



INSIDE

VOL. 82, No. 3

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THE LEADER
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Idol contestants perform to movie theme

Marni Vail
Staff Writer

Though not under the scrutiny of Simon Cowell, or the teary eyed Paula Abdul from Fox's hit show American Idol, 19 talented BYUH students went head to head competing for the coveted title of BYUH Idol for Saturday's movie-themed event.

BYUH Idol is one of the most talked about and widely attended event at BYUH, up there with Food Fest or Song Fest.

The contestants not only faced many of their peers but were also judged by three loose cannons that could critique anything from pitch to pants. Patsy Tuisaula, Daniel Bradshaw and Esther Macy were the faculty judges and Priya Ramachandram was the student judge.

The 19 contestants were:

Art Saowichit(12), Bayarmaa Dashdavaa(8), Bianca Tandiman(19), Chantal Mortensen(1), Charlene De La Rosa(9), Denzil Kumar(4), Jason Choi(16), Jerica Elu(5), Kent Carollo(7), Lauren Woodbury(10), Monica Morley(17), Phil Andrus(18), Ron Casaba(6), Sarah Davis(11), Si Tongi(2), Tevita Uhi(3), Tori Silverberg(14), Verona Kupu(13) and Fly'.

SEE **IDOL**, 11

PHOTOS BY RYAN BAGLEY
Left: Kent Carollo sinks to his knees while performing 'Footloose'.
Top: Charlene De La Rosa reaches to the audience to emphasize her song, 'And I am Telling You'.
Above: Jason Choi sings 'I believe I can Fly'.

Students
identify 'cool'
campus jobsMary Jantalert
Staff Writer

Being able to study at BYU-Hawaii does not only mean an opportunity to gain an education, but also a chance to gain work experience.

A variety of jobs are provided for students from all over the world and some of these jobs even match the subject areas students are majoring in. Even though many jobs are available, there are several "cool" jobs like art modeling, seashell classifier and student coordinator for performance series offered on campus.

Roxanne Miller, senior in professional biology from California, is a seashell classifier.

Miller knows how taxonomy works, and she memorizes charts in order (hierarchy of living things from Kingdom to Species) to be able to correctly identify and put each seashell in the BYUH Museum of Natural History to a category.

She said, "We have over 100 books to help us classify seashells directly, and we have about 3,000 seashells in this museum. Brother

SEE **JOBS**, 7

Oka Ohana Kamua: Family First

TVA Family Day involves family-oriented vendors

Brett Evans
Staff Writer

TVA Family Day, a Housing Department-sponsored event, was held Sat. Sept. 20 in the playing field next to the School of Education.

It attracted hundreds of Temple View Apartments residents with games, food, entertainment and family resources. The theme was Oka Ohana Kamua, meaning family first.

There were numerous attractions at TVA Family Day, aimed at both the children who live in TVA and their parents. There was a games booth, with face painting, balloon animals, a bean bag toss, Play-Doh crafts and other activities for younger kids; older children could jump on a bounce house or slide down an inflatable slide with a pool of water at the bottom.

Parents and couples could browse a freebie booth. The freebie booth featured donated clothes, toys, baby supplies and household items from residents of Laie and the surrounding area, who found out about it from flyers and door-to-door advertisement starting at the end of last semester.

Leilani Farao, sophomore in international business management, a TVA resident and volunteer with



PHOTOS BY RYAN BAGLEY

Above: Children splash to the bottom of the water slide at TVA's Family Day Saturday. Below: A Honolulu Policeman helps one mother take her child's fingerprint.

the freebie booth, said, "It's very successful today. People were here right at 10 a.m. Bedding and toys went first, but it's all going fast."

In addition to the activities, the 12th Ward Primary Keiki performed a Polynesian dance on the stage in the tent. Junior Primary girls, senior Primary girls and Primary boys all performed dances from all over the Pacific Islands, including a special, four-girl Tongan dance. The performance was a crowd pleaser, with lots of cheers and clapping coming from the main tent.

Another unique aspect of Family
SEE **FAMILY**, 24





GENERAL CONFERENCE SCHEDULE
PLUS RELIEF SOCIETY BROADCAST

Live General Relief Society Meeting: 9/27 2 p.m.
Laie North Stake Center

Saturday 10/04

Live General Conference morning and afternoon sessions: 6 a.m. and 10 a.m.
BYUTV (TVA and Hales)
Oceanic Cable (channel 49)
Laie North Stake Center
Laie Stake Center

Delayed General Conference morning and afternoon sessions: 10 a.m. and 2 p.m.
BYUH Stake Center

Sunday 10/05

Live General Conference morning and afternoon sessions: 6 a.m. and 10 a.m.
BYUTV (TVA and Hale)
Oceanic Cable (channel 49)
Laie North Stake
Laie Stake

Delayed General Conference morning and afternoon sessions: 10 a.m. and 2 p.m.
BYUH Stake Center

Rebroadcasted Priesthood session and General Relief Society meeting 7 p.m.
BYUH Stake Center - Priesthood
Cannon Activities Center - Relief Society
Laie Stake Center - Relief Society

KE ALAKA'I

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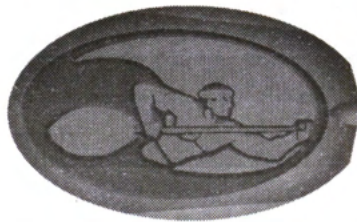
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25 THURSDAY	26 FRIDAY	27 SATURDAY	28 SUNDAY	29 MONDAY	30 TUESDAY
<p>Campus</p> <ul style="list-style-type: none"> 10 am aud Career Service Forum, 2-3:30 pm acr 155/65 Career Services Every thur year-round, papaya's 60 cents/lb 675-3443 <p>Town</p> <ul style="list-style-type: none"> "Unexpected Color" Art Exhibit, Sep 3-27. For more information email info@chintownboardroom.com 5th Annual Cinema Italiano Festival Sep 25-30. For more information call 532-8700 	<p>Campus</p> <ul style="list-style-type: none"> 10-12:30 am acb DANCE 7 pm lth movie "Shrek 1" 9:30 pm lth movie "Shrek 2" <p>Town</p> <ul style="list-style-type: none"> "Ili Iho: The Surface Within: Exhibit Sep 13-Jan 11. For more information call 847-3511. 	<p>Campus</p> <ul style="list-style-type: none"> 7 & 9:30 pm acr 155/165 movie "Zoom" 9:30 pm CAC BYUH Idol Night General RS Mtg <p>Town</p> <ul style="list-style-type: none"> First Manoa Jazz Festival for more information call 956-8246 	<p>Campus</p> <ul style="list-style-type: none"> 6:30pm aud 3rd stk Leadership training 	<p>Campus</p> <ul style="list-style-type: none"> 11:30-4:30 pm acb Blood Drive 	<p>Campus</p> <ul style="list-style-type: none"> 10am CAC Devotional with Max Checketts 11:30-4:30 pm acb Blood Drive
1 WEDNESDAY	2 THURSDAY	3 FRIDAY	4 SATURDAY	5 SUNDAY	6 MONDAY
<p>Campus</p> <ul style="list-style-type: none"> 9-5 pm mall culture day 10/1,10,23 Security Shuttle M-Th 9 pm-12:30 am Fri's 9 pm-1:30 am (non on Sat/Sun) 	<p>Campus</p> <ul style="list-style-type: none"> 10 am aud els w/Ed Hubenette 10 am lth Faculty mtg 2 pm acr155/65 FM & A Every Thur year-round, papaya's 60 cents/lb 675-3443 <p>Town</p> <ul style="list-style-type: none"> Decades of Abstraction: From the Collection of the Honolulu Academy of Arts, Oct 2-18. For more information call 532-8700 	<p>Campus</p> <ul style="list-style-type: none"> 9:30 pm CAC BYUH Idol part3 No movie/dance Payday 	<p>Campus</p> <ul style="list-style-type: none"> 10 am & 2 pm stc General Conf from SLC 7 & 9:30 pm lth movie <p>Town</p> <ul style="list-style-type: none"> 32nd annual Day at Queen Emma Summer Palace 9am-4pm Ko Olina Taste at Kapolei, 5:30-9pm, for more information call 674-2500 	<p>Campus</p> <ul style="list-style-type: none"> 10 am & 2 pm stc General Conf from SLC 7 pm cac Women Rebroadcast, 7 pm stc Priesthood rebroadcast 	<p>Campus</p> <ul style="list-style-type: none"> 2 pm acb skin care & stress relief wkshp Health & Wellness Week (for full/part time employee's) 675-3674

For more activities check out gohawaii.com



Clearing up U.S. electoral confusion

Unity comes through forgetting party lines



Jenna Chidester
Staff Writer

The past eight years in United States history has seen the country transform. Whether or not you approve of President Bush, you cannot deny that his presidency has polarized the citizens of this nation and many of the U.S.'s allies and enemies throughout the world.

Now as candidates race for the White House at full tilt, they're pulling out the stops and all the tricks to try and grab up as many votes as possible. They make promises: to reform Washington, to stop the downward economic

spiral, to bring our soldiers home, to find that elusive answer to the oil question. All these are important issues. But what we really need right now is a president that will bring this country together.

Enough with the 'us vs. them' mentality. Bi-partisan politics is just not cutting it, and has lead to a splintering of the parties, which we saw with the plethora of potential presidential candidates as the race began last year.

The problem with all these divisive and divided factions is that nothing is getting accomplished.

We're stuck in Iraq and no one is sure how or when to get out.

Do we remain as an occupying police force committing American lives and dollars to a cause with no apparent solution, or do we pull out and let Iraq become a vacuum of despotism and terrorist activity?

The economy is nose down and losing altitude.

But is the answer to continue bailing out big companies for a quick fix or to offer tax rebates that haven't worked any of the times they tried it in the past? And when exactly will we wean ourselves of oil — before or after we pillage the Arctic National Wildlife Refuge?

I believe Americans are tired of the partitions, as

manifest by the candidates they've chosen to represent them. Republican John McCain is so moderate that he's spent a good part of his campaign trying to convince his party that he is conservative "enough," which was probably a motivating factor for his choice of ultra-conservative VP pick, Sarah Palin; and Barack Obama, originally a Democratic outsider, who's made a case for his barrier-breaking campaign based largely on his promises to move beyond partisan politics.

For the first time in recent history, there are expected to be a huge amount of crossover voters; Republicans attracted to Obama's moderate

politics and former Hillary-supporting Democrats now pulling for Palin.

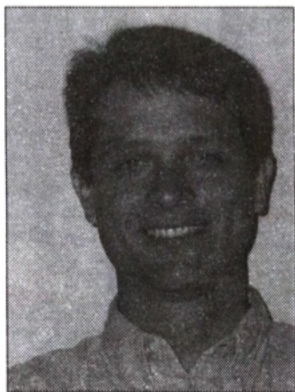
The Civil War was waged to unite this country and we need someone willing to continue the fight for unity today. Citizens need to come together to take part in the democratic process; government for and by the people, not big business, not special interest groups, and not the good ol' boys.

Make your voices heard, and let's find a person to lead us that we can have confidence to follow. Forget the parties and the slogans, and ask yourself who can lead a united America.

"Enough with the 'us vs. them' mentality. Bi-partisan politics is just not cutting it, and has lead to a splintering of the parties... The problem with all these divisive and divided factions is that nothing is getting accomplished."

JENNA CHIDESTER
on the U.S. elections

Faculty member says fond Aloha to previous dean



Troy Smith
Political Science Professor

employees want a boss they can trust," he told me, "and to be trusted by their boss."

Jeff ran the largest school on campus with the most students and the most faculty. Yet, I know of no faculty who faulted Jeff for his leadership or management of the school.

Across the school, as departments considered the implications of restructuring, always near the beginning of the conversation was the comment, with nods of assent, that a negative would be losing Jeff as Dean.

Jeff's trust was infective. Rather than believe that he had all the answers and I should fulfill his commands, he trusted my reasoned judgments about what was best for my students and what would help me succeed professionally.

At first, the trust was liberating and exhilarating, but with liberty - one soon learns - comes responsibility. And, as I soon realized, it is not the liberty that brings joy and satisfaction, but fulfilling one's responsibilities.

Jeff observed and praised the good that he saw in me, which encouraged me to do more and be better.

Around the School of Arts & Sciences I have found professors encouraged by Jeff's trust. They have given extra time and effort to provide unrequired programs, concerts, and assistance with little acknowledgement or reward, because,

"Jeff's trust was infective. Rather than believe that he had all the answers and I should fulfill his commands, he trusted my reasoned judgments about what was best for my students and what would help me succeed professionally."

TROY SMITH
on Dean Jeff Burroughs character

with Jeff, they wanted to help students and improve this school.

Some may think that the gas tank has a leak, and all will admit that BYUH is not without problems, but there is also much good and praiseworthy that professors have worked to develop, in no small part, as a result of the trusting and encouraging environment that Jeff has helped create.

The role of trust in creating a cooperative, functioning, friendly community is often overlooked and neglected.

Adam Smith, the father of capitalism, is often denigrated for promoting competition, but Smith recognized at the heart of capitalism is a morality built on trust. The cooperation required to produce goods, and the free exchange of those goods is much easier, cheaper, and less dangerous if the producers, buyer and seller trust one another.

Creating and cultivating trust is not easy, destroying it is. Trust is the lubricant of flourishing communities.

Jeff exemplified to me how power may be exercised through example and persua-

sion rather than coercion and edict.

He invited faculty to join with him in this difficult but rewarding endeavor of lifelong learning and teaching students.

Jeff showed to me, a student of power politics, how power and dominion may flow to one forever and ever "without compulsory means" (D&C 121: 46).

It has been a deep reward and pleasure to work with, learn from, and be praised by Jeff. It is with sorrow that I part his company and leadership, but also with the hope that our friendship and relationship may continue and deepen despite the distance separating our schools.

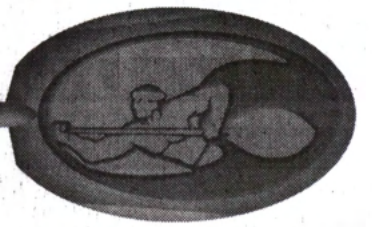
Aloha Jeff

As a result of the recent college restructuring, I will lose one of the best bosses I have ever had the pleasure of working for.

"Working for," in this case, is inaccurate. "working with" more aptly describes the relationship Dean Jeff Burroughs created with his employees.

Jeff made me (made us in the School of Arts & Sciences) feel like a partner in our endeavor to teach students and build the reputation of this school.

Jeff once shared with me a piece of gold - his rule of management. "I think



Success is measured by faith, says devotional speaker

Elder Keith Edwards says faith is found in humility, not boasting

Ryan Anderson
 University Relations Writer

Our accomplishments cannot be measured by worldly means, but by the amount of faith we have, taught Elder Keith R. Edwards, Philippines Area President for the Church of Jesus Christ of Latter-day Saints, during his devotional address at BYU-Hawaii Sept. 23.

He built his address around the idea that "faith is not built on minimums" and encouraged all in attendance to increase their

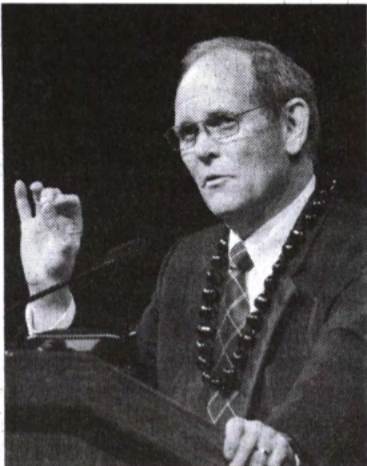


PHOTO BY MONIQUE SAENZ
 Elder Keith R. Edwards spoke about increasing personal faith at Tuesday's devotional.

faith by doing more than is expected.

After quoting Matthew 14:22-31, he said, "That story is often quoted to suggest that Peter had faltering faith. But I note as I read in Matthew that Jesus 'constrained'

all of his disciples to get into a ship. That suggests the presence of at least 12 people on the boat, but only one, only Peter, was willing to 'get off the boat'...

"Similarly, although his faith may have failed, it was at least strong enough to carry him close enough to the Savior that when he cried out for help, the Savior could stretch forth his hand and save Peter."

"It was a great experience to listen to Elder Edwards," said Carol Ngyuen, sopho-

more in art from Vietnam. "I always love to apply the things I have learned during devotional, and I really felt the spirit of missionary work today. I want to be a better member missionary," she added.

A young missionary serving under Elder Edwards while he was a mission president in Zimbabwe boasted of his success as a missionary, measured by the number of baptisms in which he had participated.

After recounting the story of Abinidi, who gave his life in preaching and prophesying to see no results and die at the stake, Edwards explained that he wrote back to this young missionary and asked if his 50 baptisms made him better than Abinidi.

Frankie Sun, a returned missionary from Shanghai, China and junior in international business management, said he knew missionaries like the elder in Zimbabwe who boasted of their accomplishments.

"Some people like to brag like that," Sun said, "but I think it's more important for all of us to learn to be humble, and remember that we are all the Lord's instruments, and everything we do is for his glory."

He closed his address with a letter from another Zimbabwean missionary, but of a different nature. The sister missionary wrote the then-President Edwards to tell him of a faith promoting experience she

had after a long and unsuccessful day out in the field. That sister called it a "defining moment," said Edwards.

She and her companion followed the spirit while seeking out less-active members of the ward they were working with, but she had doubted their work due to lack of success, and had a conversation in her head about the events of the day. Edwards shared the image that came into the sister missionary's mind at the end of this conversation, as shared in her letter:

"Then an image came to my head of me kneeling [before] My Father in Heaven, sobbing [and] saying, 'I love you so much - but I don't have the ability to show that love. Whatever I give will never be enough!' Then I saw the Savior kneel next to me and say, 'Father I love her so much that whatever she can't give, I will make up. Please accept her offering.'"

Charmaine Chen, junior in accounting from Kaneohe, appreciated the sister missionary's story and said, "I think we can all have experiences like this, because we all have bad and depressing experiences. But if we stay positive and try and learn from them, we can all grow closer to the Lord, and in the end, all those bad experiences will seem like good ones."



For more stories, check us out at:

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VIEW PHOTOS,
 VIDEOS,
 POST YOUR
 THOUGHTS ON
 OUR BLOGS
 and MORE!



MORE FRESHMEN THAN USUAL?

Karly Zobrist
 Staff Writer

If it seems like there are more freshmen this semester, armed with campus maps and that contagious new-kid excitement, that is correct. The Dean of Admissions, Thomas Bloss, confirmed that the admission of new freshmen is, "slightly higher than the previous two falls."

He said this is because of an influx of qualified applicants, as well as a greater effort to meet BYU-Hawaii's enrollment capacity.

Matthew Newbold, senior in accounting from California, is a member of the 3rd ward. He said, "Our ward FHE is packed to the brim this semester. We have mostly new freshmen students in our ward and there are a lot of dorms in our boundaries." He isn't the only person to notice the .

Taylor Pierce has been a dorm mother for over a year now. Although she manages Hale Two, which is only open for junior and senior residents, she said she has noticed that the freshmen hales are more populated this semester.

"They are noisy and they don't know all of the rules, but they make up for these things with their excitement," she said.

Lindsey Huish, dorm mother in Hale Three, pointed

out, "For most freshmen this is their first away-from-home experience, which can be hard for some of them, but it also generates an infectious excitement."

According to Bloss, of the new freshmen, a large amount are from the United States mainland. Only 37 percent of the freshmen admitted in Fall of 2006 were from the mainland, while 54 percent of the 311 admitted this semester are.

Shelley Watts, senior in ICS, said she noticed the influx of Mainland students. "It has cut back on the diversity of the school population," she said, "but I understand that the increased enrollment helps the school financially."

