad proud," Wright said. "Who would have ever thought you could get an academic scholarship from ESPN?"

Wright believes that it is absolutely critical to be family oriented. She loves to bond with her family at home through travel. She has also become known for her desire and passion in taking care of children. She has decided to major in elementary/special education so that she may become a teacher.

In addition to teaching, Wright volunteers in her hometown in Vista, Calif. To illustrate her joy in serving, Wright has been involved with several camps for children throughout her life. The most recent which 2008 City the was Of Vista Summer D a y Camp, a camp which children

allows to become active and involve themselves with sports and recreational activities.

"She has a great energy that kids love," teammate Cami Hofheins, senior majoring in social work from Utah, said. "The kids can sense the love she has for them.'

Wright has been involved in soccer for 15 years. In high school, Wright was a threeyear varsity player and was also involved in

PHOTO BY TING SHEN

club



Above: Stephanie Wright, midfielder, has been recognized for her intensity and calls herself a "bit of a perfectionist."

soccer outside of the school team. Wright lettered in soccer, field hockey and track her senior vear at Rancho Buena Vista, receiving both the Athlete of the Year award and the Marine Iron Man Award.

"She has one of the best work ethics of anyone," teammate Emily Mearns, sophomore in international cultural studies from California, said. "She keeps up a high level of intensity and competition at practice, which sets the tone for our games.

Following graduation from high school, Wright became a freshman member of the Lady Seasiders team during the second year the team was together. Adding to the team as a very powerful midfielder, Wright totaled four goals and one assist throughout the season to help BYUH's women's soccer attain a conference championship. This year, with Wright switching over to defense, the Lady Seasiders have been working together in the backfield to form a very powerful team.

"I know that I won't settle for anything that is less than what I can give," Wright said. "I guess I'm a bit of a perfectionist."

BRIGHAM YOUNG UNIVERSITY - HAWAII

Stephanie

Wright

Scholar & Athlete

SEASIDER SCOREBOARD

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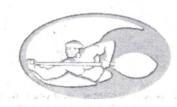
WOMEN'S VOLLEYBALL BYUH I vs UVU 3

WOMEN'S SOCCER Ploeger

WOMEN'S SOCCER Wright All-Region

MEN'S BASKETBALL BYUH 81 vs Haw. Sel. 65

WOMEN'S BASKETBALL BYUH 85 vs Tianjin 66



SEASIDER SPORTS CALENDAI 20 NOVEMBER - 2 DECEMBER 2008

	LO TO TENTO	DECEMBER 2000	******		
DATE	TIME	ACTIVITIES			
M. BASKETBALL			*********		
20-Nov	7:30 PM	Winona State (MN)	Laie, Hawaii		
22-Nov	7:30 PM	Oakland City vs. Winona State	Laie, Hawaii		
24 Nov	7:30 PM	Oakland City vs. UH-Hilo	Laie, Hawaii		
26-Nov	7:30 PM	Western New Mexico	Laie, Hawaii		
W. BASKETBALL			AN Indiana		
21-Nov	7:00 PM	Whitworth (WA)	Laie, Hawaii		
22-Nov 24-Nov	5:00 PM 5:00 PM	Oakland City (IN) Oakland City (IN)	Laie, Hawaii Laie, Hawaii		
28-Nov	5:30 PM	Western Washington	Kealakehe, HI		
29-Nov	5:30 PM	Ft. Lewis (CO)	Konawaena, HI		
W. VOLLEYBALL					
20- Nov	7:30 PM	CalState San Bernadino	California		
The state of the s					

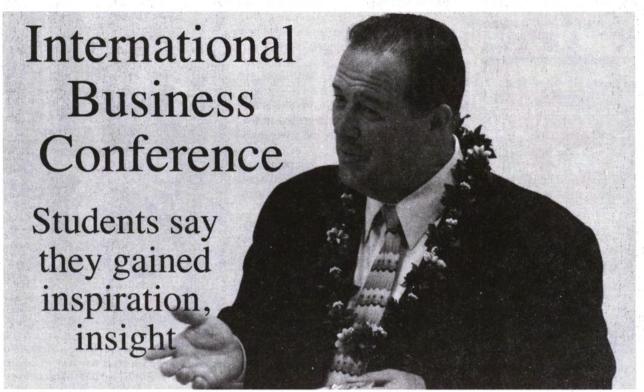


PHOTO BY RYAN BAGLEY

Frank Peck brings the subject of religion into business at his presentation during the Inernational Business Conference.

Ryan Anderson/Michael Waite versity Relations Writer/ Staff Write

tephen W. Gibson, co-founder of the Academy for Creating Enterprise spoke to BYU-Hawaii students Thursday, Nov. 6 as part of the annual International Business Conference.

Gibson explained what the Academy for Creating Enterprise is. He said, "ACE is a nonprofit educational training center designed to teach Filipino returned missionaries skills that will enable them to become self reliant by starting and growing small businesses in the Philippines.' He continued, "We challenge students to work for better situations. We give them the tools that they need to succeed, and to help improve the economic situation in the Philippines."