Another senior, Michelle Bautista, Psychology major from Oahu, has observed the extra traffic in the halls as well. She works at the Reading and Writing Center and has noticed that the new freshmen coming in are a sharp bunch.

Bautista said she was excited to have more fresh perspectives on campus, "They seem eager to become better writers. They want to build better vocabularies and to meet the expectations their professors have for them."

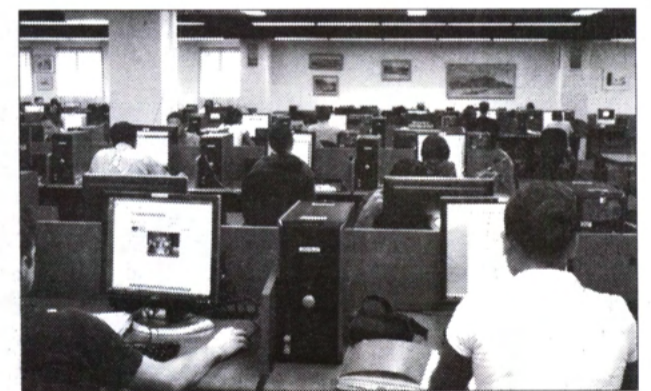


PHOTO BY RYAN BAGLEY
 Diligent students pile into the Library to snag a computer and get some studying done

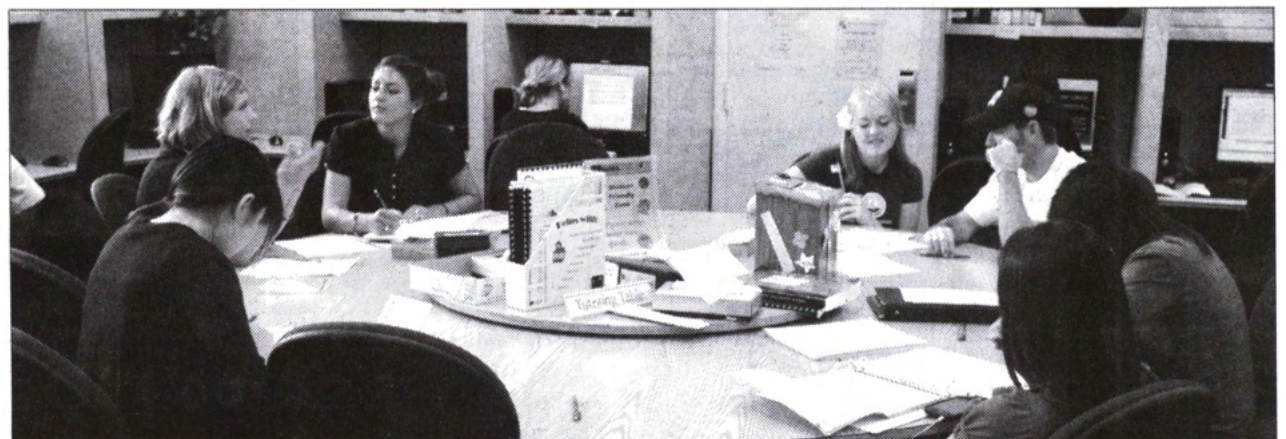
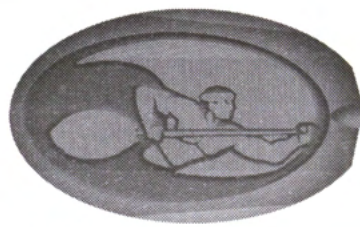


PHOTO BY RYAN BAGLEY
 The reading and Writing Center has seen an influx in the amount of freshman students coming in for help with their writing.



Freshmen step up to college level, use campus involvement to adjust

Meghan Seely
Student Writer

Going from the top dog in high school to the lowest rung on the ladder in college, freshman can find it difficult to make the transition from living at home to living on campus on their own. But Eric Orr, a BYU-Hawaii counselor for almost 10 years, said freshmen need to understand that "being away from home is a blessing."

Walking out of his office recently, Orr cheerfully whistled the tune "We Are Family," hoping to bring to the Counseling Center a welcoming atmosphere. Students affected by homesickness, procrastination, and difficult roommates, he said, come to the center seeking advice.

But "counseling is not advice giving," Orr said. "I figure out what the best thing for them to do is."

Orr said he asks students are they emotionally still connected to home or are they willing to break the ties to home and strike out on their own as students at BYUH.

"It's common to hold on to what is familiar," he said. "But students need to actually be here and start enjoying being here."

For freshman Katie Buxton, an elementary education major from Pennsylvania, it was easy to immerse herself into her new environment here at BYUH because she runs for the cross country team.

"I got to know people as soon as I got here," she said. "And I even have a few upper-classmen friends, which is nice."

She said however, it was difficult at first for her to adjust to the climate, the new regimen and the new techniques of college cross country, especially being on the varsity team. "There is a lot of pressure to go to nationals, but I've been running for five years. I can handle it," said Buxton.

Collegiate sports are not the only thing Buxton is handling with flair. "I feel like I'm starting to get the hang of college now. Before, you are kind of thrown into it. But now that we are two weeks into it, I feel like I know the expectations. I had to learn how to study, not just do homework."

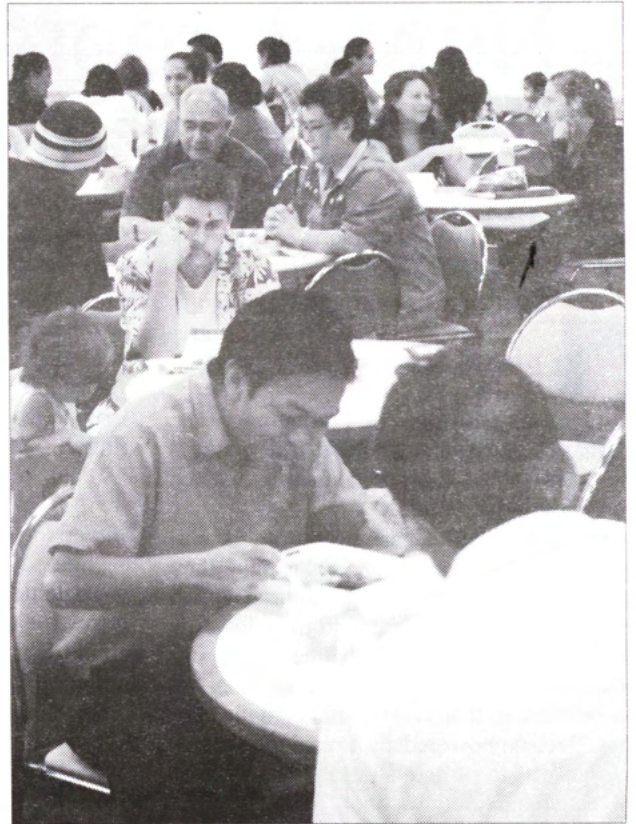
She said the cultural diversity on campus keeps class interesting, and the small class sizes have made it easier for Buxton to transition from a high school setting to a college setting.

"Before I left, my mom told me I would be a person, rather than a number. And it's true," she said.

Melissa Meline, freshman majoring in TESOL education, said she had a rough first day on campus. After traveling on a plane for six hours and waiting for the shuttle to campus for another three hours, she said she reached her dorm room starving and exhausted. The cafeteria was closed, she said, the Internet was not working on her laptop, and she had summer online homework due the next day.

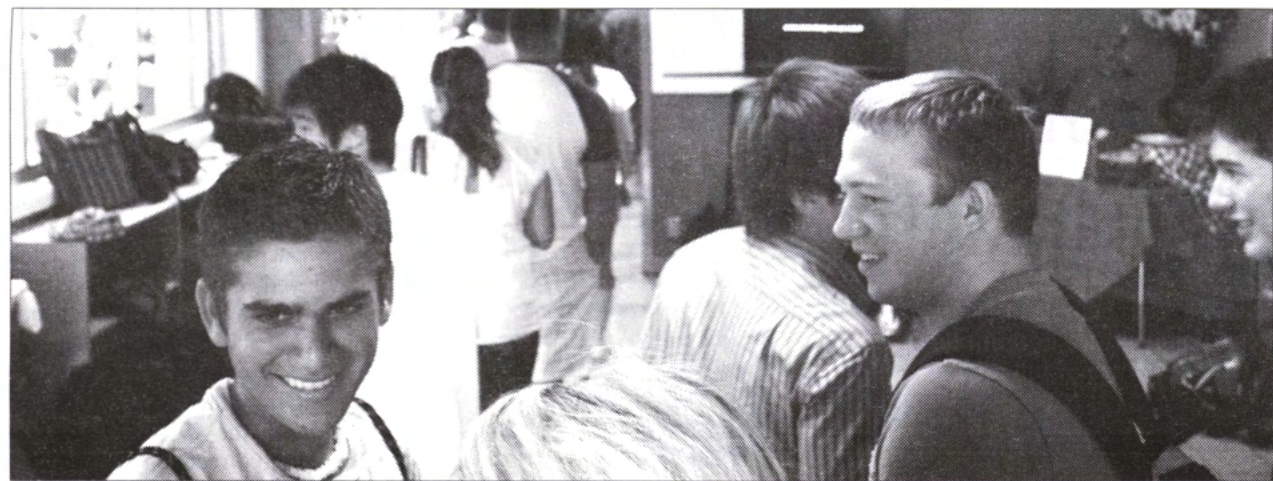
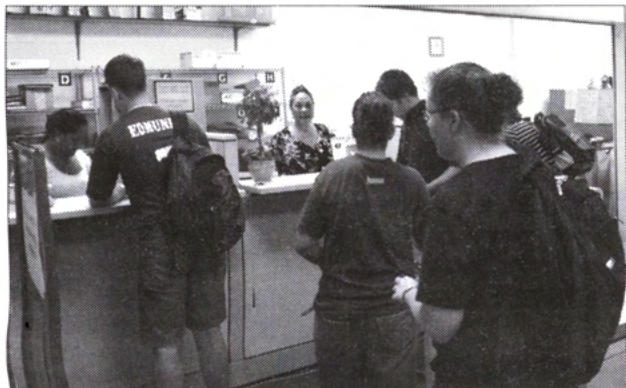
"It was very stressful for me," Meline said. "Plus, when I went to bed, I realized I didn't have a pillow."

Since then, she has stayed in contact with her family using a Web cam on her computer.



PHOTOS BY RYAN BAGLEY

Above: Students gather for lunch at the Seasiser. Left Top: Students, both new and old, line up in the Mailroom to post to, or receive packages and letters from home. Left Bottom: New freshman make friends at the cafeteria.



"I like it that way because they still lecture me," she said, but added she "can just shut the conversation off whenever I want to" since they are talking online.

Meline said she is also adjusting to college life by staying busy with her job at the cafeteria. Rather than worrying about her work interfering with her homework, she said she feels it will make her more determined to get her studies done.

Talking about having a roommate in the dorms, Meline said, it's "like living with any person. It can be awkward at times because you both do things so differently. But I get along with [my roommate]." And things have gotten much easier for Meline "now that I went to Wal Mart, and I have a pillow to sleep with," she said with a giggle.

Orr said after the first month of the Fall Semester, the counselors see fewer and fewer students suffering from homesickness. While there is a drop in students coming into the Counseling Center for a while, he said, when "procrastination and its negative effects show up after mid-terms and finals," students start coming back into the center looking for help.

"We even get what we call the post-[General] Conference bump, where those that are feeling guilty come in," Orr said.

New finance teacher a sports-fan in spare time

Kate Turner
Copy Editor

For new finance professor Erin Frederick of Los Angeles, California, weekends are spent cheering on her favorite college football teams, especially the University of Southern California (USC) Trojans and the BYU Cougars.

She sometimes devotes up to 10 hours on Saturday to watch the games with her family. Frederick hasn't missed a USC bowl game in five years and is an avid tailgater at whatever games she can attend. Unfortunately, living in Hawaii doesn't allow Frederick to attend every USC game she would like, but luckily she is also a supporter of Seasider sports, having once played volleyball for BYU-Hawaii.

Frederick says she is excited to be returning to BYUH, although this time as a professor in finance. Frederick first re-

ceived an undergraduate degree in marketing from BYU-Provo and then went on to receive an MBA in finance, also from BYU-Provo. She has since spent approximately 23 years in the financial service (banking) industry working for big name companies such as Bank of America, Merrill Lynch, Wells Fargo and Citibank all in the L.A. area.

Frederick has spent her entire financial career in private banking, which, put simply, is lending lots and lots of money to very wealthy people. Frederick also has a background in commercial real estate, having been a property owner of a 36-unit apartment building located in Rexburg, Idaho for a few years now.

Although Frederick has never taught formally before, she has had the opportunity to hire a lot of people for the financial service industry while working in manage-



PHOTO BY MONIQUE SAENZ

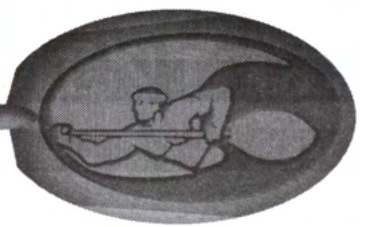
Erin Frederick, new Finance Professor, joined the faculty this semester with her extensive background in both private banking and commercial real estate.

ment positions. Frederick said, "My goal is to teach [students] the things that I'd wish [new hires] had known when they walked

through the door." Frederick said she is happy to be here at BYU-H and hopes to become the "pied piper" of finance; helping students to love the subject as much as she does. According to Frederick, finance is a global language, "I really hope to help students prepare for jobs in the area of finance worldwide," she said.

Aside from college football and finance, Sister Frederick's other passions are hiking and her family. She has had the opportunity of hiking both the Grand Canyon and the Half Dome in Yosemite National Park in California in recent years.

Sister Frederick came to BYU-Hawaii accompanied by her husband, Matt Frederick, and three of her four children. Her oldest daughter is currently engaged to be married and attending BYU-Idaho. Her son Andrew is currently preparing to serve an LDS mission at the end of October in the Lubbock, Texas Spanish-speaking mission. Her second daughter, Holly, is attending Kahuku High School as a sophomore and will be playing on the girls soccer team there and her youngest, Preston James (PJ for short), is a sixth grader at Sunset Beach Christian School this year.



New entrepreneurs bring global ideas

Ryan Anderson
University Relations Writer

Two new faces now call the Willes Center for International Entrepreneurship and BYU-Hawaii home.

James Ritchie became the director of the CIE in August, and Leonard Black joined as the new Entrepreneur-in-Residence around the same time.

Together, with Charles Stratton, the Entrepreneur specialist, the team said they hope to expand the entrepreneurial vision to all students on campus and work towards building relationships with other university campuses on the island of Oahu.

Ritchie said he and the others in the center "feel empowered by President Wheelwright and the administration to be more of a resource to all the school."

He also gave his explanation on the importance of entrepreneurship and the Center on campus:

"Everyone that comes to BYU-Hawaii

is going to go home and compete in the business world. Each job applicant has to sell themselves to their employer in one way or another, and we can help them gain those skills. Also, we want to help graduates use the things they've learned here to be good leaders in the community and the Church," Ritchie said.

Black and Ritchie both shared their desire to align the Center with the focus of the University on the Asian area.

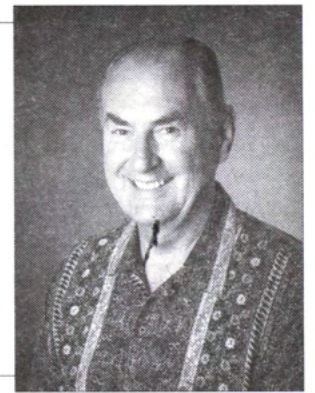
"Someday the Church will go to China," said Ritchie, "and we want to have success stories for the students of those countries around China so we will have strong ties in that area. If we can't build ourselves in Japan, Korea, Vietnam and the Philippines, how can we survive in China?"

As for the Center's well-known Business Plan Competition, Black said they hope to expand the competition and number of participants, especially by involving more non-business majors.

Both Ritchie and Black encouraged

"I encourage all students... to get some education in entrepreneurship or small-business management..."

LEONARD BLACK
Entrepreneur-in-Residence



all students to enroll in BUSM 383, the small-business management class currently taught by Black, and they said they want all students on campus to enrich their lives, they said, through the skills and abilities offered by the programs of the CIE.

James and Carolyn Ritchie

While a missionary in Scotland, Ritchie served under Elder David B. Haight, a former Apostle for the Church of Jesus Christ of Latter-day Saints. Ritchie said his life has been formed around a piece of advice given to him by the then-President Haight: "Get your education, make your mark in life, and then prepare to be used by the Church." He said he has followed the advice of his mission president throughout his life. After returning from his mission and receiving an education at BYU in Provo, he married Carolyn Orton in 1966 and then started his career as a life-long entrepreneur.

When Ritchie was just getting started with his business ventures and his family, he said he owned up to 26 businesses simultaneously, was a bishop and worked long hours, leaving Sister Ritchie to raise their eight children – four boys and four girls – he said. "My greatest accomplishment in life is that I married well and I have

eight great children that are all temple married and active in the church. I owe all of that to my wonderful wife."

After many of his businesses became successful and an income was more easily secured, Sister Ritchie reminded Brother Ritchie of the third part of Elder Haight's remonstrance: "Get ready to be used." Soon after, Brother Ritchie was asked to be a seminary teacher in California, and a life of Church service ensued. He was a Stake President in Simi Valley, a mission president in Virginia, a CES missionary in the South Pacific and in West Africa, and then the MTC president in Western Africa from 2004 to 2006. Shortly after returning home, he said he received another phone call to serve as the director of the CIE at BYUH.

Sister Ritchie is currently a volunteer as the administrative assistant to JoAnn Rhodehouse, who is the administrative assistant to President Wheelwright, and she also works with the Religion Department teaching a Book of Mormon class.

"With all the training and missionary experiences and with the CES training we've received, Sister Ritchie and I feel very anxious to see how we can apply our skills and knowledge here. We feel blessed to have had so many opportunities to serve."

Leonard and Susan Black

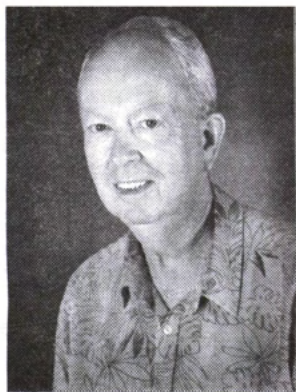
Leonard Black, also an experienced entrepreneur, brings different skills and an entirely different background to the table. Wearing a pair of black All-Star Converse and at a height of 6'4", Black reminisced about his days at the University of Utah where he played collegiate basketball, spent time surfing and building street rods in Huntington Beach, arguably the surf capital of California.

After retiring from the "business arena," as he called it, in the 1990s, Black was asked to create and direct an entrepreneurship center at his alma mater, where he launched and grew a number of successful entrepreneurship activities for students, including venture funds and a state-wide business plan competition.

"We had over 600 teams involved in our competition," Black said, "and it's still ongoing. We also created the first-ever, independently-run, student-based venture fund, now carrying \$18 to \$20 million."

Black and his wife, Susan, have three boys who have families of their own and are all involved in entrepreneurial-like activities themselves. Sister Black works on various programs with her husband at the center, as well as being a tutor, a volunteer at the Polynesian Cultural Center and a worker at the Laie Temple.

Black's advice to students at BYUH: "I encourage all students, regardless of major, interests or long-term professional goals, to get some education in entrepreneurship or small-business management because the skills learned through running a small business – earning and tracking revenue, watching your payables, and marketing – will eventually be a great help to anyone in any kind of business pursuits. Whether they are in the corporate world or on their own, those skills will help anybody."