Justin Smith, sophomore in accounting from California, said, "I thought his speech was very insightful." He continued, "I was inspired because he used his entrepreneurial skills for good, not just to better himself."

Smith said, "I was surprised because I thought the conference was going to be more technical and business specific, but it was a good mix of not only business but advice for having a successful life in every way."

Religion and Ethics in Business

Frank Peck, renowned entrepreneur and CEO of Money Group spoke to BYU-Hawaii students Thursday for the International Business Conference about the importance of religion and ethics in business.

Peck shared personal stories and insight about how important religion and ethics are in business. He said, "The world would have you believe that you can either be a successful businessperson, or you can have a family, but not both. But I promise you that if you set your priorities and try to have some balance in your life, you can have financial success and a happy family.'

Lupe Longi, a senior in IBM from Tonga, listened to Peck's lecture and said, "He gave us a worksheet that we filled out, it helped us determine what our goals are. It was great because it showed me what to focus my attention on. He moved me because he told us about how he came from such an impoverished background but still was able to become so successful."

'He really opened my eyes to what business should be about, I will make an effort in the future to make sure I stick to the priorities I know are right. He emphasized the point that winners never cheat, and that you can be competitive and successful with values that the world might consider to be old fashioned." Said Longi.

Sports and Religion

Vai Sikahema, former NFL player for eight years spoke to atendees on the topic of Baptism, BYU and Boxing. He tied in how sports has blessed his life. Ty Detmer former NFL quarterback and Heisman trophy winner, related business to the NFL. "The NFL is definitely a business," said Detmer. "It's great to come here to BYUH where we can bring the gospel into discussions like these," said Detmer.

Tom Mullen, the current associate athletic director at

BYU-Provo, lives a life steeped in sports. His four children have played a variety of sports, he spent some time coaching them, and now he oversees the entire sports program at BYU-Provo. He has also returned from serving as a mission president in upstate New York, and these two major parts of his life were combined for his presentation at the IBC.

One student in attendance served as a missionary under Mullen in the Utica Mission. Celeste Ketcher, junior in exercise and sport science from Brisbane, Australia, commented that Mullen's teachings during his session were not very different from his teachings at missionary meetings. She said, "President Mullen is always so Gospel centered, so I didn't really expect anything different from what I heard during the mission. He finds ways to tie the gospel to everything, like sports in this case. I love to play basketball, and he showed me that the aspects that make a good team-like teamwork and focusing on the small stuff -- also make a good follower of Christ."

Etiquette at Dinner Meetings

Susie Mullen is a BYU-Provo graduate. She was recruited by BYU-Provo to dance and also teach etiquette, and has since owned and operated an etiquette school and served with her husband as mission president in upstate New York.

With a small table set for four as her main teaching focus, she shared the rules of dinner etiquette to help employment-seekers improve their performance during a dinner interview and subsequent business meetings over

Christina Hathaway, senior in elementary and special education from California, found Mullen's session much more hands-on and applicable than most of the other sessions. "I really liked that she had a table set up in the front of the room and walked us all through the steps so we knew what to do in a formal dining experience.

Beth Haynes, professor of Economics at BYUH was pleased with the session and shared her opinion on the importance of etiquette. "If students paid attention, Susie Mullen offered not only correct information about rules of etiquette but also an understanding of why the rules in general and in specifics have developed over time. Understanding 'why' helps us see the rules more as ways of making others comfortable rather than as constraints on our own behavior.

The number one reason why applicants lose the job at a dinner interview, she explained, is because they fail to put the napkin in their lap before they start to eat. The number two reason: pushing food remnants onto your fork with your thumb or fingers.

READ MORE ABOUT THE ANNUAL INTERNATIONAL BUSINESS **CONFERENCE IN DETAIL AT:** KEALAKAI.BYUH.EDU



Top 20 survivors' ideas selected

Michael Waite

he results are in, after judging 151 applicants in this year's Survivor: Great Ideas Competition, 20 winners have been selected.

The applicants submitted their ideas with the theme, "If you had to leave the island and go home with no support, how would you survive?" All ideas were written down on one page and the top 20 were selected to present their ideas to the attendees of the International Business Conference on Friday, Nov. 14.

Leonard Black from the Center for International Entrepreneurship described his goal for the outcome of this competition saying, "I would encourage students to continue to develop their ideas after this competition and be ready next semester to enter our Champions competition in March.'

Art Supree Saowichit, sophomore in IDS and music, and one of the 20 winners of the competition, said "My business idea is to start a bilingual music school, a place where students can use the powerful tool of music to help them learn and solidify their understanding of a new language.

Describing his recent success he said, "I feel good. I was wondering if my idea would work, and doing well in this competition reassured me that my idea might work." He continued, "I learned that I have to think. Having an idea is great, but unless you really think it though and put it on paper it does no good."

Saowichit said, "I plan on eventually going back to Thailand and starting my bilingual music school. It would be perfect for that market and I think it would do very

Ryan Dean, junior in instructional design and development from Florida, and one of the 20 winners, described his business idea, "I want to start a business that puts family's home videos online. This would help keep their memories safe, and it would be an easy way to share them with extended family and friends."

Describing the competition Dean said, "The whole experience was humbling. I had no idea that my idea would be accepted." He added, "I learned how important it is to put my ideas on paper."

Dean said, "I want to continue to develop my idea, and submit it to the CIE's Business Plan Competition in March. Eventually I would like to actually start my own business.'



PHOTO BY AARON KNUDSEN Ting Ning "Rita" Fowers explains her device that completley dispenses leftover lotion from bottles.

PROP 8 CONTINUED FROM PAGE 1

"We are a nation that goes by the rule of law," Mineau said. "No court should ever be intimidated by mob rule. And that's what our opponents right now are trying to do."

Several lawsuits asking that state's Supreme Court to overturn the prohibition have been filed.

Katrina Platt, senior in elementary education from Oregon, said, "It is obvious where the church stands. We can't and shouldn't fight back physically but it makes me even more grateful that proposition 8 did pass. The strong opposition makes it that much more important to stand for what we believe in."

After continued protest and conflict, it seems the vote to ban homosexual mar-

riage in California has not been the final word. Friday, Nov. 14 the First Presidency of the Church of Jesus Christ of Latter-day Saints issued this statement about the democratic process:

"Since the people of California voted to reaffirm the sanctity of traditional marriage between a man and a woman on Nov. 4, places of worship have been targeted by opponents of Proposition 8 with demonstrations and, in some cases, vandalism... The end of a free and fair election should not be the beginning of a hostile response in America... Attacks on churches and intimidation of people of faith have no place in civil discourse over controversial issues. People of faith have a democratic right to express their views in the public

square without fear of reprisal. Efforts to force citizens out of public discussion should be deplored by people of goodwill everywhere.

We call upon those who have honest disagreements on this issue to urge restraint upon the extreme actions of a few that are further polarizing our communities and urge them to act in a spirit of mutual respect and civility towards each other."

Since the narrow passing of proposition eight gay marriage advocates have protested in more than 175 cities and outside the U.S. Capitol. Including marches on Mormon Temples as far away from California as the Upper West Side of Manhattan in New York City.

In Salt Lake City, a crowd of about 2,000 chanted, "Separate church and state" and waved rainbow flags outside the head-quarters of the Church. Activists are also

aiming boycotts and protests at businesses and individuals who contributed to the campaign to pass Proposition 8.

According to the Sacramento Bee, Scott Eckern resigned from his post of 25 years as artistic director of the California Musical Theater after harsh reaction to news he donated \$1,000 to the campaign to support Proposition 8.

Same-sex marriage supporters took to the streets around the gates of the Temple in Westwood, where they waved signs and shouted threats at the church. Hundreds of protesters, bearing signs chanted in front of the temple and scrawled graffiti on its gates, according to lifesitenews.com.

Gideon Kaonohe, junior in business from Kahaluu, said, "Constitutionally I guess they are allowed to march, but they shouldn't do things [defile sacred things] like that."

Names and legends of local beaches

Riley Moffat

he La'ie area has been inhabited for at least 1,500 years. Early inhabitants gave names to the various features of the landscape.

These names given by indigenous Hawaiians have meaning to them. We current inhabitants ought to respect these names our host culture gave these places, and not make up our own that sometimes shows disrespect to the culture, especially regarding the beaches.

Perhaps it might be instructive to look at some of these names and what they mean and some of the stories behind them.

Castle Beach

Starting in Malaekahana Bay there is Castle Beach, named after the Castle family that used to own the Kahuku Plantation. Members of the family built beach homes here in the early 1900s. However, according to John Clark's "Beaches of O'ahu" and "Sites of O'ahu" this area now called Castle Beach was known as Hali'i.

Kalanai Point

The point across from Goat Island was called Kalanai Point and there was a fishing shrine called Koa. After the Cooke family built a large beach house there, it was sometimes called Cooke's Point. The Cooke estate was torn down when the park was created in the late 1970s.

. Goat Island

Goat Island is really Moku'auia Island. A hundred years ago or so goats were left there where they ruined the native ecosystem. Now the island is a sanctuary for ground nesting birds. That's why there are signs to stay on the beach and not disturb the birds.

The first Mormon convert in La'ie in 1851 was a man named J.W.H. Kauahi who was the judge for the Ko'olauloa District. However, he later apostatized. Though the Mormons never preached po-

lygamy in Hawaii, he took another wife and they lived on Moku'auia Island. When the sheriff came to arrest him in 1859, he declared that since the island was not shown on any official map he was the king of the island and therefore he could not be arrested.

Beware that some guidebooks list Goat Island as a "clothing optional" beach.