"If we can't build ourselves in Japan, Korea, Vietnam, and the Philippines, how can we survive in China?"

JAMES RITCHIE
Director of CIE

Slow pace and complications cause indecision with new hiring process

Brett Evans & Alyssa Herzinger
Staff Writers

The launch of BYU-Hawaii's new student employment system, called YCareers, has caused mixed emotions among students, staff and faculty. The system was implemented for all part-time student jobs for the 2008 Fall Semester.

YCareers is an online application that enables students to browse all job listings available and apply for desired positions online.

This system also enables employers and potential employees to consolidate resources into one place.

Kim Austin, director of the BYUH Career Center, explained that before YCareers was used for all campus employment, students would have to run all over campus to find, apply for and be hired for jobs. She said the current system will end lots of the "grunt work" associated with the job hunt.

The system requires each applicant to submit a resume online, which then needs to be approved by a Career Center representative. After that point, the student can apply for jobs online and schedule personal interviews with employers. Austin said that both students and employers need to treat student jobs more like "real jobs, giving students more responsibility."

Roger Goodwill, chair of the BYUH biology department, said, "I think the idea is a good idea," and then added that "the volume of students was too high" to effectively process each applicant in a timely manner. "Most students need to work to pay their bills,

and that's not happening," he said, including that many of his students have missed weeks of work because they didn't understand how the hiring process works. "At some point in time, it will be overcome," he said.

BJ Liau, a junior in international cultural studies from Singapore, feels the same way. Liau has been working at the Reading

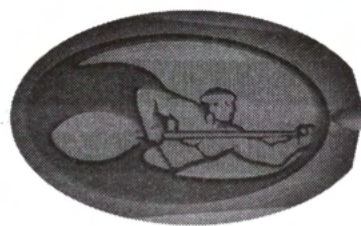


COURTESY OF YCAREERS.COM

and Writing Center since winter of 2008, but has noticed a drop in the RWC's employment. "It's been near impossible to hire tutors," she said, adding that later in the semester it will cause problems as more students schedule tutorials with the RWC employees. She estimated that 120 tutorials would have to be cut if their employment does not increase.

Employers are feeling the effects as well. Ivona Mills, manager of the Seaside snack bar, said she was experiencing a major setback in hiring employees. However, she does not feel that YCareers is a bad system. "YCareers is not to blame. I can see why it's there," she said. She still feels that a job in food service or a custodial position does not need such a complicated application process, especially since these are critical tasks for the upkeep of student life and sanitation. She added, "It shows improvement and progress, but it needed testing first."

With recently introduced programs such as the student employment fair, students have increased accessibility to help and the employment process. As for the sluggishness of the hiring process, Austin said, "The system is constantly being streamlined."



JOBS Continued From 1

Goodwill (a biology professor who is Miller's boss) also keeps buying new ones every week so that keeps me busy."

Few BYUH students are aware that there is a Museum of Natural History on campus.

"Not too many students know about this museum, so I hope that after reading this article there will be more people that come. We usually give tours to students from Laie Elementary and all elementary schools on the island," Miller said.

Vanessa Wong, senior in hospitality and tourism management from Hong Kong, said her job position is a media producer at the Media Production Center in the library. Students who work for media production are responsible for videotaping many events on campus.

"I've been working on video editing projects including devotionals. Also, we are making our own news shows, and we all became directors. [All the students] are from different backgrounds, but we work as a team. That is the best thing about this job," Wong said.

Sarah Davis, senior in ICS from Connecticut, helps create and run a number of events on campus that help keep BYUH students entertained.

"I am a student coordinator for Performance Series under the Student Leadership and Honor Department," she said.

"I do everything from being in charge of the contracts for Performance Series and actual concerts to coordinating Performance Series events, overseeing the promotion, designing Web sites, posters, advertisements and making sure that people are safe and have a good time at the events," Davis said.

BYUH's next-door neighbor, the Poly-

nesian Cultural Center also provides various jobs for both those who are participating in the International Work Experience Scholarship (IWES) and those who are not. Some PCC jobs allow students to make well over minimum wage.

Jessica Carlson, junior in accounting from Thailand, explained that her job - before she became a new mother - was to sell PCC entrance packages. She usually made at least \$14 per hour because she received a commission for each package she sold.

"I asked myself before I applied for this job whether or not I'd like it, and as I worked, I didn't feel like I was working because I liked doing it. It's challenging because it's not just working hour by hour. But, the harder you work, the more money you get," Carlson said.

"I asked myself before whether or not I'd like it. And as I worked, I didn't feel like I was working because I liked doing it."

JESSICA CARLSON
Junior
Accounting
Thailand
Previous
PCC entrance package
saleswoman

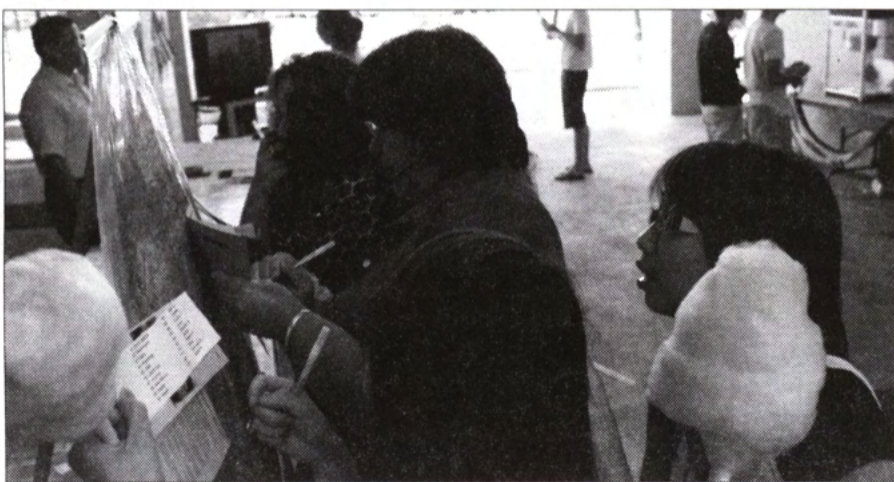


PHOTOS BY TING SHEN

Above: Students received awards for their participation in the form of cotton candy, popcorn and hot dogs.

Right: Faculty, staff and students gathered around booths to play games and win awards. Here, they use a map to match states with capitals.

Bottom left: Students welcome everyone coming to celebrate Constitution Day, Sept. 17. Attendees were given the chance to learn more about the document that helped form the United States.



Students remember the birth of a nation

Brett Evans
Staff Writer

Arguably the most important document in the free world, the U.S. Constitution was displayed and celebrated by the Financial Aid and Student Account Office at BYU-Hawaii Sept. 17 during Constitution Day.

The festivities, held in the atrium of the Lorenzo Snow Administration Building, took place from 2-4 p.m. and included games, informative pop quizzes, a video about the birth of the American Constitution, and participants also received prizes like hot dogs, cotton candy and popcorn.

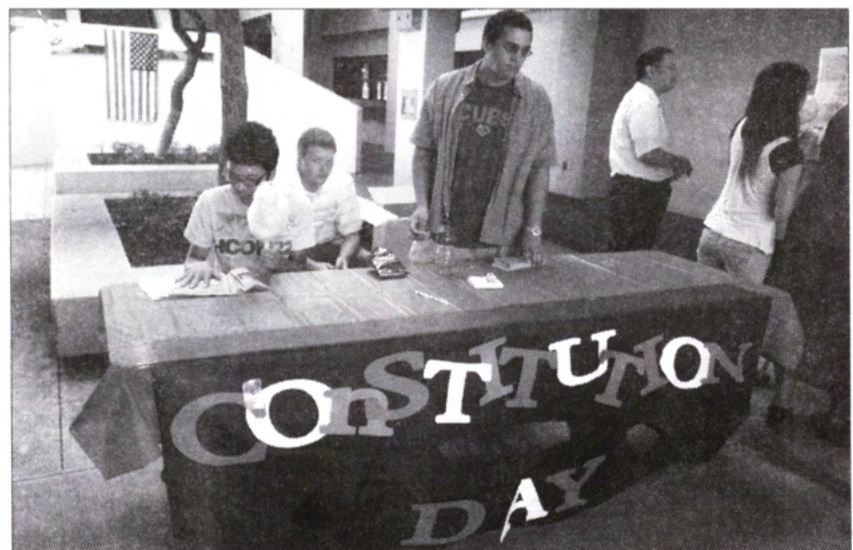
Rich Walker, a Financial Aid Counselor Supervisor from Chicago, said that Pell grants and other federal funding the students received encouraged the office to hold parties and celebrations to commemorate government holidays. He said that the office planned food, games and educational films to entice students to come learn about the American Constitution.

The commemoration featured a copy of the original Constitution and a game where players found state capitals, answered pop quiz questions about early American history and watched full-length documentary about the Constitution.

Pepper Muae, a manager of Financial Aid, said, "It's good to get the word out where everybody's federal money comes from."

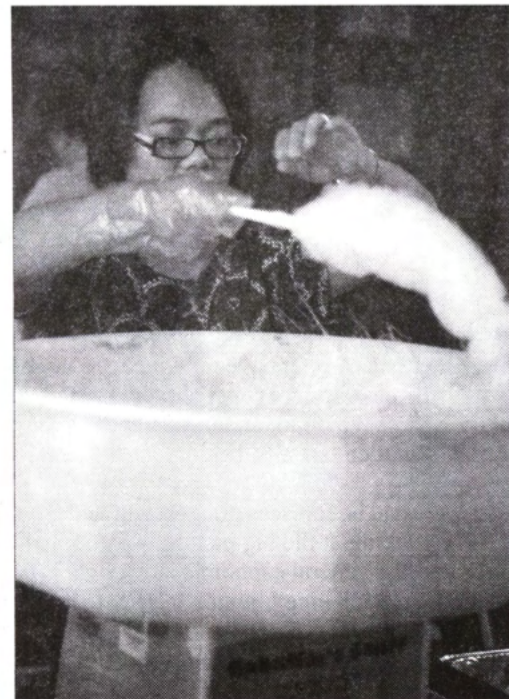
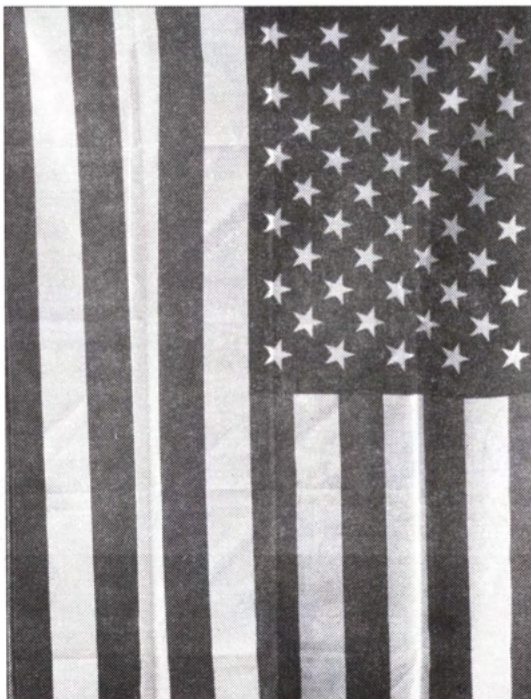
A number of students at BYUH get federal funding from the United States government.

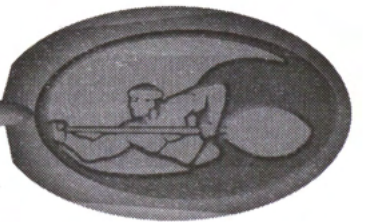
"It's pretty cool, informative," said Erdenebileg Purevsuren, senior in computer science from Mongolia. Even though he isn't a U.S. citizen, he said he enjoyed watching the documentary and answering quiz questions at the celebration.



PHOTOS BY TING SHEN

Right: The U.S. flag proudly hangs as the symbol of the nation. Far right: One of the Financial Aid Office workers helps at the festivities by donning plastic gloves and rolling cotton candy.





PHOTOS BY RYAN BAGLEY

Increased Seaside prices reflect rising cost of living

Jenna Chidester
Staff Writer

Many students are reevaluating their budgets since prices at the Seaside were hiked up at the beginning of the semester. "I live on campus," said Jessica Davis, a junior in special education from California, "and since they haven't raised the number of flex dollars they automatically give me, I get less for my money. Not only have they raised prices, but they're having employment problems as well, so there's always a long line. It's a lot of draw backs and not a lot of improvements, from a students point of view." But the prices are externally driven says David Keala, the Director of Food Services. "People are amazed at the price of food from here to the mainland, and a lot of it is the cost of shipping. Electricity has doubled in the past year, and flour and milk have increased dramatically."

Ivona Mills, the manager of the Seaside, said, "most of the prices have been handed down to us from the vendor. We haven't raised our prices since August 2007, and I can safely say that there have been at least five price hikes by vendors in the past year. And so at the beginning of this year we had to do something to help the University. [The Seaside] is not a money making operation."

Mills said, "The purpose of the Seaside is to be self sufficient. We don't want to be dipping into Church funds." She is now working hard to find ways to keep costs manageable at the Seaside. Prices have only been raised on the self-serve items, while the deli, stir-fry, and ice cream counter have remained the same, so that students still have less expensive options. The management is trying to save on maintenance costs such as electricity. An herb garden has also been planted to save on cooking costs.

Keala said he foresees prices rising in the future as well. "We're looking at the big picture; weather patterns worldwide and the general economic slowdown."

Bremen McKinney, junior in ICS from Oregon, said, "It's kind of scary. If we have to pay so much for food, I can't imagine what third-world countries are gonna do." When asked if the high prices deterred him from eating

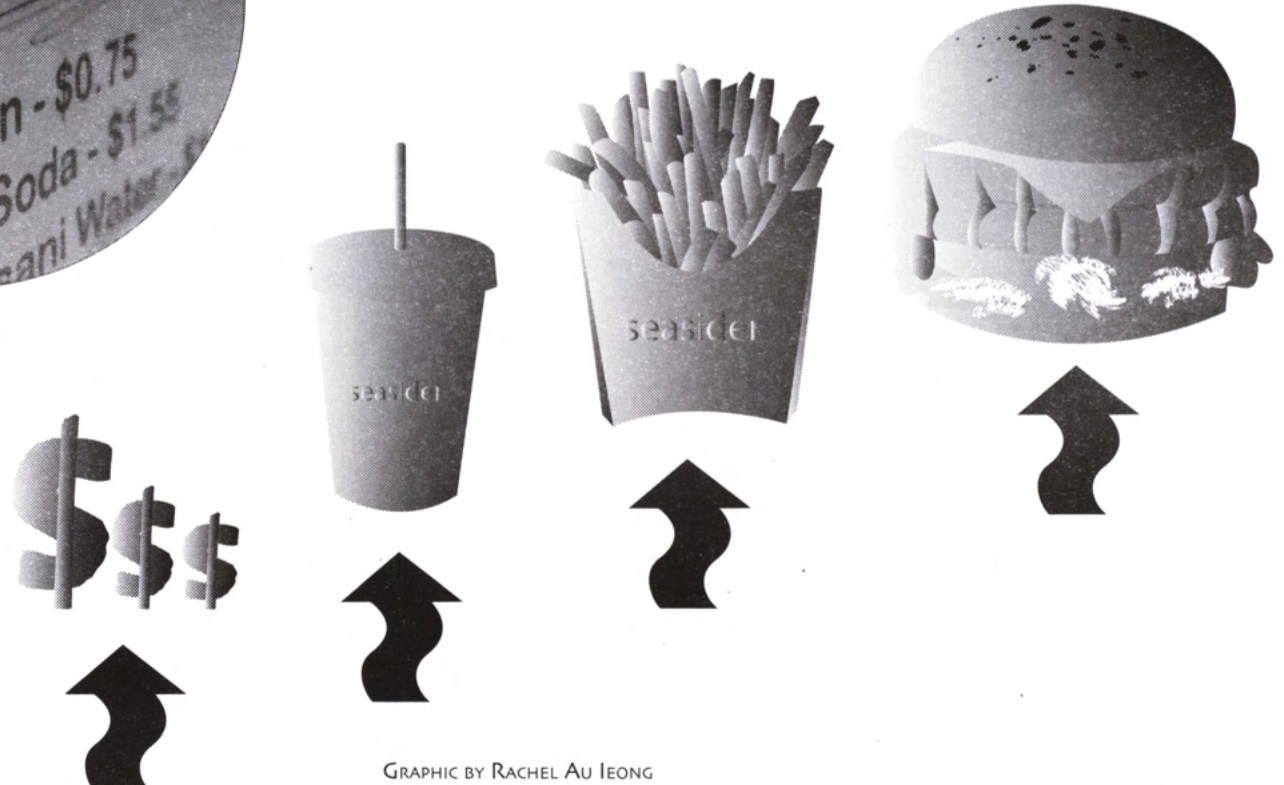
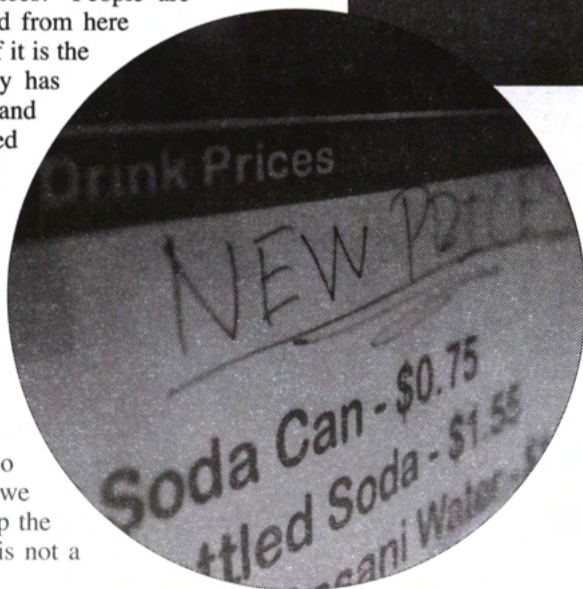
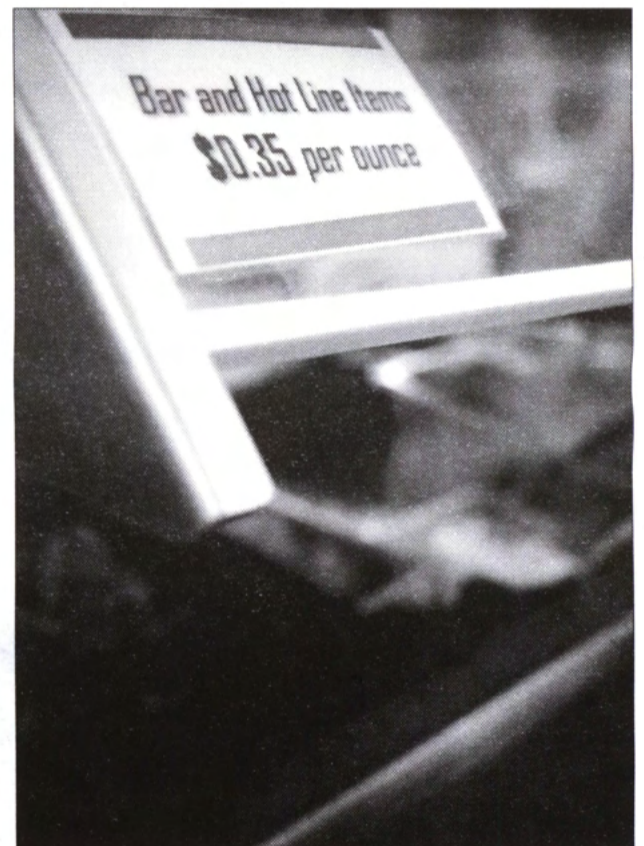
Above: A student serves lunch at the hot line in the Seaside. Hot line prices have risen this semester.