Hukilau Beach

Hukilau Beach in La'ie Bay is world famous. However, before the La'ie Ward started their hukilau as a building fundraiser in 1948, it was known as Hamana's Beach after Hamana Kalili, one of the fishing masters of La'ie during the first half of the 20th Century who had his boat house there.

Hamana is also recognized as the originator of the "shaka" sign after he lost his three middle fingers of his right hand in an accident. The La'ie community had hukilaus, or fishing events, since time immemorial but when the community needed to raise money for a new chapel they made it an organized event and invited tourists to come participate. The La'ie Hawaiians and Samoans entertained and there was a big luau. The hukilau helped set the stage for the PCC and was eventually closed in 1969.

Jenagators Reef

At the south end of the sand bottom beach is a reef called Jenagators after the Hollywood starlet Janet Gaynor who bought a beach lot fronting the reef in 1927. The local pidgin-speakers corrupted her name and most have learned to surf on this shallow reef. South of here there is a large circular hole in the reef called Luapuhi meaning "eel hole."

Temple Beach

At the foot of Hale La'a Boulevard is what is now called Temple Beach. John Clark gives the name of Kaunala in that area and also says the area was called Pu'uahi because fisherman using the narrow channel next to the Point knew where to come in at night when fires were built on the beach berm next to the Point. Others think the fires were built on the hill where the Temple is.

La'ie Point

The Point was originally called Laniloa Point but is now called La'ie Point. Legend has it that two large mo'o, or dragons,







PHOTOS FROM JOSEPH F. SMITH LIBRARY ARCHIVES AND BY AARON

Top: An old train carries sugar from the local sugar mill to the Laie Dock. Bottom Left: A sunny day at Pounders, a great body-baording beach that is only a few miles away from campus. Bottom Right: Boats sail in the bay by the Laie Dock by the beach now called Pounders.

guarded the Point but two demigods named Kana and his brother, Niheu, slew them and chopped up the carcasses which became the islets (Kukuiho'olua, Mokualai and Pulemoku) off the end of the Point.

Clark says that before the tsunami of 1946 there was only a cave on Kukuiho'olua but the tidal wave punched through the cave to make the arch. In the last 20 or 30 years the seaward tip has been broken off by storm waves.

Bikini Beach

The beach south of the Point should be called Laniloa Beach. Locally it has been called Clissold's Beach for decades because one of the first beach estates along here was built by Edward LaVaun Clissold.

Lately, however, it has been called Bikini Beach by some. Older folks in the community consider this name disrespectful and inappropriate.

Clark says the shallow reef just south of Laniloa Point is called "Onini" and is the place where a small plane crashed while filming a tsunami in March 1957. This beach is mostly rocky but there is a small sand patch north of the right-of-way, across from the chapel, called Puehuehu.

Bathtub Beach

Across from the south end of PCC is an area called Bathtub Beach because of a little lagoon protected by an uplifted slab of reef. It was earlier called Scott's Beach after the owner of an estate on the bluff above.

Pounders Beach

Pounders Beach is the area between the bluff called Kehuku'una Point south to the rocky outcrop called Pali Kilo I'a. At the north end is Laie Landing as evidenced by the remains of the pilings of the pier built in 1887 where bags of raw sugar and barrels of molasses from the Laie mill were loaded onto whale boats and taken out to ships anchored in the channel for transportation to Honolulu for transshipment to Claus Spreckel's refinery in Oakland, Calif.(C&H Sugar)

There was also once a warehouse on the beach behind the

Kakela Beach

Beyond Pali Kilo I'a is the stretch of beach commonly called Kakela. The original Hawaiian name is Kokoloio. The first part of the beach around the point from Pounders is called Mahakea Beach and the section fronting the park is called Kakela after the Castle family who bought the area from Zion's Securities in the late 1920s and built a beach estate.

When Clissold took over management of Zion's Properties in Hawaii in 1951 he bought it back and war surplus Quonset huts were brought in as boy's dorms when Church College of Hawaii was started in 1955 and to house the labor missionaries who built the campus from.

In the '90s the City & County of Honolulu got control of the area through a "friendly condemnation" and made improvements you see now and renamed it Kokoloio Park.



Symbols of Thanksgiving Festivities from across the globe

Karly Zobrist

mass amounts of turkey leave only a sleepy feeling this Thanksgiving, a look into the interesting aspects of this world-wide holiday may help to keep

American Thanksgiving

Pilgrims reached Plymouth Rock on 11,1620, after a sea journey

Cornucopia:

Cornucopia, also known as the 'horn of

plenty,' is the most common symbol of a harvest festival. A horn shaped container, it is filled with abundance of the Earth's harvest. The traditional cornucopia was a curved goat's horn filled to brim with fruits and grains. According to Greek

legend, Amalthea (a goat) broke one of her horns and offered it to Greek God Zeus as a sign of reverence. As a sign of gratitude, Zeus later set the goat's im-

age in the sky also known as constellation Cap-

of 66 days. Nearly 46 pilgrims died due to extreme cold during winter. However, in the spring of 1621, Squanto, a Native American taught the pilgrims to survive by growing food. It is said that Pilgrims learned to grow corn, beans and pumpkins from the Indians, which helped all of them

In the autumn of 1621, they held a grand celebration where 90 people were invited including Indians. The grand feast was organized to thank God for His favors. This communal dinner is popularly known as "The First Thanksgiving Feast."

Canadian Thanksgiving

The first Canadian Thanksgiving was celebrated on April 15, 1872 to show gratitude for the recovery of King Edward VII from serious illness. Canada later had turbulent times deciding the day of national Thanksgiving. However, on Jan. 31, 1957 Parliament announced the second Monday in the month of October as Canada's official 'Thanksgiving Day.'

It was declared as "a day of general Thanksgiving to Almighty God for the bountiful harvest with which Canada has been blessed." The Thanksgiving celebrations include parades,

a customary family feast and turkey.

Indian Thanksgiving India is a multi-

lingual

and multi-cultural country, well-known for its spirituality. With the spread of Western culture, Thanksgiving is celebrated in quite a few parts of India; the major festivity is however, observed by Christians in the state of Goa. In Goa, Thanksgiving is popularly known as 'Ladin' or 'Ladainha'.

During the Thanksgiving ritual, people thank God for all their material and spiritual benefits. Christians start preparing for Thanksgiving celebrations by purchasing wheat and gram, candles, wine and colored tinsel paper. A temporary platform/altar is constructed which is decorated with flowers, vines and creepers. Celebrations also include singing of hymns and prayers.

UN Declaration

In Nov. 1997, as a communal effort to reunite people all over the world, the millennium year 2000 was proclaimed as the 'International year of Thanksgiving' by the United Nations. The idea behind the declaration was to spread peace, harmony and brotherhood. The declaration also served the purpose of fostering cultural relations among different countries. Lastly, the declaration intended to promote friendly relations among nations.

This was first time ever that the general assembly voted unanimously in favor of a spiritual

> Special American Thanksgiving symbols are:

Pumpkin:

A modern staple at almost every Thanksgiving table is the customary 'Pumpkin Pie'. It is not sure whether pumpkin was one of the dishes in the first thanksgiving dinner. Pilgrims probably made a pumpkin dish sweetened with honey or syrup. Pumpkin is one of the important symbols of the harvest festival and has been an American favorite for over 400 years

Cranberr

Originally called "crane berry," it derived its name from its pink blossoms and drooping head, which reminded the pilgrims of a crane. The name was later changed to what is popularly known as cranberry. Pilgrims soon found a way to sweeten the bitter cranberries with maple sugar. Ever since then, cranberry sauce has been a permanent companion of turkey during thanksgiving feast

Americans had been growing corn for a long time before the Americans nad been growing corn for a long time before the pilgrims arrived in their country. The oldest corn, called Maize, dates 7000 are back and was originally grown in Mexico. A mericane taught pilgrims have pugrims arrived in their country. The oldest corn, called Maize, dates /UUU years back and was originally grown in Mexico. Americans taught pilgrims how to grow corn to belo them survive the bitter winter of 1600. It is certain that corn was a new years to belo them survive the bitter winter of 1600. It is certain that corn was a new years to belo them survive the bitter winter of 1600. years back and was originally grown in Mexico. Americans taught pilgrims now to grow corn to help them survive the bitter winter of 1620. It is certain that corn was a part of the first thanksgiving dinner. The tradition continues and corn finds its place on every soft the first thanksgiving dinner. grow corn to neip them survive the bitter winter of 1020. It is certain that corn was a part of the first thanksgiving dinner. The tradition continues and corn finds its place on every dinner table the world over during Thanksgiving dinner Cornected Cornec of the first thanksgiving dinner. The tradition continues and corn finds its place on every dinner table the world over during Thanksgiving dinner. Ornamental Corncobs are dinner table the world over during Thanksgiving dinner. They are used to decorate dining tables out to propular during the festival. They are used to decorate dining tables. oner table the world over during I nanksgiving dinner. Ornamental Corncobs a quite popular during the festival. They are used to decorate dining tables popular during the resulval. They are used to decorate dining to and make harvest wreaths. Corn reminds us of the importance

Beans:

Beans are a special symbol of Thanksgiving. Native Americans are believed to have taught the pilgrims to grow beans next to cornstalks. This was so that beans could grow and use cornstalks as their pole. Thus, American beans are also known as 'Pole Beans.' Famously known as one of the 'Three sisters,' beans are a part of Thanksgiving

LLUSTRATION BY KENT CAROLLO

and heritage of the famous harvest festival.

Thanksgiving isn't complete without turkey! It derives its name from the

'turk turk' sounds it makes when scared.

Benjamin Franklin felt that a turkey was

the right choice for the national symbol of

America, because turkeys are good runners

and have sharp eyesight. The bald eagle

was chosen instead, but Americans still

celebrate the turkey once a year.