Bottom left: The Seaside advertises the new price raise for drinks. Bottom middle: A student hands over their lunch money to a cashier. Bottom right: New bar and hot line items are more expensive this semester than in the past.

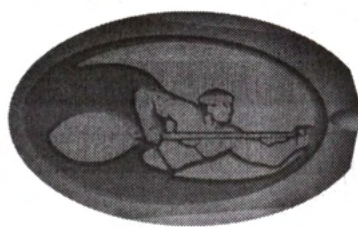
at the Seaside, he replied, "I can't not [eat at the Seaside]."

The Seaside will be offering specials and coupons throughout the semester to help draw in customers and as well as ease prices for students, added Mills. Printable coupons, schedules, and menus can be found online at <http://services.byuh.edu/Seaside>.

In the meantime, students will have to deal with the costs as best they can. Cowdery Cristiano, sophomore in communications from Oregon, summed up the situation; "To provide service, they have to take care of prices. I'm not going to complain."



GRAPHIC BY RACHEL AU IEONG



College students acquiring more and more debt

Silen Chiriboga
Student Writer

One out of every four college students are leaving school with more than \$5,000 in credit card debt, according to a poll taken by Zogby International.

Almost 76 percent of students say that credit cards have been marketed to them through tables set up on or near their college campus, according to the same poll. One third of these students added that the credit card companies had offered them free gifts.

"Credit card companies are increasing their efforts to target college students," said consumer program director of U.S. Public Interest Research Groups (PIRG), Ed Mierzewski.

He noted they target students partly with "free gifts that appear to be getting more substantial in value." Some of these gifts have been free t-shirts, Frisbees, candy, pizza, and more recently ipods when students fill out a credit card application.

According to U.S. PIRG, today, a quarter of college students are using credit cards to pay for tuition while half of them use credit cards to pay for books.

Since students have few if any financial ties, banks are competing to give students bank accounts and credit cards in hopes that they will return in the future in need of mortgages and car loans.

Banks often receive student information through cam-



PHOTO ILLUSTRATION BY TING SHEN AND RACHEL AU IEONG

This pile of credit cards was contributed by four students. According to U.S. Public Interest Research Groups, a quarter of college students are using credit cards to pay for tuition. Half use credit to pay for books.

pus activities and some colleges will give student information to businesses for a profit.

For example, during the first week of school in the Aloha Center at BYU-Hawaii, two local banks set up tables in order to inform students on how to open a bank account. Some students might argue that credit cards are somewhat necessary, especially here at BYUH, because of the large number of international students and students far from home.

Fortunately, BYUH has a strict confidentiality policy.

According to a source at the BYUHSA office, students' personal information is never distributed to the public or to any businesses.

With more and more online purchases and the overall convenience that credit cards provide, it is no wonder that there are 1.3 billion credit cards in circulation in the U.S.,

averaging out to about 12 cards per household, according to Sullivan, Warren and Westbrook authors of *The Fragile Middle Class: Americans in Debt*.

Since it is so inconvenient to live without a credit card in this day and age, it is important to take the appropriate precautions to help prevent credit card debt.

Colleges could implement financial planning courses or counseling centers that would teach students how to manage and keep track of a budget. Educating students about the perils of being in debt can help to create mature and informed adults.

According to USA Today, as of two years ago nearly a dozen states had put restrictions on credit card marketing on college campuses. Still, research shows that banks have become more aggressive about reaching students through phone, email and off campus locations.

Cutting costs at the Caf'

Cafeteria plans to trade trays for special events

Karly Zobrist
Staff Writer

The cafeteria going green? Anticipating a tray-less eating experience has some students turning red.

Getting rid of the trays in the cafeteria is all part of a plan that attempts to conserve water and reduce food waste. Some students are upset about how this may change their eating experience.

Students like Justin Abregano, a sophomore from Laie, who works in the dish room, are supportive of the program. Abregano said "there should be less waste, and less plates to wash" he said, "and as long as students don't mind getting up for seconds, it shouldn't be too much of an inconvenience."

Staisha Drager, junior

in art from Washington, said, "I see how it's good but I also think that there could be unanticipated problems"

Rebecca Dickson, freshmen and ICS major from California, already eats without a tray anyway, but her sister Alyssa Dickson, junior in EXS, said, "I like my tray. I want to keep my food and fruit separate and get a drink too!"

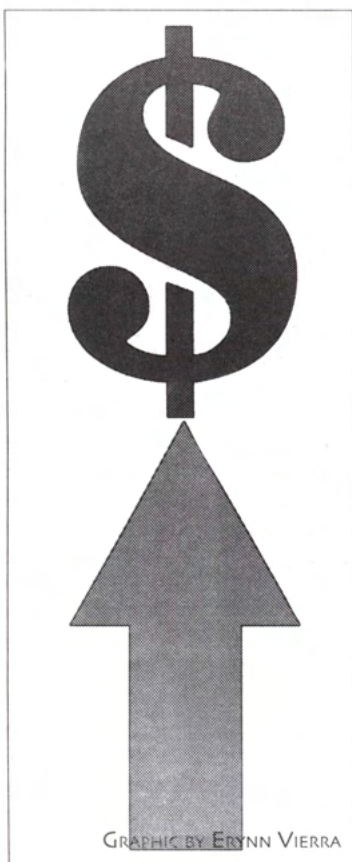
They both said they usually eat everything they take and don't see how not having a tray will help to reduce much waste.

Other students like Zach Perry, sophomore in CS/IT from Virginia, and Lanea Booher, sophomore in ICS from Washington, pointed out that not having a tray will only make it easier to leave rubbish behind on the tables, creating more work for the cafeteria staff.

"It could backfire too," Perry said, "if students are too lazy to stand up for seconds and decide to cram more food on their plates at a time"

Mary Lou Lee, the club dining facility Manger, said that getting rid of the trays might make room for more student-incentives like juice all day and maybe even ice cream Sunday bars.

Lee said, "What we are trying to do is keep the costs and waste down at the cafeteria. Students will not receive less, in fact, we plan on having more special events for them."



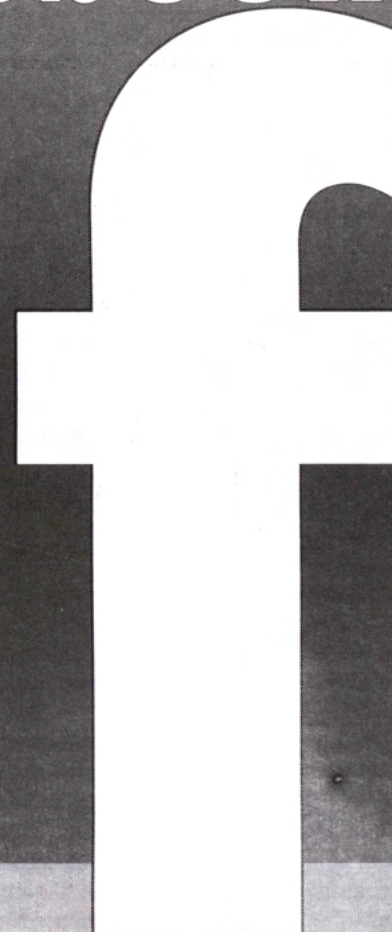
GRAPHIC BY ERYNN VIERRA

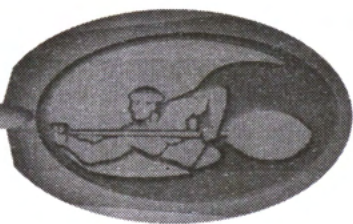
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WONDERING HOW TO GET CONNECTED TO CAMPUS EVENTS? HAVE A QUESTION FOR PRESIDENT WHEELWRIGHT?

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Earlier tuition causes some difficulty

Jamie Pon
Student Writer

The school announced it too late!" "I don't have enough time to prepare to pay my money!"

These are comments that were made by students after BYU-Hawaii moved up the deadline to pay tuition for this semester.

For the Fall 2008 Semester, the school changed its policy requiring students to pay their tuition seven days before school started. Students who failed to meet the new deadline were told a hold would be put on their myBYUH accounts, and they would not be allowed to drop or add classes. If students had still not paid their tuition after the first day of school, they were told the Registrar's Office would automatically drop all of their classes.

Many students said they were confused by and unhappy about the new deadlines.

"The changes are bad, and the late announcement for this policy didn't let students have enough time to prepare their money," said Tamara Fugal, a senior in social work from Hawaii. "It is unfair to some of the students that this policy doesn't really meet their needs. The school should tell the students earlier in order to make sure the students have enough time to get prepared, and especially some of the students who have to pay their tuition by themselves," she said.

Sau Chi Chan, a junior in hotel and tourism management from Hong Kong, said while the new tuition dead-

line didn't cause problems for her, it did create problems for other international students she knows. "This policy doesn't really bother me because I have already prepared the money for Fall Semester. But I know it caused problems for the new international students, because it takes time for them to open a bank account in order to let their parents transfer money from their hometowns. It is also unfair to the students who had their internships during spring and summer time because students may not get the information from school and so they can't pay their tuition online," she said. "Some of my friends complained that the school's Web site is always down," Chan added.

However, Shelia Luo, freshman in biology from Tonga, said she thinks the new tuition deadline will help students be more responsible. "This policy is good," she said. "It can help prevent the students from delaying their tuition payments and the school finding out they don't have enough money to afford the new semester."

In a September Question and Answer Forum, Michael B. Bliss, vice president of Administrative Services, talked about the new tuition deadline saying, "It's taken care of so many problems. We were having some situations where students were finding ways to postpone tuition payments until the end of the semester, and then we were into a collection problem."

"Paying tuition in advance makes sure students have the finances to go to school," Bliss said, and can prevent financial responsibility problems.

To Stay informed about changes at BYUH, students can:

1. Regularly check their personal e-mail addresses for informational e-mails from the university.
2. Check out the school's Web site, especially the Newsroom or the Ke Alaka'i Web site.
3. Stay connected to friends who are in school when you are not at the BYUH campus.
4. Call the Registrar's Office or administration offices for any inquiries.

For more information, visit www.newsroom.byuh.edu or www.kealakai.byuh.edu.

Faculty voice heard: Liberal arts education is best

Jenna Chidester
Staff Writer

Concerned with the future of liberal arts education at BYU-Hawaii, four members of the faculty approached Max Checketts on May 16, said Troy Smith, a political science professor.

According to Smith, Checketts, the vice president of academics, commissioned from them a report on what should be done to improve the quality of education here at BYUH. The outcome, 40 pages detailing the importance of cultivating and continuing the liberal arts tradition at BYUH authored by Smith and science department professor Marshall Bartlett, was an attempt to let the voices of the faculty be heard as decisions regarding the direction of the future of BYUH are made.

The report focuses on the importance of continuing the liberal arts tradition of BYUH as opposed to a vocational or professional approach to education.

"The idea [of a liberal arts education] is to help students become a full, complete human being with a clear moral compass and the skills to lead. That requires an understanding of morals and ethics, the ability to reason well, to be able to think in abstract terms and to clearly communicate your ideas in persuasive ways," said Smith.

According to its summary, the report was submitted as an "educational agenda that can help fulfill the vision and mission defined by President McKay" referring to the university's mission statement, which sets BYUH apart from others in the declaration that it "exists to assist individuals in their quest for perfection and eternal life and in their efforts to influence the establishment of peace internationally."

"We seek to accomplish this by: Educating the minds and spirits of students... [and] preparing men and women with the

intercultural and leadership skills."

In BYUH's mission summary it's also stated, "Successfully improving the quality of education at BYUH to fulfill this institution's mission and minimize unintended and negative consequences is more likely if educational reforms are consistent with the foundation laid by prophets and the legacy of BYUH."

Professor Smith said, "It's this idea of creating men and women of genuine gold; helping them to become leaders so they can go out and influence the world for peace in lots of good ways. Ultimately that's why we think BYU-Hawaii is distinct; it has this specific, unique mission that isn't part of Idaho or Provo."

Recommendations made by the report include teaching the idea of "practical reasoning"—"helping students to apply the general knowledge they have to specific situations and circumstances," explained Smith—and "more emphasis on developing students' reasoning, ethical and communicative abilities" by working on attracting the highest quality faculty available to BYUH.

Included in the report is a 'modest proposal' on helping faculty to be able to afford housing in Hawaii, a major deterrent to many potential professors.

While Smith and Bartlett gathered information from a wide base of faculty members, Smith said, "We don't think that we're right on all of the issues, but we do think that this can be the beginning of a conversation among faculty, students, and the administration about; what do we see as the goal of BYUH? What should our education be emphasizing?"

He said to others with opinions to share, "I found Brother Checketts receptive and willing to listen when we had something positive to present and to the extent that people are concerned, then I would encourage them to find a means to express their interest, concern, and suggestions for how to improve this place."

Playgoers: Prepare ears for some 'Joyful Noise'

Mary Jantalert
Staff Writer

The life of George Frideric Handel, who composed the oratorio, the "Messiah," will be presented to BYU-Hawaii students and people of Laie Nov. 6-8 in the play "Joyful Noise."

The play's director is Craig Ferre, a Fine Arts professor from Utah, and the auditions were held for the show Sept. 4-5 in the McKay Auditorium.

Randal Allred, English Professor from California, was chosen to be King George II of England. Allred has been performing in plays since 1995, yet he is still excited to be George II, because the role of George is his favorite character in the play.

"I'm excited to be George II because I like his character. George II was Handel's friend," said Allred, noting, "The first time I saw this play was in 1998 in Utah."

Anna Daines, undeclared sophomore from Washington, will be playing Susannah Cibber, a singer who is involved in a headline-making sex scandal.

"I'm very excited because I have not been in a college play before," Daines said.

Ferre, said that the reason he chose "Joyful Noise" to be the play this fall semester was that the play contained sacred words from the Bible and were used in the script. It was also written based on events toward the end of Handel's life. Ferre would like people to have an opportunity to enjoy sacred words through music in this historical play.

"The 'Messiah' has sacred words from the Bible that were put in the play, and I

The cast of 'Joyful Noise':

Susannah Cibber
Charles Jennens
George Frederick Handel
John Christopher Smith
Kitty Clive
Mary Pendarves
George II
Bishop Henry Egerton

want people to get a chance to enjoy it," Ferre said.

Ferre shared his work experiences and how he came to realize his dream of being an actor.

"28 years ago, I realized that I liked to act. I did my B.A. in theater, M.A. in acting and Ph.D. in philosophy of theater. I also wrote some plays, but it was not my area," said Ferre.

Ferre also gave comparisons of his work experiences from being an actor, costume designer and a director. He claimed that the most challenging part is directing a play.

"Directing is the hardest part, because you have to worry about everybody, but the actors only need to worry about themselves," Ferre said.

Ferre also said that, out of the 80 plays he has directed, he has enjoyed "Joyful Noise" the most.

"It's like asking who your favorite child is, it's hard to say. It's alive, so the one that I'm working on is my favorite," Ferre said.

In this play Ferre has Katrina Platt, senior in elementary education from Oregon, acting as his assistant director. Platt explained that although her major is education, she has been involved in both musicals and plays. Moreover, she had taken some theater classes.

"I have been involved in three musicals and a play, but this is my first time being an assistant director," said Platt. "I'm excited for this experience because I have never been a back-stage person before. Also, we have a good cast out, so people should come."

Anna Daines
Mike Buck
Aaron Daley
Chris Vergaray
Tessa Brady
Hollie Hamblin
Randal Allred
Michael Crowe



IDOL Continued From 1

Rivers Puzey(15).

Tandiman, sophomore in English from Indonesia started the night off singing "Cant Fight the Moonlight." The judges not only commented on the "energy" but also kept an eye out for fashion. Bradshaw gave Tandiman a pointer for next time, "a little more of a flash of color for a song like this."

De La Rosa's performance "brought the house down" according to Judge Bradshaw with her performance of "And I am Telling You." De La Rosa was so bubbly she perhaps overheated the judges when Bradshaw told her to "do something less show-off-ish next time". Patsy agreed with Bradshaw when she asked the purple-clad performer, "are you mad at something?" but then added, "Were gonna love you!"

Halfway through the show it looked as if Rocky Balboa had come onto stage. But after the hooded figure unveiled himself, the audience realized, that Puzey, junior in ICS/Exercise Sports Science from Oregon, was fully clad in Spandex as the character Nacho Libre. Puzey, who prefers the stage name "Nacho," sang a few lines but displayed his vocal chords when cried out, "NACCCH-HOOOOO!"

Aaron Puzey came out to support his big brother Rivers, and said he was flabbergasted "that there were so many funny and talented people".

The younger Puzey said about his elder brother's performance, "I wouldn't have wanted to follow that act."

Bradshaw, commented on Puzey's creative red and blue Spandex outfit and said, "Nice tights."

Mary Lal, senior in social work, from India, said she loved Nacho Libre and described the other young men in the show as "fabulous".

Choi, though he did not have wings or a cape like Puzey in the previous act, won the judges over and convinced the audience that he "could fly".

Andrus, returning contestant of BYUH Idol from 2007, loves to sing almost as much as he loves ice cream. Andrus was "not too proud to beg" the audience for their applause in his tempting billowy white pants. Andrus said, "The crowd was really responsive. It's always way more positive when people clap."

Students were asked to perform a song from a movie. In Andrus's case, he chose the song that he sang most in the shower.

Davis, senior in ICS from Connecticut, welcomed a sea of arms when she sang, "Hopelessly devoted to you". For Judge Tuisaula, Davis "brought back a lot of memories" and Tuisaula advised her to "carry on, to the next round!" Davis said excitedly about the competition, "I'm the next BYUH Idol!"

Saowichit, junior in art form Thailand sang, "Your Song" from the movie Moulin Rouge.

Kent Corollo, freshman in biology from Idaho, could IBM from



PHOTOS BY RYAN BAGLEY
FROM LEFT TO RIGHT, IDOL JUDGES ESTHER MACY, PATSY TUISAULA, DANIEL BRADSHAW AND PRIYA RAMACHANDRAM LAUGH AS THEY WATCH SATURDAY NIGHT'S PERFORMANCES. IDOL CONTESTANTS IDENTIFIED ON PAGE 1.

there were many who received applause based on their popularity rather than talent. And there were those who deserved more than they received."

Lyndsi Vela, junior in ICS from Washington thought Idol was, "really good but really long." Vela also wishes there was less serious performances, "Last year there was a lot more funny ones. This year there was only one."

On Saturday Sept. 27, the next round of BYUH Idol will commence and the 19 performers will give it one more shot before seven or eight are eliminated. Three finalists will be chosen to perform at Food Fest, and then a rising star will be born.

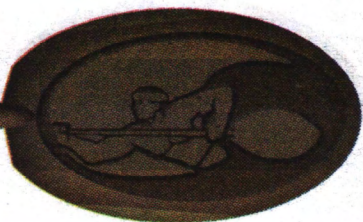
Who will be the next BYUH idol? Who is your idol? You can vote three times. Visit, <http://student.byuh.edu/voteidol> to vote.

Elvis on stage as he sang and danced to the beat of "Footloose".

Many students tried out to make the cut for the first round of BYUH Idol.

100 contestants tried out but only 19 were chosen to perform Saturday night. Judges commented on each of the performances and sometimes the audience members didn't always see eye to eye with them."

Addison Rader, sophomore in California said, "Think the judg-



Watch for waves Swimming safety

Kyle Howard
Staff Writer

There are two dangerous factors to always remember when swimming in the oceans of Hawaii: riptides and currents.

Riptides are found on all shores of the world, but are extremely strong in Hawaii.