Information courtesy of www.thanksgiving-day.org

TV remotes, door handles found to be germ hotbeds

Alyssa Herzinger and the Associated Press

top, and step away from that TV remote! And that doorknob! And that keyboard! And that refrigerator door handle!

A new study finds that cold sufferers often leave their germs in these unexpected places, where they can live for two days or longer. "That is disgusting!" said Cat Conner, junior in English from Utah. "Wash your hands, people!'

Scientists at the University of Virginia, long-known for its virology research, tested surfaces in the homes of people with colds and reported the results Tuesday at the nation's premier conference on infectious diseases

Doctors don't know how often people catch colds from touching germy surfaces as opposed to, say, shaking a sick person's hand, said Dr. Birgit Winther, an ear, nose and throat specialist who helped conduct

Either way, hand-washing is one of the simplest and most efficient ways to protect against a cold or the flu. Hands should be washed with warm, soapy water for about the length of time it takes to sing "Happy Birthday" twice.

Dr. Shane Gold, assistant professor in the Tests showed Science Department fragments of cold viruses on 20 percent at BYU-Hawaii, said, "Rhinovirus and influenza live in nasal of all toys tested in and oral passages; Pediatrician's offices they are spread by in Fairfax, Va. coughs and sneezes. If you're sick, or are trying to avoid getting sick, wash your hands frequently, and use an alcohol-based hand sanitizer." Gold also recommended keeping windows open in classrooms, as good air circulation lessens the possibility of being stuck in a room with a rogue particle, thus minimizing the chance of becoming infected.

Two years ago, Winther and other doctors showed that germs survived in hotel rooms a day after guests left, waiting to be picked up by the next person checking in.

For the new study, researchers started with 30 adults showing early symptoms of colds. Sixteen tested positive for rhinovirus, which causes about half of all colds. They were asked to name 10 places in their homes they had touched in the preceding 18 hours, and researchers used DNA tests to hunt for rhino-

"We found that commonly touched areas like refrigerator doors and handles were positive about 40 percent of the time" for cold germs, Winther

virus.

All three of the salt and pepper shakers they tested were contaminated. Other spots found to harbor the germ: six out of 18 doorknobs; eight of 14 refrigerator handles; three of 13 light switches; six of ten

remote controls; eight of ten bathroom faucets; four of seven phones, and three of four dishwasher handles.

> Next, the researchers deliberately contaminated surfaces with participants' mucus and then tested to see whether rhinovirus stuck to their fingers when they turned on lights, answered the phone or did other common tasks. More than half of the participants got the virus on their fingertips 48 hours after

the mucus was smeared. The study was sponsored by Reckitt-Benckiser Inc., makers of Lysol, but no products were tested in the research. The study, designed by doctors with no ties to the company, was an effort to lay the groundwork for future research on germs and ways to get rid of them.

If the idea of germs and mucus left on

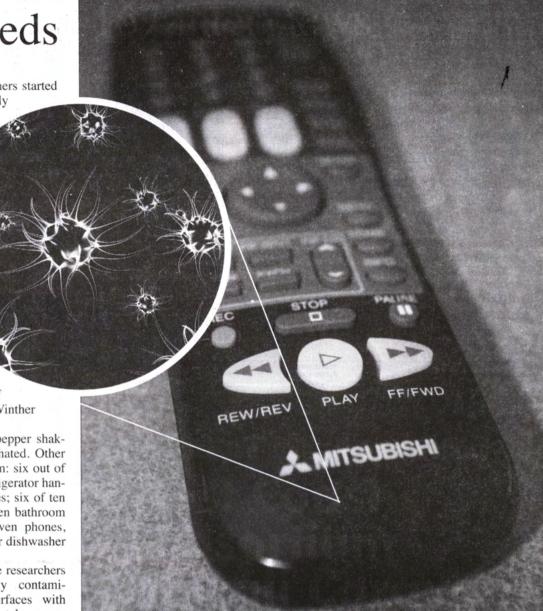


PHOTO BY AARON KNUDSEN

Household items like remotes can house germs for up to two days.

objects isn't enough to make people think twice about covering their mouth and washing their hands, Gold also said that the droplets from a sneeze can linger in the air for up to three hours, depending on the humidity.

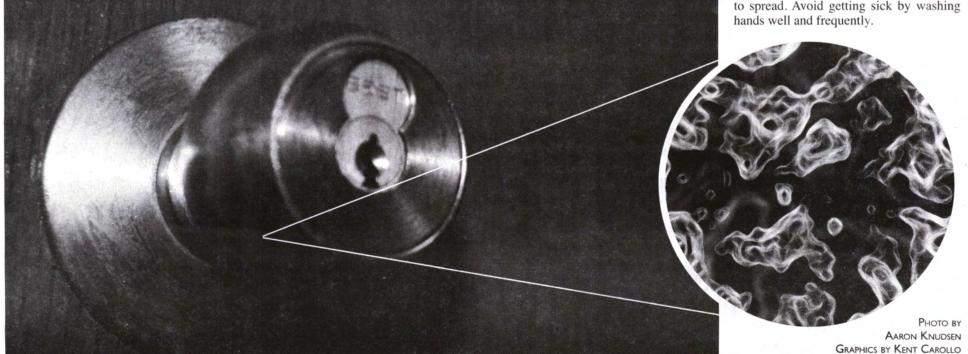
There's not much to protect against unknowingly walking through leftover sneezes, but Jessica Creamer, junior in music from Guam, said, "I use Airborne, and I never get sick!" Airborne is an herbal dietary supplement claiming to support the immune system.