"A riptide is water flowing out to sea. It is caused by incoming waves and the larger the surf the stronger the current," says waimeabaylifeguards.com.

One winter in the Hawaii surf testifies to the truth of this statement. Plainly stated, if caught in a riptide the swimmer is swiftly pulled out to sea with almost no control over the situation.

The Web site further encourages swimmers not to panic if they are caught up by a rip current, and to "keep in mind that the

waves are pushing toward shore so use this fact to your advantage and let the waves help as you make your way back in."

To avoid these problems one option is to not swim. Yet, for those who enjoy the ocean, some knowledgeable students have helped provide some basic guidelines for a safer day at the beach.

Rob Harmon, junior in international business management from San Diego, California and ocean lifeguard said, "The ocean is Hawaii's best asset, but shouldn't be treated lightly. When found in danger— rule number one, DON'T PANIC!"

He added further advice: if caught in a riptide pulling straight out to sea, remember not to swim against it. Swim to either the left or right of the riptide, exiting the pull, and then swim into shore. If caught in a current, again, do not fight it. The easiest exit sideways to a tide. A current usually pulls parallel to the shoreline; therefore swimming towards the land will help break free of the current.

WAVE SAFETY

When entering the ocean the first thing a swimmer should always ask is if the present wave conditions are safe. Waves are some of

the most powerful natural occurrences created by Mother Nature.

A general understanding of how waves form and break is necessary when entering the surf. A wave is formed by the push of tides and storms, and when connecting with a shallow bottom, the water sucks up and throws forward, causing it to break with tremendous force.

"The basic guidelines for surviving surf are very simple. First and foremost, when in doubt, don't go out," Harmon advised.

Once in the water, remember Hawaii forms some of the most powerful waves in

the world. When a wave breaks, it creates huge amounts of white foam. Do not just take the force of it, always go under the foam allowing it to roll over the top, it is much more pleasant.

Lastly, a wave sucks up quicker than realized. Do not ever be found at the top of a wave as it throws; this is called going over the falls. This is how you break your neck, especially in shallow breaks.

MARINE LIFE

With the large diversity within BYUH, learning of the different dangers within the waters is necessary. With the recent shark attacks on all sides of the island, beware when entering. If sharks are visible, be smart and exit the water.

The coral reefs are another deadly beauty within Hawaiian waters. Vana are the purple living organisms living within the coral reefs that expel poison, causing serious infections. Jonathan Remington, junior in accounting from Newport Beach, California is one who has experienced this pain.

"When I first got here, the ocean bottom was completely different than the sandy California shores I was accustomed to; I could no longer walk halfway out to the break, and I learned this the hard way," Remington said.

When in the ocean, always know what is under the surface and wear fins when possible.



Teeth, tentacles and stingers Dangerous ocean creatures

Karly Zobrist
Staff Writer

Recent Shark attacks have reminded people that the ocean is full of living things; not learning about them can cause regret. Beach bags are filled with things to make each visit to the beach safe and fun, but many forget to prepare themselves for the things that are already at the beach. The following is some information and tips on a few ocean creatures that can be found here on Oahu, from aloha.com/~lifeguards/index.html — the official Oahu lifeguards Web site:

SHARKS

There are eight species of sharks that are commonly seen near shore and four of these are regularly encountered: Sandbar, reef white tip, scalloped hammerhead and tiger sharks. Of these sharks, only two — the hammerhead and tiger — are aggressive toward humans. Less frequently seen but still a threat are the Galapagos and the gray reef sharks, which are known to be aggressive to

humans. The Web site also reminds readers that shark attacks are very rare, they occur only at a rate of two or three a year, and only a small amount of those are fatal.

Many of these sharks only attack when provoked. However, there are instances in which sharks mistake humans for prey. Although these instances are rare, the best way to avoid an attack is simply to be aware of the surrounding ocean. Don't swim alone and don't swim at beaches that have had recent shark sightings. Swim only in life guarded areas. If a large, longer-than-eight-foot, aggressive shark is spotted call (808) 58-shark.

JELLYFISH

Jellyfish are another hazard in the water. Especially from the 23 to the 25 of this month, these are lunar "off cycle" days, there is an expected influx of Jellyfish at Oahu's beaches. There are two different kinds of Jellyfish prominent on Oahu.

First, the Box Jellyfish, which are clear. If a clear jellyfish stings, the lifeguards of Oahu recommend applying vinegar liberally and to seek medical attention if symptoms such as shortness of breath, weakness or muscle cramps are experienced.

Also found in the waters of Oahu are the Portuguese Man-of-War. They look like Box Jellyfish except they have blue tentacles. The Man-of-War is from another family of jellyfish and the symptoms of their stings are different. If stung by a Man-of-War, do not pour vinegar on the wound, this may make the effects of the sting worsen.

In fact, the lifeguards of Oahu recommend not applying anything other than seawater, or vinegar to a jellyfish sting — despite the rumors that urine and alcohol may ease the pain of a sting.

CORAL

Here on Oahu, you can encounter coral reef even if you aren't out surfing or snorkeling. If you are cut by coral you need to clean the wound completely.

Coral is a living organism and can continue to grow once embedded in your skin. Wounds should be cared for using soap and water and medical attention should be sought if bleeding cannot be stopped.

STINGRAYS

Stingrays are commonly found deeper in the ocean but they also dwell in sandy areas close to shore. Stingrays can be avoided by shuffling, rather than walking, while in shallow water. Stingrays attack with a poisonous barb located on the tail close to the base of their bodies. If stung by one of these, do not try to remove the barb by yourself. Stings, especially those in the abdomen or the chest, should be treated as a medical emergency.

SEA URCHINS

Sea urchins live in reef up to 100 feet deep. To avoid them, wear footwear when exploring places that fit into that category. Urchins are made of long brittle spines, which cause sharp pain and purple discoloration. If stung near a joint or nerve, or the sting becomes infected, seek medical attention.

MORAY EEL

Moray eel bites can cause tendon/nerve, and at times, severe muscle damage. These eels are found in rocky parts of the island in holes and under rocks. They have razor teeth and powerful jaws. If an eel bites, clean the wound and stop the bleeding. See a doctor to avoid infection.

Danger on the trail Hiking Awareness

Sam Akinaka
Staff Writer
and The Associated Press

BYU-Hawaii students looking for a break from the beach often venture to explore the various hikes of our beautiful Pacific island. Past and recent events have reminded us that while enjoying our Oahu paradise, the wilderness holds dangers that ought to be planned for and avoided. An Australian man has been missing in Hawaii since Sept. 4, highlighting one of the dangers of hiking in the Aloha State. Another man, John Parsons, 77, disappeared after he went hiking

alone on the Waimalu ditch trail in upper Pearl City.

According to the American Red Cross Hiking and Camping Safety Web site, hikers should always hike with a companion, with a group of four being ideal in case of injury.

BYUH student Fifta Havea, junior in biology from Tonga, said "I feel safe in Hawaii, but I would never go hiking by myself. I feel safe because I have my friends with me when I leave campus."

The American Red Cross also suggests preparing for illness or injury, as well as inclement weather prior to going on a hike. Flash floods are the leading cause of direct weather-related deaths in Hawaii, according to the National Oceanic and Atmospheric Administration. The noaa.gov Web site lists people crossing or falling into flooded streams as the leading cause of flash flood death in Hawaii since the 1960s.

Matt Kunz, freshman in biochemistry from Washington, said some friends went hiking to a waterfall and got lost for three hours on the return trip. "They had no idea where they were. They just kept walking and eventually got lucky. The trail they were on ended up connecting back to the main path," said Kunz.

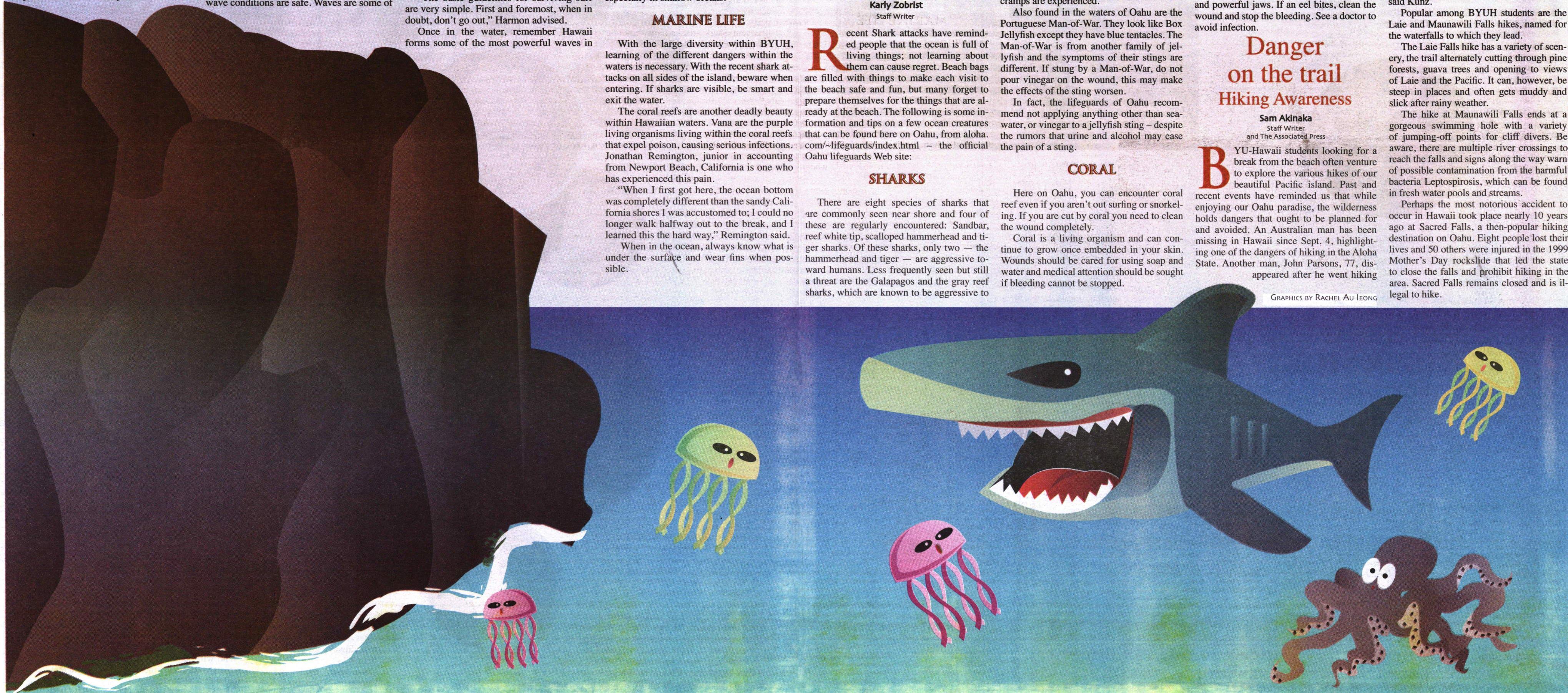
Popular among BYUH students are the Laie and Maunawili Falls hikes, named for the waterfalls to which they lead.

The Laie Falls hike has a variety of scenery, the trail alternately cutting through pine forests, guava trees and opening to views of Laie and the Pacific. It can, however, be steep in places and often gets muddy and slick after rainy weather.

The hike at Maunawili Falls ends at a gorgeous swimming hole with a variety of jumping-off points for cliff divers. Be aware, there are multiple river crossings to reach the falls and signs along the way warn of possible contamination from the harmful bacteria Leptospirosis, which can be found in fresh water pools and streams.

Perhaps the most notorious accident to occur in Hawaii took place nearly 10 years ago at Sacred Falls, a then-popular hiking destination on Oahu. Eight people lost their lives and 50 others were injured in the 1999 Mother's Day rockslide that led the state to close the falls and prohibit hiking in the area. Sacred Falls remains closed and is illegal to hike.

GRAPHICS BY RACHEL AU IEONG





VS
Vulcans

Game Scores
25-22, 41-39, 24-26, 25-12

PHOTOS BY RYAN BAGLEY

Left: Sportsfans watch as BYUH Seasideers play against UH Vulcans. BYUH won after four matches.

Below: Agnes Tuilevuka spikes the ball past a Vulcan blocker.

Bottom left: Agnes Tuilevuka and Faylynn Merrick jump to block a hit from UH Vulcan.

Volleyball battle leads to seasider victory

Sam Akinaka
Staff Writer

The BYU-Hawaii women's volleyball team outlasted UH-Hilo three games to one Friday night in the opening Pacific West Conference matchup of the season. In front of an enthusiastic home crowd, the Seasideers upset defending champion and preseason favorite Vulcans 25-22, 41-39, 24-26, 25-12 to bring their season record to 4-5 and start the conference 1-0.

UH-Hilo came into the game with an impressive 10-3 record, but a close game was expected between the defending champs and the number two ranked BYUH women. Although BYUH had a sub-par record coming into Friday night's game, all of their losses have come to nationally ranked teams. The combined record of the opponents BYUH has lost to this season is 43-5. BYUH has also beaten a top-ranked team in Nebraska-Kearney, now 10th in the polls.

A back-and-forth battle in game one saw the score tied on thirteen different oc-

casions, with BYUH managing to eke out a win. Freshman hitter Losaline Faka'osi, an exercise and sports science major from Utah, smashed a couple of kills over the last several points to seal the 25-22 victory for the Seasideers.

In the critical second set, BYUH was poised to take a 2-0 lead in the match serving 24-23, but couldn't finish off the Vulcans. UH-Hilo and BYUH traded blows, scoring nearly another set's worth of points before the Vulcans committed back-to-back errors, allowing BYUH to come away with the 41-39 victory.

Wil Barber, freshman in international business management from England, was part of a rousing student section. "That [set] was amazing," said Barber, "our team made plays when it counted and I think the supporters definitely helped."

Barber noted the standout play of Faka'osi at crucial times in the second set. "Losa came up big in that game. She definitely saved us a couple of times," said Barber. "She had the crowd cheering her



number and the crowd sang 'we love you Losa.'"

Faka'osi led all hitters with 23 kills on the night, ten of those coming in the second set.

Despite her offensive prowess, Faka'osi credited the team defense for the win. "Our defense won that game. I think that we were just mentally and physically stronger than UH-Hilo," said Faka'osi.

Despite finding themselves down 23-24 yet again in game three, the Vulcans refused to be swept and fought back to win

26-24. UH-Hilo ran out of steam in the fourth and final game, getting out hit .423 to .000 in the 25-12 loss.

The Seasideers finished the night with a .284 to .176 hitting advantage over the Vulcans. Senior setter LeeAnn Mapu put up 54 ass

ists and freshman libero Melanie Manutai led all players with 21 digs. Sophomore middle blocker Tanza Buroker finished with seven blocks on the night to lead the Seasideer defense.

SEASIDER SPORTS CALENDAR

26 SEPTEMBER - 9 OCTOBER 2008

DATE	TIME	ACTIVITIES
September 2008		
26th	07:30 PM	W.VolleyBall vs. Hawaii Pacific* @Laie, HI
27th	01:30 PM	WSoccer vs Notre Dame de Namur* @Belmont, CA
	04:00PM	MSoccer vs Notre Dame de Namur* @Belmont, CA
	8:00 AM	Men's and Women's Cross Country BYU-Hawaii Invitational @Laie, HI
29th	03:30 PM	W.Soccer vs. Mesa State (CO) @Laie, HI
October 2008		
3rd	07:30 PM	W.Volleyball vs. UH-Hilo* @Hilo, HI
4th	11:00 AM	W.Soccer vs. Chaminade* @Honolulu, HI
	02:00 PM	M.Soccer vs. Chaminade* @Honolulu, HI
9th	01:00 PM	W.Soccer vs. Hawaii Pacific* @Kaneohe, HI
	03:30 PM	M.Soccer vs. Hawaii Pacific* @Kaneohe, HI
	07:30 PM	Notre Dame de Namur* @Belmont, CA

BRIGHAM YOUNG UNIVERSITY - HAWAII

SEASIDER SCOREBOARD

VISIT WWW.SPORTS.BYUH.EDU FOR MORE INFORMATION

Women's Volleyball
BYUH 3 vs Chaminade 0

Women's Cross Country
Fourth

Men's Cross Country
Fourth

Women's Volleyball
BYUH 3 vs. UH-Hilo 1

Men's Soccer
BYUH 2 vs. CBU 1

Women's Soccer
BYUH 5 vs. AAU 0

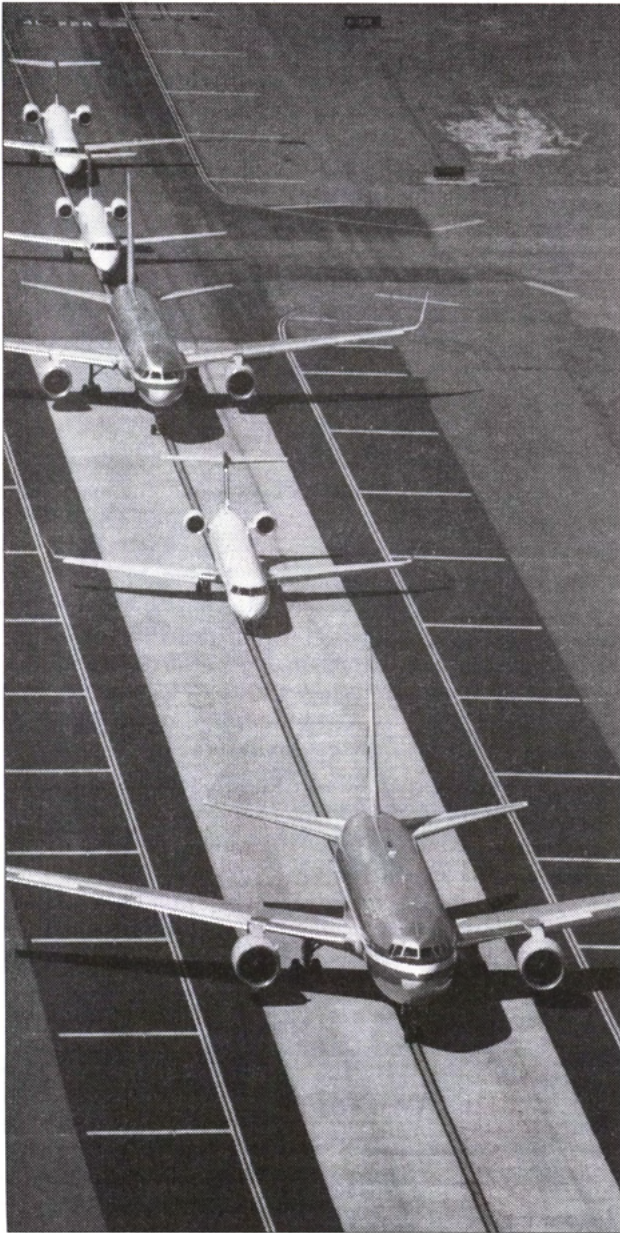
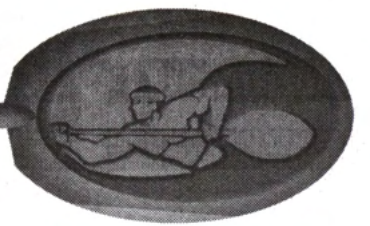


PHOTO BY APEXCHANGE.COM

Above: Airline planes taxi on a runway at John F. Kennedy International Airport.

Rising airfare pinches student pockets

Chase Barlet
Staff Writer

It seems more than just planes are flying high this year — so are the fares for the seats on those planes, and many students fear those fare's maximum cruising altitude is climbing higher.