In a separate study, University of Virginia's Drs. Diane Pappas and Owen Hendley went germ hunting on toys in the offices of five pediatricians in Fairfax, Va., three times during last year's cold and flu

Tests showed fragments of cold viruses on 20 percent of all toys tested-20 percent of those in the "sick child" waiting room, 17 percent in the "well child" waiting room, and 30 percent in a sack of toys that kids are allowed to choose from after being good for a shot.

"Mamas know this," Hendley said. "They say, 'We go to a doctor for a wellchild checkup, the kids play with the toys and two days later they have a cold."

The large number of people, children and adults, present on the BYUH campus make it a prime place for infection to spread. Avoid getting sick by washing







SO, WHAT DO YOU DO WITH YOUR LEFTOVER TURKEY?

Campus Comment compiled by Terrence Kau • Photos by Ting Shen



JAMES SINKOVIC



KRISTINE STEINHIBER



DONDIE RELLORA



DAISY LEE



MIKE MILLBURY



NAOMI ASAI

"Save it, make turkey sandwches and eat it."

"I just eat it..."

"I don't like turkey."

"Never had it, but I'm excited to try it."

"Feed it to the dog or make turkey sandwiches." "Fried rice and lots of stuff. Its what's for dinner for the rest of the week."

Junior International Business Management California Accounting Washington Senior Accounting and I.B.M. Philippines Freshman Undeclared Freshr

Junior TESOL Education

5



Ke Alaka i Cypher

Congratulations to last issue's Winners!!!

BJ Liau and Erika Dick

Bilgee Purevsuren

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LIFE & ENTERTAINMENT THURSDAY NOVEMBER 20, 2008 19

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Grandma's Delicious Holiday Stuffing

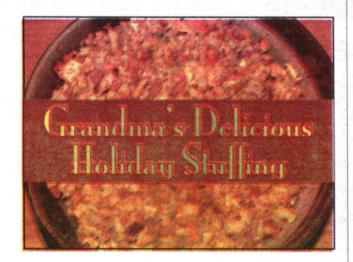
Mary Jantalert

ast Thanksgiving, my best friend's husband, who is hardly ever anxious to cook, volunteered to fix his wife and me a Thanksgiving dinner. He said that his grandmother makes the best stuffing and he wanted to teach us how to make it. I certainly wanted to learn and also prove if his grandma's stuffing was as good as he told us. Not only did I find out that it was the most delicious stuffing, but also that his family had a unique story behind the stuffing.

The story began with his mother's family tradition of getting together for the holidays. In his family, everyone contributed to a potluck dinner and his grandmother was always asked to bring her stuffing. Everyone loved it, especially my friend and his brother. In fact, they loved it so much that his grandma started preparing three times the quantity outlined in the recipe below, just to make sure that everyone could have their many helpings.

When my friend was enrolled in the Missionary Training Center in Provo, it was his first Thanksgiving away from home. His mother took a photo of the stuffing before the dinner began. After dinner, his grandma asked her what she was going to do with the left over stuffing. My friend's mother sent it to Provo on the next day. It arrived safely, and he reported to his mother in his letter the following: "Yes, I have received all the packages you sent. The stuffing was unreal!"

Also, as a tip, I was told to use the Kraft Stovetop One Step stuffing mix to make it.



Pour stuffing mix into a large mixing bowl. In a pan, sauté onion and celery in margarine until onion appears transparent. Add the sauté onion and celery (and margarine), along with the sliced apples, to the stuffing mix and stir. Pour water over the mixture and stir lightly to mix in the water and bread mixture. Pack lightly in a small roaster. Cover with aluminum foil and bake for 1 hour at 350 degrees. Serves 6-8

I - 12 oz. container of Kraft Stovetop One Step stuffing mix ½ medium onion (chopped) 2 stalks celery (sliced) 6 tablespoons cubed margarine 3 medium golden apples (thinly sliced) 3 cups water









by some living in this

Hawaiian paradise

Karly Zobrist

f it's a surprise to you to find that the calendar says its fall, you are not alone. Many students feel that Hawaii, the most remote place in the world, is even farther away from home when they think of their own fall traditions.

II T like that it Lstays nice and warm here, but I miss the leaves changing."

> AI MITSUYA senior in English, on what she misses about fall in Japan

Christina Sun, junior in English from Singapore, said she misses a holiday celebrated at home called midautumn festival.