When Jennifer Greene, a senior in education from Colorado, logged online to purchase her plane tickets to visit home at Christmas, an unwelcome surprise greeted her. A round trip ticket from Honolulu to Denver over the holidays has risen from \$650 last year to \$900 and climbing this year.

"I might not even be able to go home for Christmas this year; it's just too expensive," Greene admits. Hers is a dilemma faced by many frustrated BYUH students. Rising airline costs mean fewer students can afford to visit home on holidays as frequently, if at all, with tickets on many routes from Honolulu doubling in just the past year. Rising fares have forced students to reevaluate the advantages of accepting foreign internships, their ability to take vacations, and even how they will fund commutes to visit family.

In the attempt to alleviate record losses and combat skyrocketing fuel prices, airlines are cutting costs across their operations, according to searches on travelocity.com, from axing complimentary in-flight and baggage services to eliminating routes and cutting capacity on others in effort to drive fares up.

All but Hawaiian and Continental Airlines have ended free meals on flights to the mainland regardless of distance (Northwest serves only beverages on its nearly nine-hour flight from Minneapolis), pillows and blankets have all but disappeared or become available only for a fee, and every domestic airline serving Hawaii now charges at least \$25 for a second checked bag while all but Delta charge even for the first checked bag.

This adds up to \$50 each way per ticket to students lugging their belongings to and from home.

"It's absolutely ridiculous," said Kristine Steinhilber, sophomore in accounting from Washington, "These planes were built to hold luggage; fill them without raising my ticket by \$100. Even blankets cost money!"

Like Steinhilber, many BYUH students are discovering they are now paying far more for far less.

"It's even harder to get all our stuff to Hawaii, and very difficult to visit family," said Alex Thorson, junior in international business from Utah.

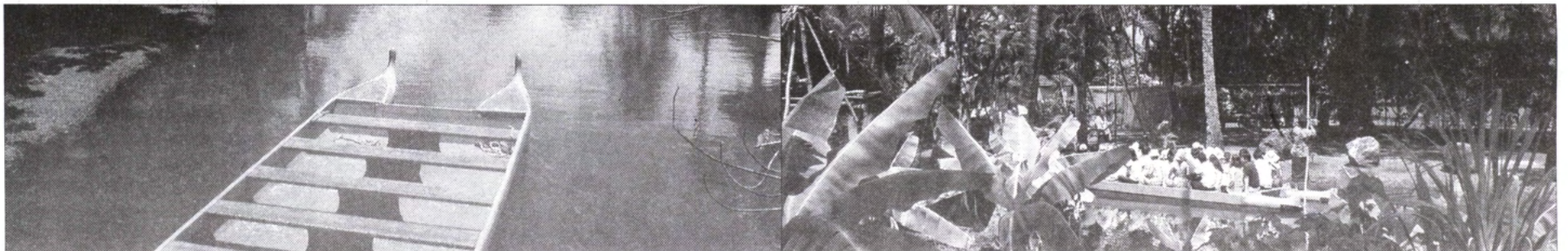
Even Hawaiian and Go charge a minimum of nearly \$30 each way to check two bags for short hops to neighboring islands, where fares have risen from as low as \$19 to at least \$49, and with baggage fees, a round-trip flight now costs more than \$150, versus \$40 a year ago.

On an even more drastic scale, airlines' Hawaii schedules have also hit some rough turbulence. The collapse of Aloha and ATA left a void in inter-island and west-coast route networks, while all but Hawaiian have cut capacity on their mainland flights, if they have not dissolved routes altogether. According to hawaii.gov, Honolulu International Airport officials say that due to the reductions in airline schedules, Honolulu can expect at least 25% less traffic by this fall than it did in the same period of last year.

If that trend holds, it means a tremendous blow of 5 million fewer seats available for flights to and from Honolulu each year. The fares of the seats that do remain must surely rise to equalize demand. Such a prospect doesn't bode well for Marci Rutter, sophomore in international business from Louisiana: "It's becoming a tempting thought to transfer to a state school that wouldn't require air travel, because it's just too expensive to justify commuting back and forth to Hawaii."

While a glut of oversupply and fierce competition have contributed to the airline woes, a weakening economy led by sharp rises in oil prices threaten to send airlines flying into bankrupt skies. Since the beginning of 2007, oil prices nearly tripled from \$50 to \$147 per barrel this summer before recently easing off to roughly \$110. Although recent pressure on oil prices has let up, prices are still more than double what they were just a year and a half ago, and airline officials are cautioning passengers that while jet fuel costs are tapering off from all-time highs, they are still well above the threshold for financially sound operations given current business models.

Translation for students: those sky-high fares may not be landing anytime soon. "My wallet won't like that," Steinhilber said.



PHOTOS BY TERENCE KAU

Top left to right: Empty canoes and canoes filled with customer at PCC.

PCC deals with tourism downturn

Kyle Howard
Staff Writer

The recent decline in Hawaiian tourism is no secret to local people, specifically when speaking of the Polynesian Cultural Center. Yet, what has caused this? Or more importantly, what will be done to overcome what is considered Hawaii's worst year ever?

As of July, "higher airfares and slowing mainland economy contributed to a 14.9 percent drop in visitor arrivals," said information in a Honolulu Advertiser article.

Yet, for people in Laie, whether Hawaii's tourism is up or down, how it is affecting the PCC is of importance.

"The biggest issue is the U.S. economy. There are fewer people, and they are spending less," said Douglas Miller, professor of hospitality and tourism. "The PCC is a big ticket; you get a great show. But after the show and some souvenirs, you are looking at about \$100 a person. For cheap buyers, this is not necessarily the place."

Students working at the PCC have seen some of these challenges first hand, but view them with optimism.

Tim West, junior in accounting and sales agent for reservations at the PCC, said, "The PCC depends a lot on overall tourism. Most of the guests find out through all other tourist attractions. I think most people are using this year to save money with everything going up, and in time, things will return to normal." He added, "I think it's an

overreaction."

When asked how the decline has affected the demeanor of the staff, West said, "some people take it pretty well, and go with it, trying to improve their game, while others find reasons to complain. [There is] a lot of gossip between students," he said. "While managers and supervisors are taking it well, and they are the ones taking cuts in pay." PCC Vice President of Finance, Greg Gollaher, said, "Overall PCC is down 15-20 percent down in attendance."

Still, West said, some good has come from the decline in tourism. PCC management is "reinforcing our policies, running everything tight and cutting costs, and trying to build back up," West said.

Is a more crisp and organized PCC in view for the future? As the PCC does its half, Miller said, Hawaii has an obligation to do its part, too.

"I think Hawaii recognizes the problems and the issues; they have a fairly successful record at building and repairing," Miller said. "They are currently launching an enormous campaign, aimed specifically towards the western U.S."

Still, United States businesses and leaders have accepted current failure.

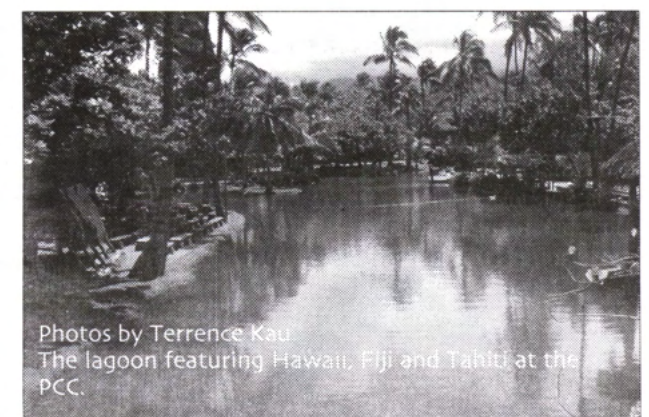
"Some have already given up this season and are aiming for next year; doing everything they can to avoid a repeat next summer," Miller said.

With all that is going on, it is important to view where

the PCC falls into play in the current Hawaiian turmoil.

"I have talked to many people outside of the PCC and most look at the PCC as being sophisticated and as having a very strong record for success," Miller said. "It is a tough business, and they do a pretty good job; they get the respect from their peers and industry."

It's not quite time for Hawaii to throw in the towel just yet, said Miller. Although globalization and the ease of travel outside the United States have given Hawaii some trouble, it opens new doors never imagined. China owning one-fifth of the world's population has just begun to emerge; with the world, and especially Hawaii waiting.



Photos by Terrence Kau
The lagoon featuring Hawaii, Fiji and Tahiti at the PCC.

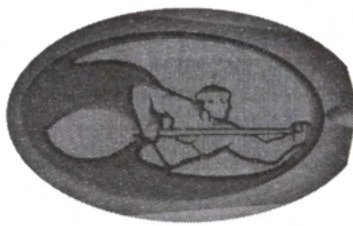


PHOTO COURTESY OF LDS.ORG
Minnesota Temple recently caught fire Wed. Sept. 10.

Alleged arson causes damage to Minnesota temple

Brett Evans
Staff writer
and the Associated Press

The St. Paul, Minnesota LDS temple was damaged by fire early Wednesday, Sept. 10, as reported by the Associated Press.

Authorities suspect arson was involved in the fire that damaged the front entryway to the temple. Fire damage was confined to the exterior front doors, although there were small amounts of smoke that got inside the temple. The fire caused an estimated 25,000 dollars worth of damage, church officials reported.

The fire has ignited personal reactions from members of the church. Melonie Graff, a former BYU-Hawaii student now living in Idaho, said she did baptisms for the dead as a youth in the St. Paul temple, which serves eight stakes in Minnesota and one district in Ontario, Canada. Graff also was married in the temple, but knows that not everyone in the community appreciated the temple like she did.

"I just know that when the temple first went up, there were quite a few different groups handing out anti-Mormon pamphlets outside the temple," Graff said.

Authorities are not calling the suspected arson a hate crime but this idea is causing different emotions among BYUH students.

"It's a hate crime if the person was doing it because they hate Mormons, but it's not if they were doing it just for fun," Lucy Cammock, senior in 2-D art from New Zealand said.

Alex Fahey, junior in history from Georgia agreed with the church's decision not to call it a hate crime, saying, "They need to find out who it was before they call it a hate crime."

Laie Temple to close Dec. 29, refurbishment to take 18 months

Michael Waite
Staff writer

The Laie Hawaii Temple will be closing for a year and half for extensive refurbishing and repairs. The renovations will bring new usability and stability to the interior and exterior of our beautiful temple.

The Temple services will be postponed from Dec. 29, 2008 until the reopening in June 2010. Brady Wood, sophomore in biology from Canada, said, "I can't believe that it will be closed for that long! I will plan on attending the temple more than I usually would because I know that I will not have as many opportunities to go during the next year."

Heber J. Grant dedicated the Laie Temple on Nov. 27, 1919, and town members and students have been using its facilities ever since. According to lds.org, all of the Stakes on Kauai and Oahu use the Laie Temple and will not have use of its facilities for eighteen months.

Students may be wondering how they are going to be able to get temple work done, but not to fret, the Kona Hawaii Temple will be open throughout the renovations of the Laie Temple. Although it is not across the street, it is still close enough to utilize often. What a great excuse to go on a weekend getaway to the big island.

Cecilia Day, a current temple worker and BYUH admissions administrative assistant said, "I will deeply miss the opportunity to serve on a weekly basis,

but understand the need for renovations to allow us to use this temple for many years to come. It will be inconvenient to travel to the Kona Temple, but it is possible through careful planning."

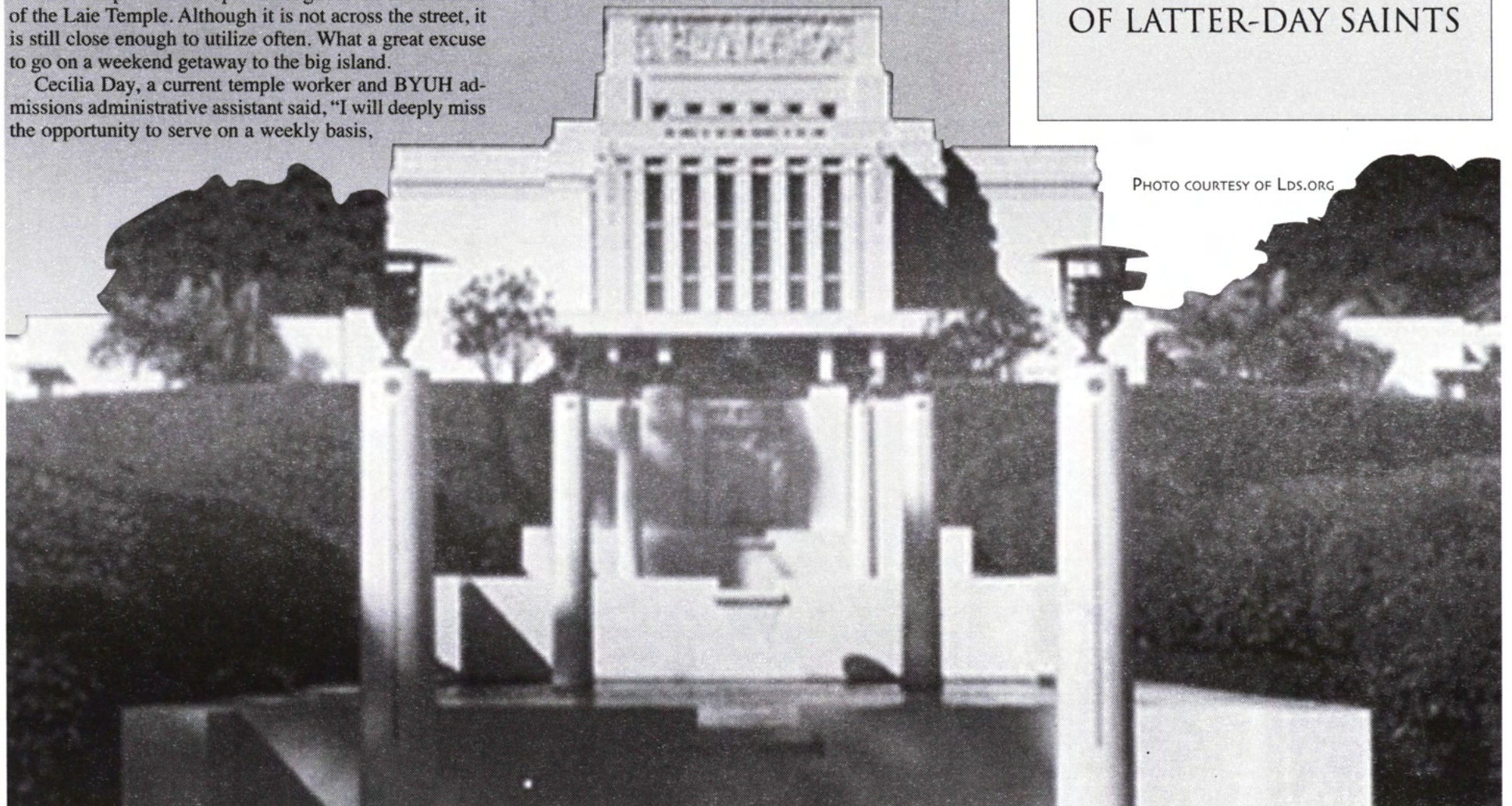
The plans for the Temple include much-needed structural and mechanical upgrades and repairs, according to Sister Karen Hemenway, a service missionary at BYU-Hawaii. The renovations will also bring the Temple up to code; it will soon be wheelchair accessible and be friendlier for users with disabilities. Unlike the overhaul of the Temple in the mid-1970s, no major modifications will be added. The temple will look basically the same when it is finished, only necessary repairs and mechanical systems will be upgraded.

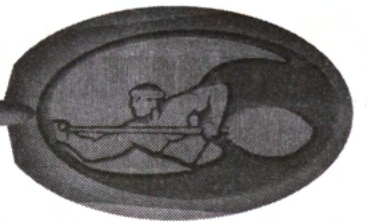
Mindy Clark, a Laie resident said, "It is great that we are ensuring the continued usability of the Temple for us and future generations."

For those who are still distressed about the temple being closed for 18 months, the best advice is to visit the temple as much as possible in the next three months.

THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS

PHOTO COURTESY OF LDS.ORG





CCNZ to be closed at end of 2009

Alyssa Herzinger
Staff Writer

On July 22nd of this year, the Church of Jesus Christ of Latter-day Saints announced plans to beautify the grounds of the Church College of New Zealand, or CCNZ, in connection with its scheduled closure at the end of 2009.

Most of the buildings will be demolished, and the land will be returned to natural pasture as part of a beautification project of the nearby Hamilton New Zealand temple, according to a media release.

In the July media release, Phillip Hague, spokesperson for the Church in New Zealand, said that the purpose of the project is to keep the "primary focus, both aesthetically and spiritually," on the temple.

"We don't want an approach to the temple to be one of passing empty and derelict buildings on the former CCNZ campus," he said.

Answering the question of those who wonder why the buildings will be dismantled instead of sold, Hague stated that they

do not want the buildings used for purposes that are not conducive to the values of the Church. The buildings were originally considered for other uses, but since they were constructed specifically for a high school, it would be difficult for them to be used for other purposes.

Although the date of closure was recently set, the plans to close CCNZ high school campus were first announced by General Authorities in 2006.

Hague explained, "Given the ready access that Church members have to high quality government schooling throughout New Zealand, there is no longer a need for the Church to provide non-religious education to its young members. We can now concentrate our efforts in other areas, such as the Pacific Islands, where local communities can gain greater benefit from Church assistance."

Two campus buildings will remain—Kain Hall and George R. Biesinger Hall; if needed, they will be updated to fit seismic and building requirements. The July media release is the latest announcement, and Hague hopes that people will under-

stand that many things need to be worked through.

CCNZ has been a feeder school for BYU-Hawaii for years, and many current members of the BYUH student body and staff are alumni of the Church College of New Zealand.

Dr. Debbie Hippolite Wright, Vice President of Student Development at BYUH, graduated from CCNZ.

Hippolite Wright has a deep love for the school and the blessings it brought her and her family.

Her father and uncles were labor missionaries who helped build the campus structures, and each of them later made careers out of the trades they learned at CCNZ.

Despite her strong ties to the school, Hippolite Wright emphatically supports the General Authorities of the Church of Jesus Christ of Latter-day Saints in their decision to close it.

She explained, "Buildings are just brick and mortar, and they were built by young men and women to honor the Lord. He blesses those who make those kinds of sac-

rifices, and He will continue to ask us to sacrifice."

The Church has been in the Pacific for over 100 years, and Hippolite Wright said,

"We realize that the Church has many more first generation Church-members to educate; the people of the Pacific have been blessed, and their testimonies are strong. We've had our chance; I'm looking forward to Africa, China, the Eastern block and the rest of the world having the same opportunities."

The Church is not involved in creating a school to replace CCNZ, but other parties have been investigating a proposal for a high school to be built in association with the existing Koromatua Primary School.

The closure of the Church College of New Zealand is an ending to a chapter of the Church's history in New Zealand, but CCNZ has accomplished its mission. Its closure is a positive reflection of the quality of public schools in New Zealand, and the religious education is provided has been replaced by the seminary and institute programs.

It will be sad to see empty land where the school now stands, but the memories of it will remain and testify to the greatness of the work the reallocated funds will accomplish in other areas of the world.



PHOTOS BY RYAN BAGLEY

This tally board shows the number of Laie voters who voted during Saturday's primary mayoral elections.

General election needed to elect mayor

Kyle Howard
Staff Writer
and the Associated Press

With Hawaii primaries coming to a close Saturday evening, excitement and debate seemed at an end. Yet, when the results came through of the mayoral race, many realized that it had just begun.

Hannemann fell a hair short of winning re-election outright, taking just 49.4 percent of the vote when he needed a 50 percent majority. Councilwoman Ann Kobayashi got 30 percent and a second rail opponent, Panos Prevedouras, picked up 18 percent.