"I miss the atmosphere of the festival, the lanterns and treats. I especially miss the moon cakes we eat," she said.

The festival commemorates a folktale about a queen who rebelled against

her tyrannical husband the king and fled to the moon. Revolutionaries, of whom the tale really speaks, would make cakes and stuff messages of revolution inside. These cakes, Sun said, are too expensive to get here in Hawaii.



GRAPHIC ILLUSTRATION BY KENT CAROLLO

In the 70-to-80 degree weather in Laie, some students from places beyond Hawaii said they haven't really felt like it's fall yet since leaves aren't turning red and gold and temperatures aren't dropping down to below freezing.

Janelle Adams, senior in English from Boston, recalled the nationalism celebrated in New England in the fall.

"The small candles in the frosted windows of colonial houses are my favorite part of the season," she said, "that and the changing leaves make New England the best place for fall." She did admit, however, that two weeks of snow for Christmas break was more than enough cold for her.

David LeBaron, sophomore in international business management from Alaska, said he missed the white Christmases in Alaska, but not the prolonged days of endless

"I love that it is warm here," he said, while Kole Mariur, senior in English from Palau, said she is "used to the fall being hotter. I'm not used to wearing a jacket."

Maddie Kite, sophomore in interdisciplinary studies from Florida, said that though Hawaii's weather is a lot like Florida's in the fall, she misses the food from home.

"Last year I ate Thanksgiving dinner with a friend in TVA, "she said. "It was good. We had pumpkin pie and green beans, but I wanted my collard greens and cornbread!"

"I miss the boiled chestnuts we make at home," said Ai Mitsuya, senior in interdisciplinary studies from Japan. "I like that it stays nice and warm here, but I miss the leaves changing," she said.

Appreciating family, friends, holiday foods & beautiful things

Alyssa Herzinger

he colors are changing on the trees, the air is brisk and people are beginning to bring out their winter coats. Well, maybe not in Hawaii, but the spirit of fall and Thanksgiving still abounds.

As Thanksgiving nears, BYU-Hawaii students said they have much to be grateful for. Many agree with Mia Pasi, senior in music from Oahu, when she said she was grateful for

Family tops the list of things to be grateful for this season for many students, including Lindsay Levi, senior in accounting from Arizona.

Levi is graduating in December, and said, "I'm also grateful that I have been able to complete my education here, and for all the opportunities I've had."

Christian Evans, junior in biology from Colorado, is grateful for good friends, and Jessica Creamer, junior in music from Guam, is grateful for her "best friend, and for cloncom. com because it has cheap calling cards to Israel so I can talk to my fiance!"

Some students, like Brett Carrington, sophomore in biology from Laie, expressed gratitude for the smaller things in

Carrington gave thanks for "moonrises, cheesecake, individually wrapped corndogs, and the automatic doors on campus." Erika Dick, senior in international cultural studies from Iowa, said she is thankful for "sugar-free pudding and the smell of fresh laundry."

Denzil Kumar, junior in vocal studies from Fiji, said he is grateful simply for "beautiful things."

ugar-free pudding and the smell of fresh laundry.'

> ERICKA DICK on what she's thankful for

fiance

IESSICA CREAMER junior from Guam on what she is grateful for

To eat healthily or not this Thanksgiving

Trijsten Leach

round Thanksgiving some traditions merely involve eating a lot. But for others there are additional healthy tips that can be useful in order to more fully enjoy a Thanksgiving feast. Turkey, mashed potatoes, gravy, rolls, yams, cider, pie: how healthy can one be around this American holiday?

Some students said their Thanksgiving traditions included such active things as a football game or going on a family hike. But others said the day may be spent sitting watching a movie or gorging on a variety of traditional foods.

So what are some healthy ways to spend this day of gratitude?

Students on the BYU-Hawaii campus answered this question, sharing their own ditions and ideas to keep off the almost inevitable pounds that seem to encroach around the holidays.

- "I work out so I can eat more," said Shelley Ng, junior in hotel and tourism management from California. "When you eat a lot, you get tired so I also take a nap
- "Eat until your stomach is full and then stop. Don't overdo it," said Kate LeSuer, a 2008 alumna of BYUH.
- "I would say the best thing to do is engage in activities like football and surfing," said Scotty Olson, freshman in international business management. "Also drink lots of fluid because it helps you digest and it fills you up quicker than food."
- "Growing up, we used to camp on the beach for an entire week just surfing and camping," said Marc Winchell, junior in IBM from California, "and so the Thanksgiving meal seemed a lot smaller."

However some students said they believe people can still eat as much as they like and not forfeit feasting on all the good holiday food.

- "I would say eat as much as you can so you don't have to eat dinner later, and so you save money," said Pehrson Hawkley, senior in biochemistry from New Jersey.
- · "Eat as much as humanly, physically, [and] mentally possible up to your bottom lip," said Andy Pierce, sophomore in exercise sports science, "then go surfing immediately after ...It's a family tradition since I was 14."