"Now it's one on one," Hannemann said. "We're just delaying the inevitable. Yes, we'll have to campaign, and we'll do that."

Hannemann seems to feel quite confident, just missing a guaranteed reelection by less than one percent. If he had ended the race Saturday, it would have put him in a position to move ahead with plans to build a 20-mile, \$5 billion commuter rail line through the city.

The rail line is exactly what is deciding the current uproar in political excitement on the island of Oahu. Not much attention is given to the other issues. Who is the next mayor will rise or fall on the people's choice concerning the rail line.

To some, a \$5 billion rail line would be devastating. "If I was a Hawaiian citizen I would not want my tax dollars wasted on such a silly proposal," Blake Baxter, junior IBM major from California, said.

Still, many students feel that the rail line would bring a large amount of convenience to travelers. Kara Schmacher, junior social work major from Kauai, said, "living here, I

could see why we need it. Traffic is insane and gas prices are high, we could really use it."

Other students realize the benefit that the rail line could bring not only Laie, but also Hawaii; especially with the current drop of tourists. "It would provide easy transportation and could provide a boost in tourism though scenic parts of the island...it would be good for the business industry upon which Hawaii thrives," Mike Parker said.

Some local students, who have lived in Laie for some time, also see it beneficial. "I would be for it, because it would be more convenient, if everyone uses it. There would be less traffic...I don't know why I would be against it," Kanoa Pulltu, senior in general music from Laie, said.

After much debate over which candidate would win the primaries, the anti-rail candidates have won the battle thus far. Without a decisive win, the anti-rail movement can claim momentum in the six weeks before the Nov. 4 general election.

Kobayashi jumped into the race as an anti-rail candidate, instead favoring alternatives like more rubber tire busses, possibly on a new fixed guide way.

"I've been concerned about this rail project, how it affects our economy and people's property taxes, and the visual impact on the city," she said.

Voting citizens must take this factor as a serious affect to their lives. Not only will the rail line bring a new lifestyle to the country region of Oahu, but also with this comes higher taxes.

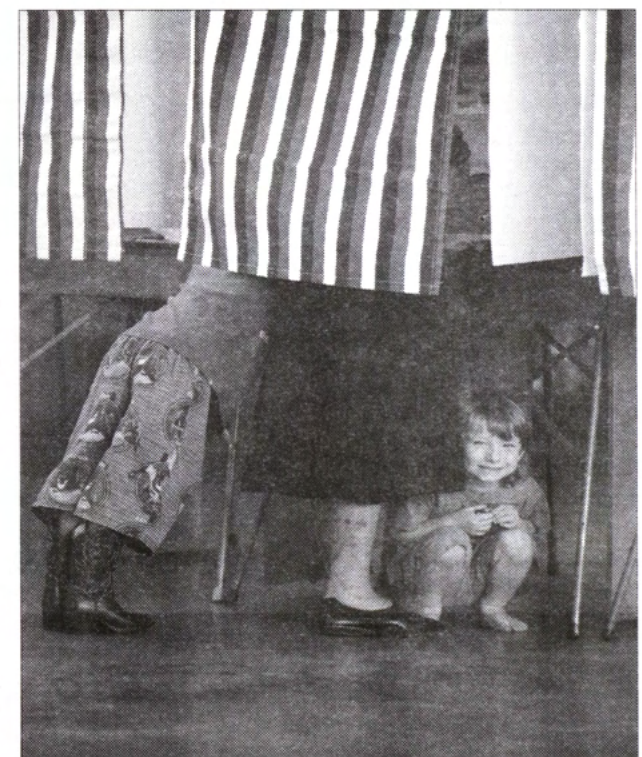
At this time of economical unrest, the rail line is a possible answer to help aid Hawaii in its drop in tourism, yet along with the aid may come some unwanted side effects; the change awaits the decision of the voters.

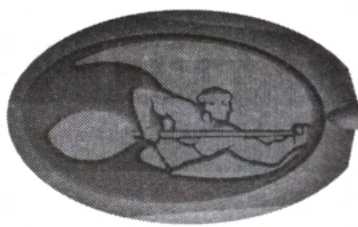


PHOTOS BY APEXCHANGE.COM

Above: Two Oahu residents wave to passers by to encourage them to vote for current Mayor Mufu Hannemann to be reelected.

Below: A local family votes at the polls during Saturday's elections.





Big Mac addict eats 23,000 over 36 years

Marni Vail
Staff Writer

Fifty-four-year-old Don Gorske, hit his milestone last month of eating: 23,000 Big Macs in 36 years, an obsession that began May 17, 1972.

Clark Tanner, junior in art from Las Vegas, a self-proclaimed McDonald's advocate, was bug eyed when he heard about the 54-year-old Wisconsin man.

Gorske has kept every burger receipt in a box.

He says he was always fascinated with numbers, and watching McDonald's track its number of customers motivated him to track his own consumption.

The only day he skipped a Big Mac was the day his mother died, to respect her request for him not to eat one. The correctional-institution employee says he doesn't care when people call his Big Mac obsession crazy. He says he's in love with the burgers and the burgers are the highlight of his days.

James Dong, sophomore in HTM from Washington, was shocked at this feat. "Ew man that's ridiculous. I would throw up if I ate a couple," said Dong.

Although many people share Dong's reaction, everyone has his or her own quirks.

Gorske says it was his Obsessive-Compulsive Disorder that drove him to do his Big Mac obsession.

Although very few people have OCD that causes them to consume 1,500 calories in one sitting (2 big Macs), BYUH students admit they too have slight spells of quirky, obsessive-compulsive behavior.

Clark Tanner says he "always has to smell his cup before drinking out of it." Tanner adds, "I always look when people

say 'Don't look' and I always have to break rules."

- Kaitlyn Kellet, senior in business from Michigan, says she has to wash her feet before getting into bed.

- Sarah Beth Stott, sophomore in ICS from Utah, says, "When I eat M&Ms or skittles candy with different colors, I organize them into colors. Then I start to eat the colors with the most until I have an equal amount of each color. Then I continue to eat them so I have the same amount of colors, until they are gone."

- Tommy Jordan, junior in International Business Management, says he is a little obsessive-compulsive with "girls."

- Aaron Puzey, community member and recently hired Hollister model, admits he is a little obsessive about his reflection. He always has to look at himself, like Christina Aguilera.

- Shelly Watts, senior in ICS from California, says, "My cooking, it has to be perfect, and my way and it drives me crazy to watch other people cook something the wrong way."

Does the Big Mac enthusiast need Rol-aids or simply a round of applause? If all you need is a big Mac to be happy, perhaps this is a simple indulgence that shouldn't be looked down upon.

BYUH students were recently asked, "What are the simple things that bring you great joy?"

- Logan Bird, sophomore in engineering from New Jersey says his simple pleasures are pizza and junkie cars.

- Al Rosales BYUH' alumnus, says he loves "smooches from pretty ladies."

- Mia Montenegro, a local from Maui, says she loves puppies, chocolate hugs, flowers, laughter, smiles and phone calls from people far away.



PHOTO COURTESY OF APEXCHANGE.COM
Don Gorske eats his 23,000th Big Mac. While BYU-Hawaii students say his obsession is unappealing to them, they admit they have some obsessive-compulsive behaviors too.

A new look at the 'Massacre at Mountain Meadows'

Three Mormon historians write book about famed incident

Kyle Howard
Staff Writer

Sept. 11, 1857 a small group of Arkansas emigrants were killed, after a surrender of peace, by Mormon residents of southern Utah and Paiute Indians of Mountain Meadows.

Much confusion and argument has surrounded this event in recent years, most notably by Will Bagley in 2002 with his work "Blood of the Prophets: Brigham Young and the Massacre at Mountain Meadows". After Bagley pinned culpability for the massacre on Brigham Young, historians supported by the church created plans to respond in book form, which was published Aug. 19, titled "Massacre at Mountain Meadows."

"The authors' collaboration is unique in the breadth of the research that supports it," said Jan Shipps, an authority on Mormonism. "There is documentation on top of documentation, on top of documentation, and that we haven't had before. It's probably the most documented work of any in Utah History."

The book is being published one year after the 150th anniversary of the massacre, where President Henry B. Eyring

represented the First Presidency of the church and expressed "profound regret for the massacre," referring to the "undue and untold suffering experienced by the victims then and by their relatives to present time."

There was much that led up to the event, and still today many questions remain unanswered; but the recent publication, by Oxford University press, has opened many new doors to what took place.

Bruce Stewart, college writer from Curriculum Services, of the Church Educational System, shared his knowledge of the event.

"They [the historians] had access to the First Presidency vault...unlimited access," Stewart said.

The historians read the field notes of Andrew Jensen, the assistant church historian sent by President Snow in 1901 to document the entire event.

Stewart added, "This revealed a new openness of our church to the public eye, we have never seen anything like it."

When asked about the new book and where it stands with the many other works, he said, "It will be the state of the art for many decades...it definitely shows that Brigham Young was not immediately responsible for the massacre."

There is an interesting past to the historical recording of the event itself. In 1950, Juanita Brooks wrote "Mountain Meadows Massacre".

"Then there was a long period of academic and scholarly silence...then, at the turn of the century, all of a sudden you have this explosion," Stewart said.

First, was Will Bagley's, as mentioned above in 2002, and closely following, Sally Denton wrote in 2003, "American Massacre: The Tragedy at Mountain Meadows", September 1857. Jon Krakaur's "Under the Banner of Heaven" in 2003, added unique information which dealt with religion and violence in Mormonism. And finally, the recent film in 2006 by Christopher Cain, "September Dawn".

The works of recent years all identified Brigham Young as responsible for the event. Stewart refuted Bagley's work in saying that, "the book began with a certain point of view and everything, the research, the story, was all done in order to support the view—that Brigham Young ordered the massacre—and everything is bent to that view. The goal of a historian is to let the research determine the point of view, not the other way around."

In fact, church historical records show Brigham Young did not know the full truth

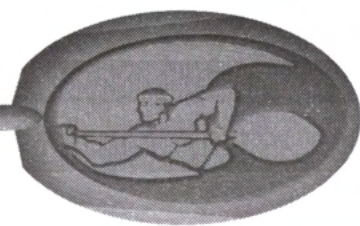
of the circumstances of the event until about twenty years after its occurrence.

The new book suggests who was responsible for the massacre; namely Isaac C. Haight, Stake President, mayor of Cedar City and militia leader, along with John D. Lee, Indian agent and militia major.

History shows 20 years later, that John D. Lee was judged guilty of the massacre and executed, being shot dead into his own coffin on the site of the massacre. At the time of execution, federal officials were hoping that Lee would implicate Brigham Young, but he did not.

A remaining shortcoming in the telling of the story is the role of the Paiute Indians in the massacre, and Stewart adds some great insight. "The main question of the new book is why good people do bad things? I think we need these same questions asked of the Paiute Indians, but I don't know if it's possible given their oral history," Stewart said.

"Any time we sit in our comfortable chairs and look back it is easy to pass judgment or to rationalize, context is extremely important. I think it was a tragedy, and it raises some serious questions about human behavior," he said.



A little flexibility goes a long way

Kyle Howard
Staff Writer

Attention all new students starving due to lack of money. Those rumored places to purchase dirt cheap food, they still don't exist. Still, although seemingly mundane, it's always good to learn the basics to the best possible food prices in Laie.

Students realize fast that island prices

nearly double the mainland's food prices, while the average pay of a BYU-Hawaii student sits equal to and sometimes less than most other states. Add tuition, rent, books and extracurricular activities on top, and almost every student is in the whole in debt.

But, is a college student supposed to be rich, or even have money for that matter? Of course not. It's a universal joke that bonds even an extremely diversified student body as BYUH together. The key is immediate survival, at as low a cost as possible.

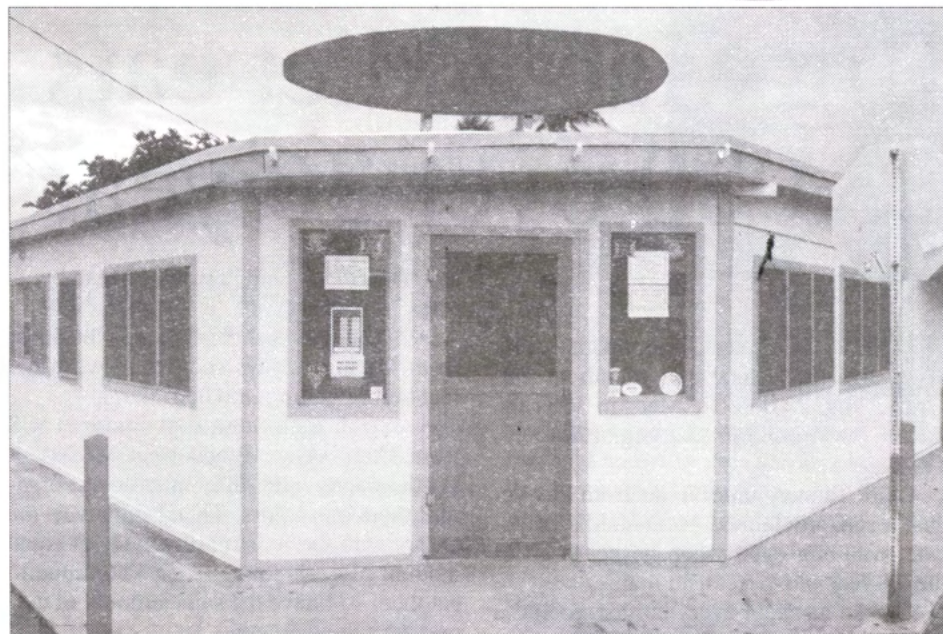
Even though most food prices are sky high, if not overlooked, there are dollar

PHOTOS BY RYAN BAGLEY

Left: Inexpensive fast food can help students to cut costs on food if eaten sparingly.

Below: Foodland has some sale prices that, when they are available, can ease the burden on student budgets.

Below right: The Seaside sells snacks that are filling, but less expensive than a whole meal.



PHOTOS BY RYAN BAGLEY

Hukilau Cafe serves up hot breakfasts. The portions are larger than other places, and the food is filling.

menus at a few spots in little Laie.

When asked where to find the cheapest food, Shelley Ng, junior and HTM major, shared the same response given by almost every student, "uhh, Taco Bell."

With Subway out, Taco Bell has claimed the hot spot for BYUH students, especially with its hours late into the night. Located off the main road of Kamehameha Highway, Taco Bell offers an array of items under a dollar, even including some under nine grams of fat. For those that are not in sync with the Mexican taste, Hawaii caters to all. The other dollar menu option is

McDonald's. Although its dollar menu offers mostly desserts and side items, putting some together can make a small meal.

Many students like a full stomach, and for this, L&L Hawaiian Barbeque is the place. Be smart when ordering; no need for a size larger than small, coming with your choice of meat, a large portion of rice and a side of macaroni coleslaw. Ask for free water, and a full meal is around five dollars. Come prepared though; its cash only.

Some students, like Shelly Beery, a junior and English major, have found more unique ways to eat.

"It's almost impossible to starve in this town. There is food everywhere. Just be active in your ward and attend activities," Beery said. She also added some advice for newcomers, "sit between Hale two and four, people always come by with extra food."

Yet, there are many that live a healthier life, and enjoy preparing a home cooked meal. The Maika'i card is available for free at Foodland, and offers great discounts to the patient shopper. Just ask for one at the checkout line and save from 10-40 percent.

No matter the type of eater, Laie offers all forms of satisfaction; sometimes it just takes a little creativity.



Tough economy ignites surge in identity theft through hi-tech means

Mary Jantalert
Staff Writer

With the current economic situation, expenses continue to rise, and more and more people are becoming dishonest.

Stealing and robbing are occurring more frequently than in the past. And according to many BYU-Hawaii students, more than just money and valuable items are being stolen—some students are having their identity stolen as well.

Mon Chiamchit, senior in hospitality and tourism management from Thailand, shared his experience when he traveled to Barcelona, Spain.

"I went swimming in Barcelona with 20 friends and three of them lost their backpacks. So, they had to get new passports which cost them \$135 Euros per person. That keeps reminding me to be more careful about my valuable items," Chiamchit said.

Chiamchit, explained that he loves traveling, so it's important for him to be extra careful about losing his official identity.

"I always check my credit profile online to see if anything has gone wrong with my money. But, I have never got into trouble so far. Also, I do not give my social secu-

rity number to anyone. I do not even carry it with me, but I have my number memorized so I can use it for my job and keep the card in a safe place," Chiamchit said.

Tsubasa Makise senior in TESOL from Japan, told about an instance where her identity almost got stolen through the Facebook Web site, but was stopped by the school's restriction.

"My friend's username and password for the Facebook page were stolen by a hacker. One day, the Facebook home page showed that he posted something for all his friends so I tried to open that page. However, I could not open it because of the BYUH's restriction. I called him and asked what he tried to send us, and he told me about the situation. He told me not to open it again because the hacker would be able to hack into all of our Web sites, too. So I think using the school computer is safe," Makise said.

Makise also said that the stealing identity problem frequently happens in our areas besides the United States, especially in Japan.

"These people think that by getting out of their countries to come to Japan, they will free themselves from poverty. But they actually increase the chance of risking their lives and others whose IDs got stolen," Makise said.

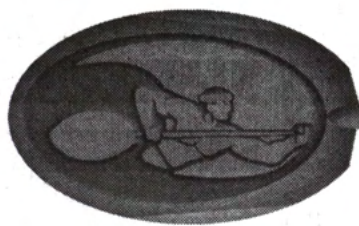
People may be scared of getting their identities stolen,

but this could be due to carelessness. Doing simple things like making sure backpacks and wallets are completely closed while travelling can help prevent losing one's identity.

Rachel Vigil, junior in elementary education from Kansas, said, "My ID never got stolen, but I'm scared it's going happen to me. Last summer, I lost my debit card and a driver license on the plane while I was on my way home. I freaked out about it and canceled my card, but did not tell my parents. Later, the airline mailed me my driver's license."



GRAPHIC BY KENT CAROLLO



Tips for a healthy lifestyle

Mary Jantalert
Staff writer

It is not necessary to go to a medical school to realize that a healthy diet and an avid exercise program are necessary to staying healthy. However, according to several BYU-Hawaii students, it has not been easy for many students to eat and exercise properly due to their schoolwork, activities and campus jobs.

"Everyone knows that they are supposed to eat well and exercise. But they just don't do it and say they don't have time," Doris Tong, junior in hospitality and tourism management from Hong Kong, said.

Tips for health today are not to teach students to sneak puree vegetables into their food or desert or to bribe families that ice cream can be eaten after healthy meals, but they are to help BYUH students understand the importance of a healthy diet.

Aumala Fulumua, senior in science education from Samoa, helps prevent her family from getting sick by making sure that her place is clean, especially in the kitchen and bedrooms and by also making sure that they eat good food.

"My middle son is picky. He doesn't like vegetables, and I force him to eat by mixing vegetables in the food that I cook," Fulumua said. "Even though he does not like vegetables, he likes fruits so I make sure that there are fruits in the fridge."

Rachel Mckee, senior in exercise sport science from South Carolina, has a father who had a heart disease, which has also become one of her motivations to exercise and take care of herself.

"When I was at home, he had a heart attack, so now we all eat the same things like vegetables. My favorite vegetable is broccoli. I also like carrots, tomatoes, and steamed

squash. My mom provided a variety of snacks for us after school like carrots and ranch, celeries, raisins, peanut butter, and cheese and crackers," Mckee said.

As a gym worker, Nick Holladay, junior in international business management from Arizona, assists and trains people that come to the gym to use the workout machines. He takes care of himself by lifting weights and by running four times a week.

"Exercising makes me feel better because when I do exercise, endorphins come out," Holladay said.

The BYUH Health Center is concerned with the fact that many people have the cold and flu during the winter season, and they suggest simple ways to improve prevention of these sicknesses.

"At this time of the year, most people who come to the Health Center have the upper respiratory infection problems which include cold, flu and sore throat," Lena Tyau, a registered nurse board certified in college health from Honolulu, said. "The best thing that you can do to minimize those diseases is to wash your hands a lot."

The Health Center also warns students that it is important to stay hydrated, have a good amount of rest, exercise regularly, strive for balanced life style, and to not get over stressed.

"They are very simple, but work," Tyau said.

If students want to receive services from the Health Center they can stop by or call to make an appointment at 675-3510. For health service, it cost students who have DMBA insurance 10 dollars and will cover up to 70% of their prescriptions. For students who have private insurance, medication can be picked up at the Foodland Pharmacy or other places on the island found at <http://services.byuh.edu/HealthCenter/Home>. Other information about self-care and the Student Health Center's services are available on Web site as well.

Delicious and nutritious diets

Spencer Lamb
Staff writer

With so many weight loss gimmicks out there, we can be tempted to try and take a shortcut - such as taking a diet pill or starving ourselves. Over a prolonged period of time this may become very unhealthy for us and sometimes even dangerous.

Remember the Atkins diet? It turned out that the diet, which focused on reduced carbohydrate consumption, made people really tired all the time. Carbohydrates are very important to our body in producing energy. Without carbohydrates, we're going to feel very fatigued and tired. So what constitutes a good diet plan?

A good diet plan should always involve two very important rules: a reduced caloric intake (eating less) and an increase in physical activity. Eating better in proper portions and healthy food is only half of the diet. To really lose weight, you'll need to increase your physical activity, which will eventually speed up your body's metabolism.

First, let's take a look at how to eat well. You should always be eating grains, fruits, meats, and vegetables, as these will give you the nutrients and energy your body needs to operate. The USDA's new food pyramid, entitled "MyPyramid", stresses this, as well as physical activity and moderation in eating. However, no matter what food you are eating, never over-eat to the point where you have that "full" feeling. When you eat more than your body really needs, the remainder is usually converted into fat, which leads to weight gain. The thing is, you don't need to eat until you have that feeling. Reduce the amount you take; maybe one helping instead of two. Also cut back on the amount of sweets and soda you consume. Consequently, your body won't have all this excess food to process, leading to less fat accumulation.

Second, to lose weight it is very important that you increase your physical activity. What we need to understand about physical activity and weight loss is that much of it is going to require a lot of cardiovascular exercise. One false notion that many people believe in is that you can do spot-reduction exercises to burn fat in certain areas of your body. Spot-reduction is performing exercises such as crunches and sit-ups in hopes to burn fat around your stomach. Instead, you will gain muscle in your abs, but the fat will still be there. Only by doing cardiovascular exercises such as walking, biking, hiking or running can we help ourselves lose fat.

Jeff Carr, a licensed and practicing Physical Therapist in Queen Creek, Arizona, said, "...a good weight-loss plan should involve running at least three times a week. If you want to weight lift, do that on the days in between your running. Make sure you're spending at least twenty to thirty minutes exercising." In a couple weeks if you're following the above-mentioned advice, you'll already begin to notice some improvement.

Losing weight and getting in shape is not an insurmountable task. With the right goals and determination, anyone can do it. It is so important to be self-disciplined and not allow yourself to go splurge or stop exercising. That's when the weight comes back. Once you have some good realistic goals, write them down and track your progress. When you immerse yourself in helping your body become more fit, it's a whole lot easier to get yourself down to the gym or go running. There will be some days you don't feel like exercising but those are the most important times to go! Hopefully, this advice will help you begin gunning for a more healthy and active lifestyle where you will have a lot more energy to do things and have a more positive self-image as well.

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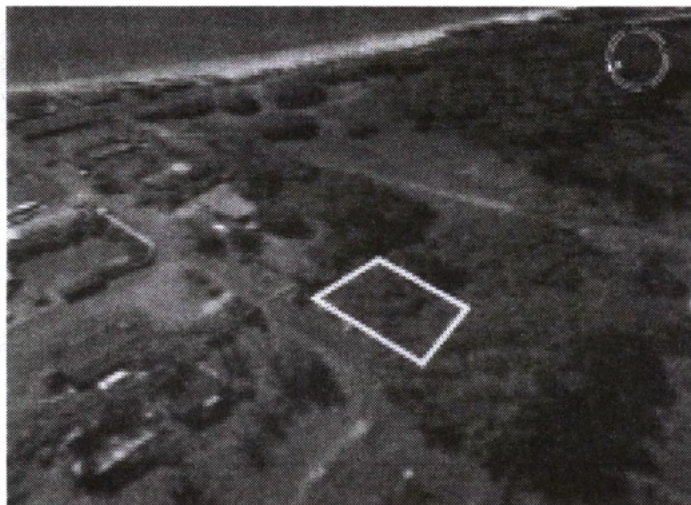
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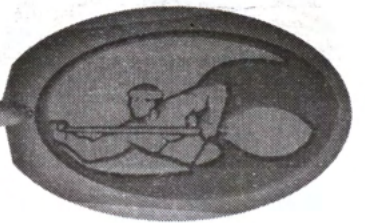
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Campus Comment

HOW DO YOU TELL A FRESHMAN APART FROM OTHER STUDENTS?

Campus Comments by Terrence Kau & Photos by Ting Shen



TADD SORENSEN

"Usually they smell like candy."



ALIMAA KHOSBAYAR

"They look so naive cute and innocent."



SETH JONES

"If I've never seen them before or they look really young."



KATIE SEARLE

"They look lost, they ask lots of questions, and look up at the trees 'cause their pretty."



LEANA RAM

"The way they talk and the way they look."



MARK BACERA

"If they don't have the temple look and they have a new face ... That's how I know."

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Sophomore International Business Management Oregon

Sophomore International Cultural Studies Oregon

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	8	1					7	6
2								1
		8	2	3	9	1		
		7	8	6	5	4		
5								3
	4	3				9	1	
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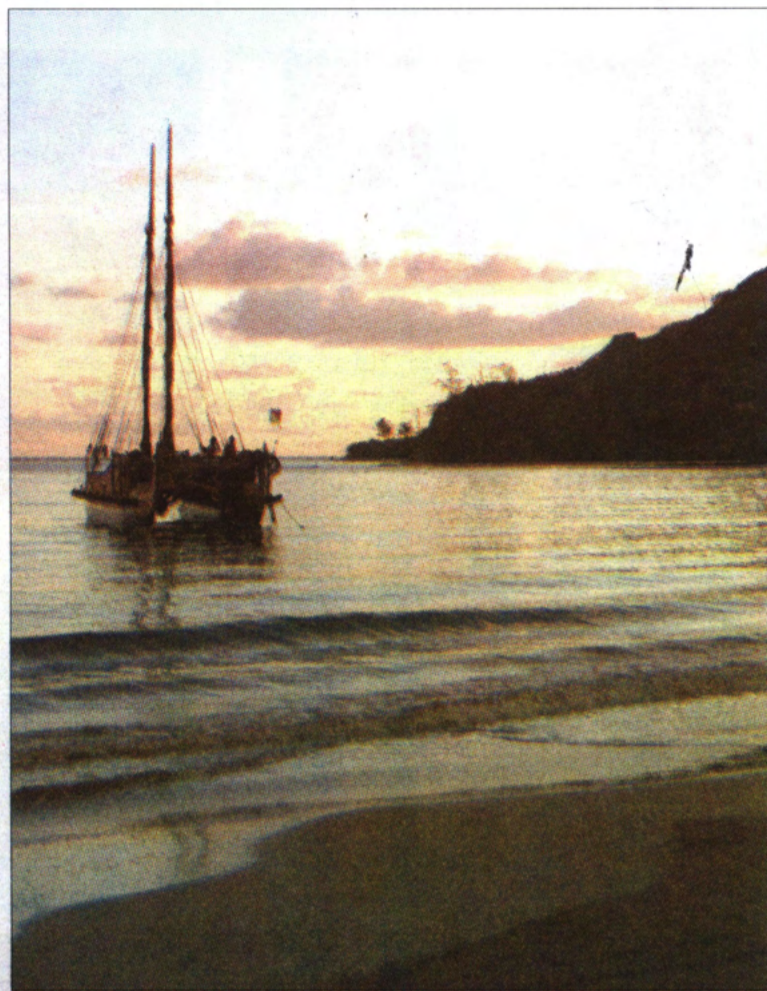


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Hokule'a makes land at Kahana Bay



PHOTOS BY AARON KNUDSEN

Top Left: Community members, BYUH students and performers gather to prepare for the landing of the Hokule'a last Saturday, Sept. 20. Far Left and Immediate Left: Hula dancers and Haka dancers perform in honor of the Hokule'a. Above: The Hokule'a pulls close to shore at sunset in Kahana Bay.

CHEF'S TREAT

Mary Jantalert
Staff Writer

One of the advantages of going to school in Hawaii is being surrounded by diversity and different cultures from all around the world.

Food is part of many cultures that I encounter everyday as I go to school here.

Having a chance to live and become friends with the Japanese people makes me love their culture and also their food. So today, I want to share a sushi recipe that I learned from my Japanese friend, Tsubasa Makise, senior in TESOL from Japan.

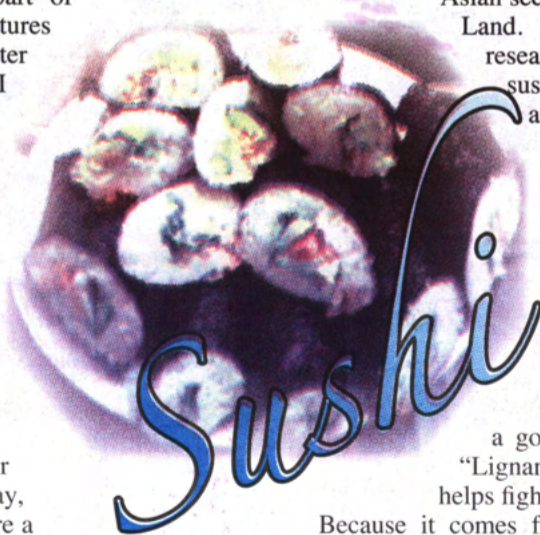
And, you can be sure that as you follow this recipe, you will get to eat real Japanese food because she watched me through every single step.

To make a good sushi, you need to have "Sumaki" or the Japanese wooden wrapper to help you roll the sushi.

You can buy "Sumaki" from many different stores. I got mine from the 99 Cent store, and I think it is worth paying a dollar for this tool. You can find all the rest of the ingredients at the Asian section in Food-Land. I did some research about sushi nutrition and found out that "Nori" or seaweed in sushi is a rich source of vitamins including calcium, zinc and iodine.

It is also a good source of "Lignans" which helps fight cancer. Because it comes from the sea, seaweed contains sodium, and so those on a sodium-restricted diet should be careful with the amounts they eat. (http://www.annecollins.com/diet_foods/nori-seaweed.htm)

Also, avocados contain 81 micrograms of the carotenoid lutein, which some studies suggest may help maintain healthy eyes. Sushi does not only taste good for seafood lovers, but it is also healthy for many different diets.



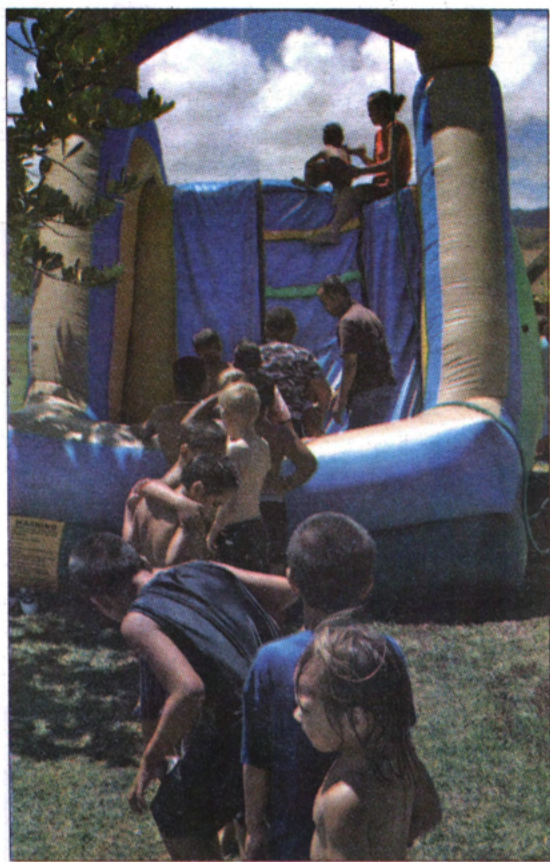
Sushi

Ingredients:

- 6 sheets of nori seaweed
- 4 eggs
- 3 cups of cooked white rice or Japanese rice
- 1/2 cup of shredded carrots
- 1/2 cup of chopped lettuce
- 1/2 avocado sliced
- 3/4 cup of mayonnaise
- 1 table spoon of sugar
- 1 table spoon of vinegar
- 1 piece of salmon
- 1/2 cup of cooked shrimp
- 1 table spoon of oil
- a few pinches of salt
- couple pinches of sugar

Methods:

1. Beat eggs, add pinches of salt and sugar and fry it in a hot pan.
2. Shred fried eggs and set it aside with other vegetables.
3. Boil salmon, chop it and mix it with 1 teaspoon of mayonnaise.
4. Boil shrimp and set them aside.
5. Mix vinegar and sugar in the cooked rice.
6. Put the shiny side of seaweed face with the "Sumaki." Spread rice on the top of the other side of seaweed, layer with salmon, shrimp, avocado, lettuce and a teaspoon of mayonnaise on the top.
7. Roll sushi and cut it in half or into 4-5 pieces and serve with soy sauce.



PHOTOS BY RYAN BAGLEY

Left: Children line up to slip down a water slide set up at the TVA Family Day activity on Saturday, Sept. 20.

Above: Among the activities for families was face painting. Balloons also were shaped into colorful hats. The event is sponsored every year by the BYU-Hawaii Housing Department.

FAMILY

Continued From 1

Day that was a big attraction was the family and student resource booth. Many different businesses, organizations and volunteers came to spread word about a variety of different family-oriented services in Hawaii.

The Salvation Army, Koolauloa Health and Wellness Center and Rainbow School preschool program were present, among many other entities. A representative from Parent Line who wished to remain anonymous was happy to be there.

"We were here last year and really enjoyed it. We got the word out to a lot of people," she said.

Parent Line, available at 808-526-1222, is a confidential phone number for parents or caretakers of children that offers advice or parenting information about many different subjects, like prenatal care, child development, behavior modification and appropriate child care.

"All of our operators are very good," the representative said.

The resident advisors at TVA, who

divided the responsibilities, organized Family Day. Vaega Toilolo, a TVA resident assistant from Waipahu, emceed the festivities. He said Leilani Auna supervised them and that she was a big help. He also wanted to acknowledge Lorraine Matagi and John Elkington for their support.

He added, "We just want to give back to the students and let them have a good time."

Lauren Bullock, a BYUH student and TVA resident assistant from Arizona, said the event took "three or four months to prepare." She helped with the food service, dishing up helpings of rice, chicken, potato salad, cake and ice cream.

The residents of TVA said they liked the event. The Singh family, hailing from Fiji, Taiwan and Hawaii, said that they thought it was a good activity for a Saturday.

Children around the games booth had fun getting their faces painted and balloon hats made, and the kids sliding down the water slide screamed and laughed all the way down.

TVA Family Day is a yearly event sponsored by the Housing Department.

Laie hosts its own Sunset on the Beach

Marni Vail
Staff Writer

With the smell of frying bread in the air, the sweet feeling of unity permeated Kekela beach park, Sunset at the Beach, a community-sponsored event which brought in over 1,000 people.

Families, college students, and community members poured into the beach park on Saturday, Sept. 13 to talk story and to snuggle up to one another in front of the big screen. The event was held on both Sept. 12 and 13.

The beach park was transformed into a cookout with company booths selling baked goods, shaved ice and many other tongue-pleasers.

Holly Cart, senior in hotel and tourism management from California, described the atmosphere, "The full moon makes everything glow with aloha!"

Hauula, Punaluu, Laie and Kaaawa all joined forces to showcase the lovely Windward Coast and to promote economic development, or in other words to party and make some revenue for local causes.

History professor at BYUH and surf instructor Isaiah Walker said, "It's fun running a booth for Halau Nalu. I think this event is great."

His surf club was tantalizing the crowds taste buds by selling hot dogs, popcorn, and other tasty treats. Walker teaches a group of 30 kids ages 5-10 how to not get thrashed by the waves and said he hoped the proceeds from the night could help fund the kids field trip to the Big Island at the end of the year.

Theodore Davis, junior in hotel and tourism management from Utah, said he enjoyed seeing all of the people he loved.

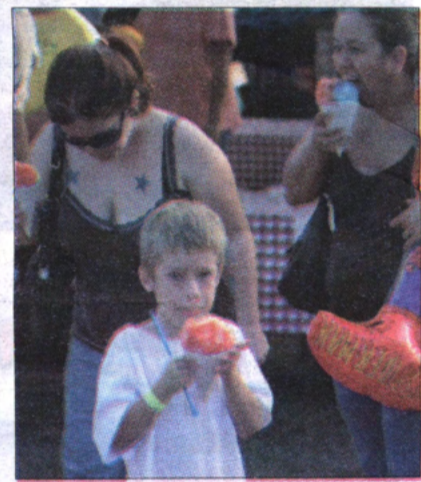
"I just saw some of my Kahuku swimmers. I saw faculty. I ran into Doctor. Huff. He's been on the High Council in my ward for two years," said Davis. "On Sunday, he's Brother Huff."

Mike Nakada, head police chief, said that it was "a pretty good crowd;" looking out onto the masses he estimated about 1,000 people watching the movie by the time Saturday night's "National Treasure"



PHOTOS BY AARON KNUDSEN

Above left: Live music was part of the scene during the Sunset at the Beach event held Sept. 12 and 13 at the beach park between Laie and Hauula. Above right and below left: Food booths sold a variety of eats. Below right: People gather to enjoy food and activities.



rolled on at around 8 p.m.

Sunset at the Beach was a result of countless hours of selfless service and community efforts, said organizers. Patty Teryua, one of the main organizers, said, "The people in this area have the biggest spirit of aloha. Many communities could learn from this community."

Perhaps people have heard of the famous Sunsets at the Beach that happen in Waikiki every weekend. Junior Ahyou, a community member who was deemed chair of the Laie activity, saw this in Waikiki and thought, "Why can't we have something like that in our community?"

Ahyou proposed the idea to Mayor Mufi Hannemann and was told to start preparing, and that a Sunset on the Beach would be possible in one year's time. Ahyou did not take no for an answer and riled up the whole community to make this event happen in less than a month. Ahyou said, "The Lord blessed us with an awesome spirit of unity." Kayleen Lolofie was the co-chair of the operation, and Ahyou said that he could not have done it without Lolofie and her husband.

The event was sponsored by the Polynesian Cultural Center, BYUH, Turtle Bay

resort, Laie Shopping Center and many other donors from this side of the island.

The community worked to keep the event low budget, and with the help of many volunteers they were able to pull it together. Thanks to Project Grad, the students at Kahuku High School were busy pointing flashlights and using their voices to direct traffic. The students were so efficient that someone said they wanted to hire them for an event in another town.

Melanie Roy, junior in interdisciplinary studies, agreed the event had the true aloha spirit and it was a success.